Friday 11th March 2022



Penwortham Girls'

Important Dates:



4th – 18th April Easter Closure

Tues 19th April Students Return

2nd May May Day Closure

30th May – 3rd June Half Term Closure

28th June Year 11 Valedictory Dinner

13th and 14th July The Sound of Music Production

International Women's Day

The theme of this year's International Women's day was 'Break the Bias' and calls for people to imagine a gender-equal world that is free of bias, stereotypes and discrimination that is diverse, equitable and inclusive. It is hoped this will produce a world where difference is valued and celebrated.

As a school, we wanted to celebrate women with connections to the school community. We invited former students and staff to take part in an assembly to reflect on the challenges faced by women today. It was our pleasure to interview the BBC presenter, Nazia Mogra, Dame Sue Ion and Professor Suzanne Ost, who all attended Penwortham Girls in their formative years.

They shared their insights into what had driven them to achieve success and highlighted the importance of our school's core values; resilience and ambition. Integrity, being ethical, and the value of a positive mindset was also highlighted.







Nazia Mogra



Dame Sue Ion









Staff images















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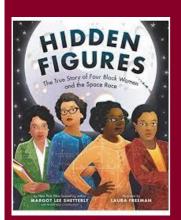


Penwortham Girls' High School



International Women's Day 2022 – Recommended Books

This week, the school celebrated International Women's Day. The English department wanted to put together some recommended reads that are either by or feature, interesting and inspirational women. There is a mix of fiction and non-fiction books that celebrate the power of girls. Some of the books are linked to what the students have been studying in their English lessons but they would be suited for other years too. Take a look!



Hidden Figures - Margot Lee Shetterly

In Year 8, we have been studying 'Out of This World' texts and this non-fiction book is a perfect way to learn more about the women who made it possible for man to walk on the moon.

This true story looks at the bright, talented African-American women who worked for NASA as 'Human Computers', using pencil and paper to write the equations that would launch rockets and astronauts into space.

One of these mathematicians, Katherine Johnson, is also the focus of 'Counting on Katherine' which is suited to younger readers. Some students may even have chosen to focus on her for the STEM bunting in their form rooms!



Jane Eyre – Charlotte Brontë

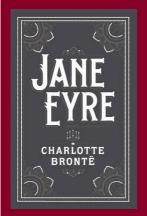
and a retelling by Tanya Landman

In Year 9s 'Iridescent Adolescent' unit of work, they read an extract from the classic novel, Jane Eyre.

This dark and brooding tale follows young Jane along her journey to independence.

There is also a brilliant retelling of this story by Tanya Landman, which takes the tale and makes it more accessible for younger readers. If your interest was piqued by the extracts that we looked at in class, try the rest of the story! The boarding school is only the beginning...

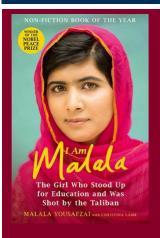




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Penwortham Girls' High School



I am Malala – Malala Yousafzai

Students may recognise Malala Yousafzai from the 20s corridor in school, where she is featured as someone who embodies our school values!

Year 7 have also been reading extracts from Malala's book in their English lessons this term. This truly inspirational young woman fought for girls' rights to have an education and is a wonderful reminder of how brave and strong girls can be.

Here are some more recommended reads for ages 13+, collected by the National Literacy Trust:

Things a Bright Girl Can Do, Sally Nicholls (Andersen Press)

Through rallies and marches, in polite drawing rooms and freezing prison cells and the poverty-stricken slums of the East End, three courageous young women join the fight for the vote.

Noughts & Crosses, Malorie Blackman (Penguin)

Noughts and Crosses are fated to be bitter enemies - love is out of the question. Then, in spite of a world that is fiercely against them, these star-crossed lovers choose each other. But this is love story that will lead both of them into terrible danger . . . and which will have shocking repercussions for generations to come.

Becoming, Michelle Obama (Penguin)

An intimate, powerful and inspiring memoir by the former First Lady of the United States.

Break the Fall, Jennifer Lacopelli (Penguin)

A fiercely told survivorship novel about one girl's determination to push her body to win gold at the Olympics, and the power of uniting as women to speak out.

The publishers, Penguin Random House, have also put together a list of 45 books about 'Women Who Changed the World' which can be found online. It's amazing to hear about the diverse range of women who have impacted the world!

Happy International Women's Day!

Miss Starkie, English Department

Friday 11th March 2022



Penwortham Girls' High School

PENWORTHAM'S POTENTIAL PERFORMERS IN THE MAKING



Just a few words to give you some insight into what is happening in the Drama department. Apart from the hardworking cast and production team rehearsing the summer show, 'The Sound of Music', the Year 11 Drama group have been rehearsing their scripted performance pieces for the external moderator's visit at the end of March.

The GCSE Drama students have been rehearsing tirelessly on their monologues and duologues for their practical exam. They have already completed their devised pieces which were extremely impressive. Now they must perform roles from scripted plays.

Khamilla and Laura are performing the roles of Adele and Nicki from 'Shakers', set in a cocktail bar in the 1980s. They have chosen to perform two powerful monologues from this acclaimed comedy drama. Alice and Emily are performing monologues from 'Five Kinds of Silence' by Shelagh Stephenson. The monologues are harrowing explorations of a mother and father caught in a cycle of physical and emotional abuse. Beth is performing a moving monologue from 'Notes to Future Self' by Lucy Caldwell; she plays the role of a terminally-ill girl who has to come to terms with saying a final goodbye to her family.

Finally, Scarlett and Ruby are performing a duologue from 'The Wasp' by Morgan Lloyd Malcolm. This psychological and chilling drama is full of twists and turns as the two characters use revenge to tidy up some unfinished business from their schooldays.

The girls have worked incredibly hard on their pieces. Although their names may appear in lights in the future, for now, we wish them all the very best for this last unit of their practical, and for the written exam in June. They are a really inspiring group who thoroughly deserve to do well. Good luck, girls!

Mrs Snowdon Curriculum Leader for English

Friday 11th March 2022



Penwortham Girls' High School

Bedrock Competition

As part of our English curriculum at KS3, all students have a Bedrock account and are expected to engage in Bedrock weekly as part of their homework. Students are targeted to achieve 20 points each week. Points are achieved when students are making progress and this has a positive impact across the curriculum as Bedrock covers all curriculum subjects. In addition to developing vocabulary, Bedrock has also launched a grammar programme which is designed to support students in their understanding and application of the rules of English grammar. Students can use either the vocabulary programme or the grammar programme to collect their points – we recommend a combination of the two.

Each month, the English class in year 7, year 8 and year 9, who achieve the most points will be rewarded with an early lunch – beating the queues and getting the best seats in the dining room!

If you'd like to read a little more about how Bedrock works, then simply follow the link: https://bedrocklearning.org/what-is-bedrock-learning/how-does-it-work/ And, if you'd like to be able to monitor your child's Bedrock activity and progress, I have also attached a 'Parents Guide to Bedrock'. Your child will need to ask their English teacher for their 'access code'.



Mrs Snowdon Curriculum Leader for English

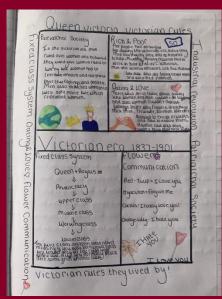
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Penwortham Girls'

Victorian Women

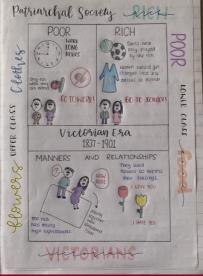
Year 9 have been looking at the role of Victorian women and their place in society. From their research, they have been creating 'one-pagers' to document their findings. These findings will help them understand some of the texts that we study in our Iridescent Adolescent unit (such as *Jane Eyre* by Charlotte Bronte, *Tess of the d'Urbervilles* by Thomas Hardy and *Cousin Kate* by Christina Rossetti). This knowledge will also prove invaluable when they progress into KS4 and begin the study of 19th Century texts. Below are some fantastic examples of work from Mrs McKeown's class.













Mrs Snowdon Curriculum Leader for English

Friday 11th March 2022



Penwortham Girls' High School



Netball

Congratulations to the Year 8 and Year 10 netball teams who won their games against Balshaw's High School on Tuesday 8th March. It was a pleasure coaching the girls. They were outstanding players!

Year 8 result: 20-4 Year 10 result: 27-8

Best Players' Player: Charlotte P and Olivia W.

Best Coach's Player: Ruby R, Chloe W- Lola U, Molly H.

Miss Shahi

Performance, Sport & Health Faculty

Ukraine Appeal

Thank you to everyone in the PGHS community who donated items for the Ukraine appeal. A van load was taken to the Recycling Lives Centre in Leyland on Thursday, where Tippy Toes Baby Bank have organised to take five lorries over to the Polish borders to help those most in need.

Mrs Gornall, CAT Faculty



Friday 11th March 2022



Penwortham Girls' High School

Brilliant Behaviour

As our students gather positive points on Class Charts, they work their way through our rewards system, achieving their Bronze, Silver, Gold, Ward and Ramsdale All-Rounder awards. You can see from the table below that a lot of great progress has been made. Each certificate represents an impressive milestone, as students gather positive points in greater and greater numbers!

I'm not surprised to see that only a small number of students have got their Ward Award and that no one has achieved the Ramsdale All-Rounder yet as the bar is set high for both! For the Ramsdale All-Rounder, students must achieve every single type of positive point to get it. That said, every year, lots of students do get there by the Summer Term and there is usually a delicious reward lunch for those that manage this feat.

Keep going and well done to everyone who has achieved success so far!

Year 7		
	Bronze Certificate	146
	Gold Certificate	30
	Silver Certificate	120
	Ward Award	1
Year 8		
	Bronze Certificate	121
	Gold Certificate	12
	Silver Certificate	67
	Ward Award	0
Year 9	 	
	Bronze Certificate	135
	Gold Certificate	47
	Silver Certificate	145
	Ward Award	6
Year 10		
	Bronze Certificate	71
	Silver Certificate	5



Mr Ramsdale Senior Assistant Headteacher

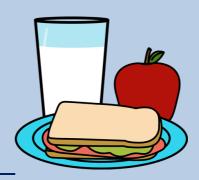
Friday 11th March 2022



Penwortham Girls' High School

<u>Lunch Menu</u> Week Commencing 14th March (Week 3)





High School Spring/Summer 2021 Menu

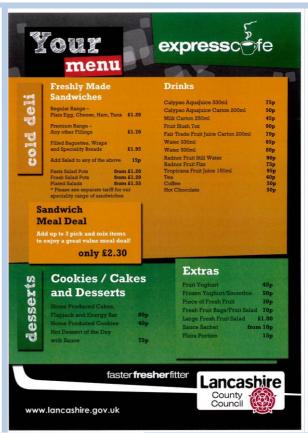
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Choice Meal Deal	Pork or Veggie Sausages with Onion Gravy Creamy Mashed Potatoes Broccoli Florets & Carrot Batons	Steak Pie with Baby Baked Potatoes & Mixed Vegetable Medley	Roast of the Day with Traditional Trimmings Roast & Mashed Potatoes & Seasonal Vegetables	British Beef Burger with Crispy Paprika Potatoes & BBQ Beans	Crispy Battered Fillet of Fish with Chips & Mushy Peas
Global Choice Meal Deal	Southern Fried Chicken & Garlic Mayo Wrap with Cajun Potato Wedges & Tomato Salsa	Vegetable & Sweet Potato Biryani with Coriander Naan	Beef Lasagne with Garlic Bread & Green Leaf Salad	Thai Chicken Curry with Lemon & Coriander Rice	Homemade Margherita Pizza with Chips & Mixed Salad
Vegetarian Choice Meal Deal	Macaroni & Cheese Bake with Garlic Dough Balls & Broccoli Florets	Cheese & Red Onion Quiche with Baby Baked Potatoes Mixed Salad & Coleslaw	Sweet Chilli Vegetables with Soft Egg Noodles & Veggie Spring Rolls	Veggie Meatballs with Creamy Peppered Sauce Crispy Paprika Potatoes Fine Green Beans & Carrot Batons	Penne Arrabbiata with Garlic Dough Balls & Green Leaf Salad
Meal Deal Sandwich or Baked Potato	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad
	Lemon & Courgette Cake	Fruit Jelly & Ice Cream	Toffee Apple Sponge & Custard	Summer Fruit Fool & Biscuit Crunch	Paris Slice
Desserts of the Day	Flapjack	Raspberry Bun	Cherry Shortbread	Chocolate Cookie	Chocolate Muffin
-	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt

Friday 11th March 2022



Penwortham Girls'







Friday 11th March 2022



Penwortham Girls'



Independent Careers Adviser Shamim Khan

Available for 1:1 Careers Appointments & Drop In sessions in The Careers Room

Drop In sessions Times:

Morning : 8.30am to 9.10am Lunchtime : 12.30pm to 1.20pm

Careers Adviser Dates:

March 2022

Wednesday 2nd March 2022 Thursday 3rd March 2022 Wednesday 9th March 2022 Wednesday 16th March 2022 Wednesday 30th March 2022

If you would like a 1:1 appointment, please email:

careers@penworthamgirls.lancs.sch.uk

Registered Professional Careers Practitioner/Member





Friday 11th March 2022



Penwortham Girls' High School

Head's Breakfast

Ruby W and Eva M (Year 8)

An outstanding piece of narrative description on the topic of 'Space', Well done! It was a pleasure to read. (English)

Hana S (Year 7)

Top of the pop for 7E in Bedrock - a massive 51% progress last month! (English)

Maarya B (Year 10)

Soroptimisses: Took part in filming for International Women's Day (RE)

Safurah H (Year 11)

Soroptimisses: Took part in filming for International Women's Day. (RE)

Josephine R (Year 10)

Very pleasing commitment shown to GCSE Art and Design recently.

Kelsie M (Year 8)

Kelsie should be commended for her compassion and team leadership skills. She helped others in her team to think of ideas and encourage them to present their ideas to the class. Well done! (Food Preparation and Nutrition)

Holly P (Year 8)

Holly was the first to volunteer to present her design idea to the rest of the class. She did an amazing job. Well done! (Food Preparation and Nutrition)

Claudia B (Year 8)

Claudia did an amazing job of presenting her design idea to the rest of the class. Well done! (Food Preparation and Nutrition)

Macy H (Year 8)

Macy has blown me away with her attitude to the STEM project that we have been doing in Food. She has spent lots of time at home thinking and producing work ready for the next lesson. Absolutely amazing! Well done! (Food Preparation and Nutrition).

Head's Commendations

Dhriti S (Year 8)

Excellent work in the STEM Big Fix Design Challenge. (Art & Design)

Hallie T (Year 8)

Excellent work in the STEM Big Fix Design Challenge. (Art & Design)

Felicity A, Yusairah B, Marwa A G, Annabella M, Jaz C, Ellie R, Carla D, Zahra N, Aisha W, Donalia M, Mya J (Year 11) Excellent effort in the German module exam. (MFL)



Friday 11th March 2022



Penwortham Girls' High School

YEAR 7 SPORTS, CLUBS AND SOCIETIES							
	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA		
LUNCH	Geography society Rm 39 GBO Cooking society Rm 23 SSC Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO	Choir Rm 11 VLI Athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE club Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN Circle time * Rm 6 DEM	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Mfl spelling bee Rm 26 CGE	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN		
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST DANCE CLUB Dance studio SNA HANDBALL Courts MSH BADMINTON	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC			

^{*} INVITE ONLY

Friday 11th March 2022



Penwortham Girls' High School

YEAR & SPORTS, CLUBS AND SOCIETIES							
	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA		
LUNCH	Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO	Athletics Gym KFI Cross country Courts MSH Circle time * Rm 1 NBY Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN		
AFTER	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST DANCE CLUB Dance studio SNA	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC			
SCHOOL		HANDBALL Courts MSH BADMINTON Gym KFI					

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Friday 11th March 2022



Penwortham Girls' High School

	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Circle time * Rm 6 LDA Product design Rm 36 LGO	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB RM 1 CWO MATHS HEGARTY Club RM 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI DANCE Dance Studio SNA BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH Cooking society Rm 23 SSC TEAM CHEER Hall RSN FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

^{*} INVITE ONLY

Friday 11th March 2022



Penwortham Girls' High School

		YEAR 10 SPORTS,	CLUBS AND SOCIETIES		
	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
Lunch	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO Study room* Rm 11 SIB & LRI	Athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS Poet laureate Rm 5 GST	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI DANCE Dance Studio SNA Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Librar CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	HAII AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR Product design Rm 36 LGO	GYMNASTICS Gym MSH Ks4 Art society Rm 52 LGE TEAM CHEER Hall RSN FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY society Rm 53 GMO

^{*} INVITE ONLY

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Penwortham Girls' High School

YEAR 11 SPORTS, CLUBS AND SOCIETIES							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA		
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO Study room* Rm 11 SIB & LRI	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK GCSE Dance Dance Studio SNA	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN		
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES	GYMNASTICS Gym MSH Ks4 Art society Rm 52 GMO FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY Societ Rm 53 GMO		