Year 7 Annual Plan 2025-2026 –Belonging & Identity

Term	Lesson Outlines	Theme	Links
Autumn Term 1 (8 week) 2/9-24/10.	L1 – Introduction & Transition L2 – Transition & Resilience L3 – Making friends and what makes a good friend L4 – Girls on Board L5 – Who am I and my Values L6 - Understanding the School Values L7 – Building confidence and self Esteem ***L8 – Knowledge Check and catch up***	Health & Well Being	PD
Autumn Term 2 (7 week) 4/11-19/12 **.**	L1 – Introduction to British Values and Democracy L2 - Parliament and Law – (linking to Rule of Law) L3 – The Monarchy L4- Equality of opportunity L6-Women's Rights ***L7-Knowledge Check and catch up***	Living in the Wider World	PD Assembly
Spring Term 1 (6 weeks) 6/1-13/2.	L1 Challenge prejudice and Discrimination L2 Introduction to Protected Characteristics and Hate Crimes L3 Smoking & Vaping L4 Alcohol L5 Illegal Drugs - Cannabis **L6 Knowledge Check and Catch up**	Health & Well Being Living in the World	PD Assembly
Spring Term 2 (6 week) 23/02-27/3	L1 – Online Safety – Cyberbullying – become a Digizen L2 – Online Safety - (Financial Extortion) L3 –Empathy Week L4 – Safety – Road Safety	Health and Well Being	PD Assembly

	L5 – Safety – Railway Safety ***L6 – Knowledge Check and catch up***		
Summer term 1 (7 weeks) 13/4-22/5	L1 – Consent – how to seek and assertively communicate L2 - Recognising healthy and unhealthy relationships L3 – Looking after your body L4 – your changing body L5 – Menstrual Cycle and Periods L6 - FGM **L7 – Knowledge Check and catch up**	RSE Health & Well Being	
Summer Term 2 (6 week Term) 1/6 – 17/7.	L1 – Pocket Money and Budgeting L2 – Borrowing and Lending L3 - Safety - First Aid L4 – Summer Safety **L5 – Knowledge Check** L6 - Free	Living in the Wider World	