PE Homework

Homework in PE is primarily used to develop / test theory knowledge. At KS3 this involves Form quizzes which are used to check a learner's knowledge of positions, rules, techniques and key strategies. These are issued on a half termly basis and contribute towards a learner's knowledge check judgement. Students are also encouraged to participate in physical activity, either through a school club or external team.

At GCSE homework is usually focused on retrieving existing knowledge or preparing for assessments / end-of-unit tests. These homeworks may take the form of past paper questions, targeted paper-based revision exercises or online Form quizzes. Homeworks may also be used as post-assessment reflection, including the completion of MRIs.