

Newsletter

Friday 25th February
2022



Penwortham Girls'
High School

Important Dates:



4th – 18th April
Easter Closure

Tues 19th April
Students Return

2nd May
May Day Closure

30th May – 3rd June
Half Term Closure

28th June
Year 11 Valedictory
Dinner

13th and 14th July
The Sound of Music
Production

Empathy Week - Peer and Online Abuse and Period Equality



This week is *Empathy Week 2022* and we are promoting the importance of empathy during assemblies scheduled for every year group. Empathy is strongly linked to our school core values which include social responsibility, compassion, dignity, and resilience.

Empathy Week is a global schools programme that uses the power of film to develop the skills of empathy and leadership in students across 40+ countries and 6 continents. So far, over 100,000 students have been engaged in the previous two years, even during the pandemic. This year, the theme for Empathy Week is 'Passion and Purpose' and beyond the assemblies, there is an opportunity for your daughter to become involved in an 'Empathy Action Project' and work alongside the Respect Council.

As a school, we are aware that peer and online abuse is an increasing issue and we want to form a focus group of students that we can work with to ensure that all students are kept informed, know how to stay safe and know where they can access help and support if they need it.

Additionally, we have been provided with a supply of free period products from the Department of Education, to enable all learners to participate fully in education by making period products available as and when they are needed. Research shows that 1 in 14 girls say they have missed school as they could not afford or access period products. We have found that some girls are hesitant to access these free period products and we want to ascertain their views so they can access period products freely when needed.



We are aiming to make a real positive difference across the school by engaging as many students as possible to have an active voice.

Mrs Hall Deputy Headteacher



Friday 25th February
2022



Penwortham Girls'
High School

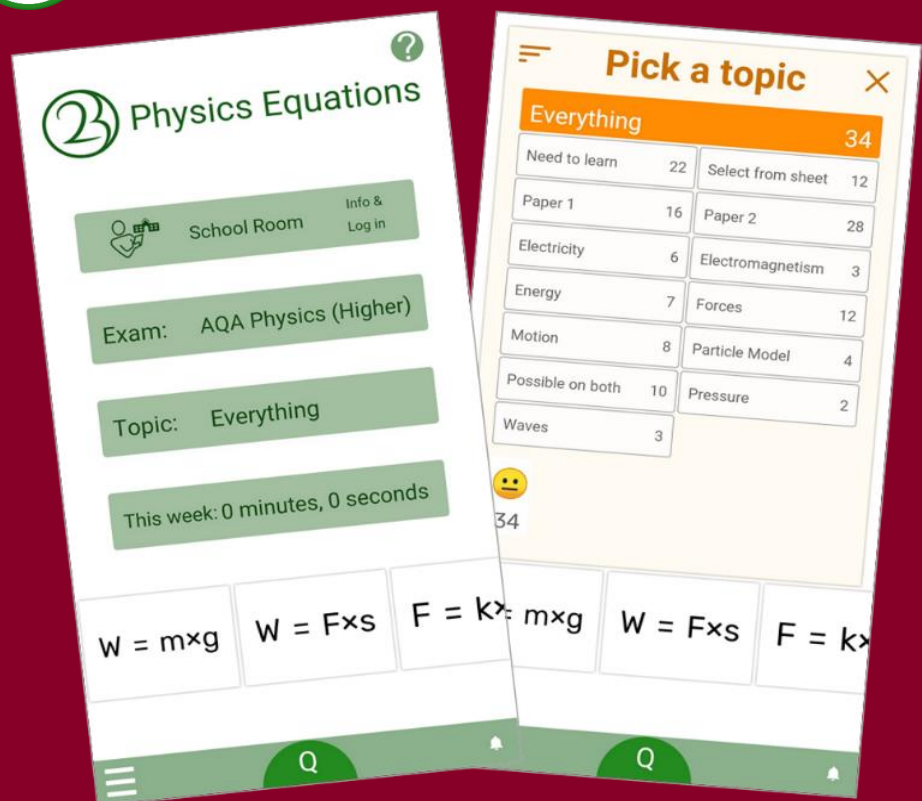
Science Department News

2 Equations

Calling all Year 9 and Year 10 scientists!

Throughout the GCSE Science course, you will learn lots of equations in your Physics lessons. You need to ensure that you know all of these equations.

Download this app on your phones to learn your GCSE Physics equations... wherever you are!



The app works a like a pack of index cards. Hit the Q button to get rapid quiz questions. The difficulty adjusts itself automatically or set this yourself using the + and - buttons. Turn on game to test yourself against the clock.

Select the equations you want to focus on. Pick a particular topic or create your own list using emoji labels. Sort the cards according to your scores or set your own star rating.

You can also select the 'use' mode where you will be given a constant stream of calculations. You can also pick the topic and the difficulty level. Use the built-in physics calculator and units keyboard to enter your answer and get instant marking feedback.

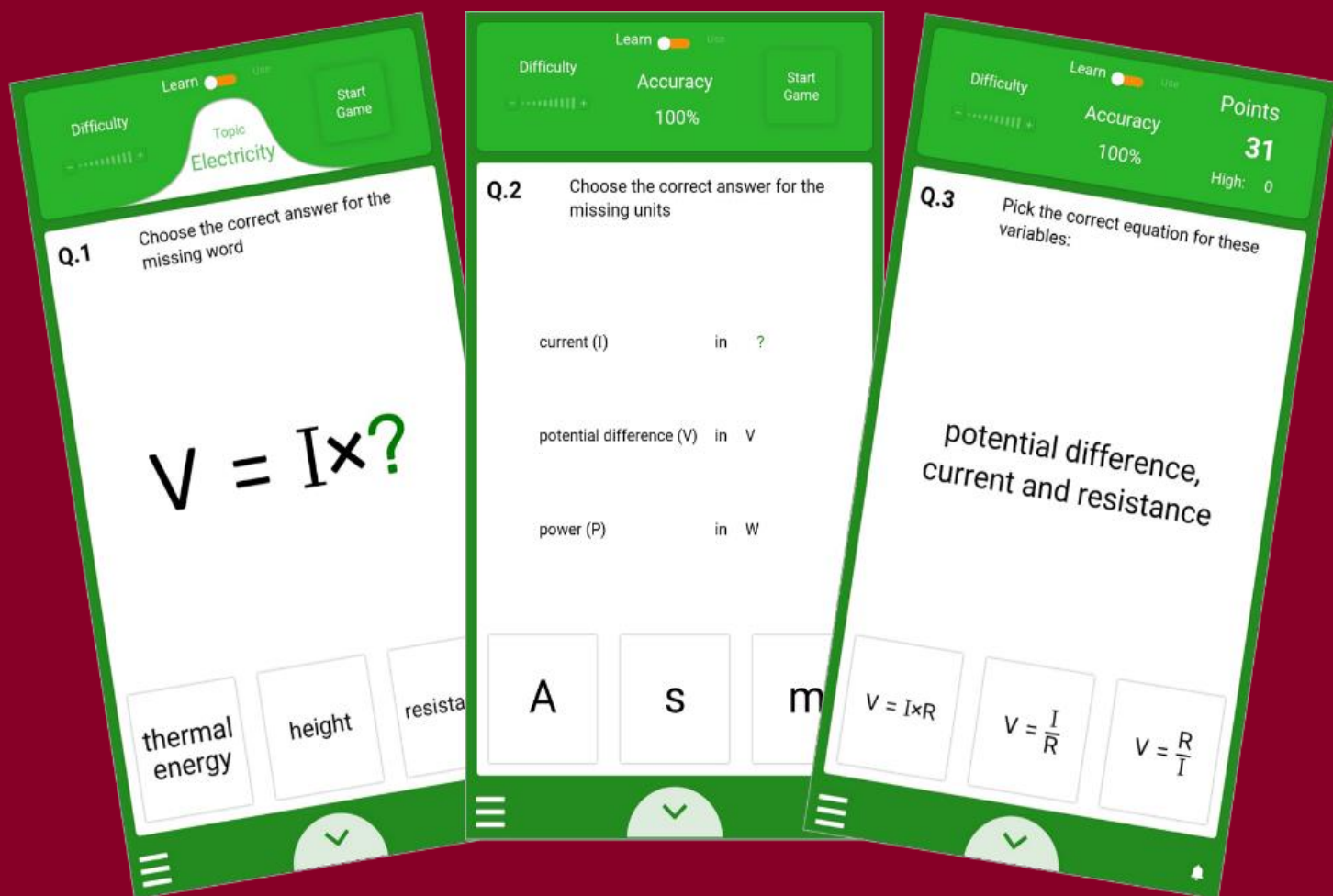
Newsletter

Friday 25th February
2022



Penwortham Girls'
High School

Here are some examples of questions from the app. Download the app and get learning!



Miss Forrest
Teacher of Science

Friday 25th February
2022



Penwortham Girls'
High School

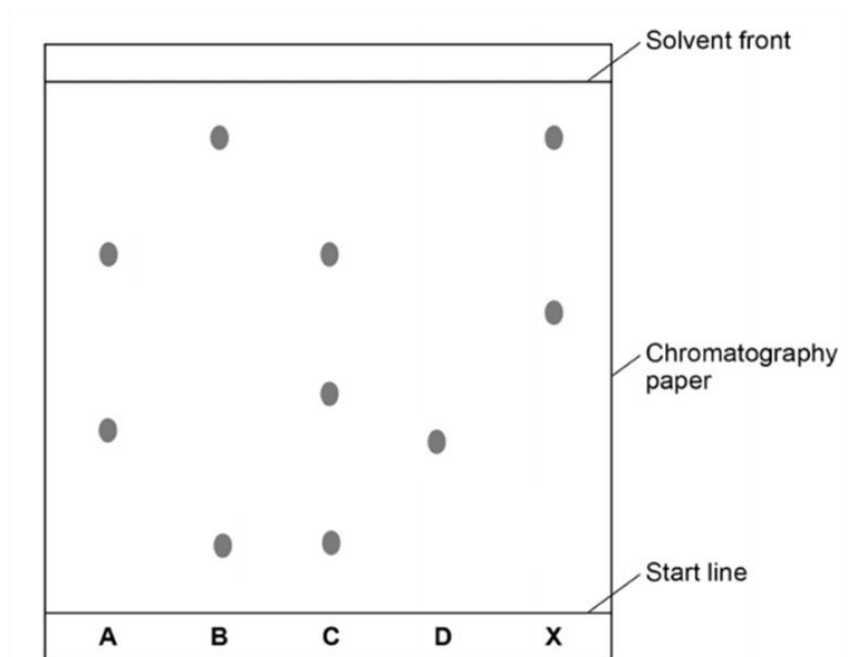
The Beverage Bandit

In early February, all of Year 11 had a short Zoom session about Chromatography, including the possible careers that this could lead to. Chromatography is a scientific technique used to separate and identify a mixture of compounds and is used in a wide range of industries including food testing, medicine, pharmaceutical sciences and the oil and gas sector.

We also know from advanced information from AQA, that for the 2022 GCSEs, chromatography is going to be assessed for combined science, which is another reason that pupils should understand the theory and the method for chromatography, as well as being able to analyse chromatograms.

After a review of the technique, the girls were able to use their analytical skills to identify a Pepsi thief from a line-up. The residue from each of their mugs had been tested and by comparing these chromatograms with a known Pepsi sample, the 'Beverage Bandit' could be identified.

Chromatography Results



Key

A = Mr Knee

B = Mr Dean

C = Miss Forrest

D = Mrs Avery

X = Pepsi sample

Mr Coogan
Teacher of Science

Friday 25th February
2022



Penwortham Girls'
High School

Runshaw College Trip

On Tuesday 8th February, a number of Year 10 students were invited to Runshaw College to take part in a Forensic Psychology Workshop. It was a very interesting session as we were taught about the American and British methods of offender profiling. As a group, we created a psychological formulation of a real criminal. At the end of the morning, we got to have a short session on psychopathy, which gave us an insight into A-level psychology. It was a very informative and fun trip. It was a great opportunity for us to experience college life and think about all the different career paths using STEM subjects.

Tilly P (Year 10)

Cell Biology

Year 9 have started GCSE Biology with the unit, 'Cell Biology'. This unit underpins the rest of the Biology course and looks at how living organisms are made up of cells, how they differentiate and how substances are exchanged and transported in and out of them.

Part of this unit is the topic of Stem cells. This is a vast area of research and since the AQA Biology specification was put together, there have been advances in this research. Students have studied what a stem cell is, where they are found and the diseases they can treat. They have considered the advantages and disadvantages of stem cells from bone marrow and embryos.

This was also the perfect opportunity to raise awareness of careers as a clinical scientist and look at some of the current research. Students spent one lesson on an article on stem cell research and also discussed some pathways into stem cell careers and how stem cell research can benefit society.

To consolidate their knowledge, students completed a composite task getting them to look at the benefits of stem cells. Prior to this, they spent some time looking at what the word evaluate means and completed some tasks using examples from past exam questions. They then had to evaluate the use of bone marrow and embryos as a source of stem cells for the treatment of MS. They had to decide which method was best and why.

Mrs R Cahill
Teacher of Science

Friday 25th February
2022



Penwortham Girls'
High School

James Webb Telescope

On the 25th December 2021, the James Webb telescope was launched into space. This telescope has been designed to be able to seek light from the first galaxies in the early universe and allow NASA to explore our Solar system and other planets orbiting other stars.

Before the telescope could start taking images and sending images back to Earth, it needed to unfold itself. On the 4th January 2022, the sunshield on the telescope was deployed. The sunshield protects the telescope from the light and heat of the sun. The sunshield is crucial because it keeps the scientific instruments on the telescope at a temperature of -380 F (Fahrenheit) so that the telescope is cold enough to observe faint infrared light.

On the 8th January 2022, the mirror on the telescope was fully deployed. The mirror has 18 segments and each of these now needs to move to align the telescope optics; a process which is going to take a few months. Therefore, the first images will not be received until June or July.

Watch out for further news on the telescope in future newsletters.



Mrs Goodwill
Teacher of Science

Friday 25th February
2022



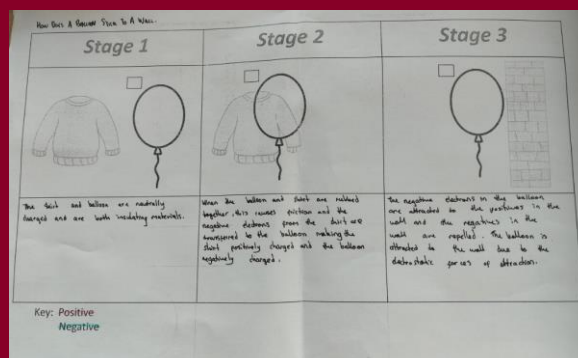
Penwortham Girls'
High School

Static Electricity

This term, Year 10 Separate Scientists have been learning about static electricity. They have also learnt about the dangers of static electricity and the need for anti-static floors in hospitals. They know that when two insulating materials are rubbed together, the friction causes the electrons to be transferred. The electrons move from one material to the other and then each object becomes charged. The object that loses the electrons becomes positive and the object that gains electrons become negatively charged.

They then carried out many small experiments to answer the following questions. Maybe you could ask them to discuss the answers with you at home?

1. How does the balloon stick to the wall?
2. Why does your hair stand on end when you go down a plastic slide?
3. Why does your hair stand on end when you hold the dome on the Van Der Graaff?
4. How can you bend water or pick up paper with a plastic rod?



Mrs Honeyman, Associate Assistant Headteacher and Curriculum Leader for Science

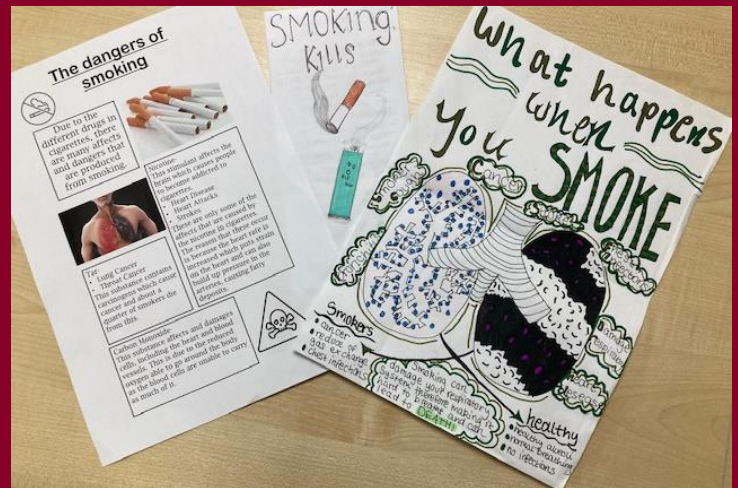
Friday 25th February
2022



Penwortham Girls'
High School

Dangers of Smoking

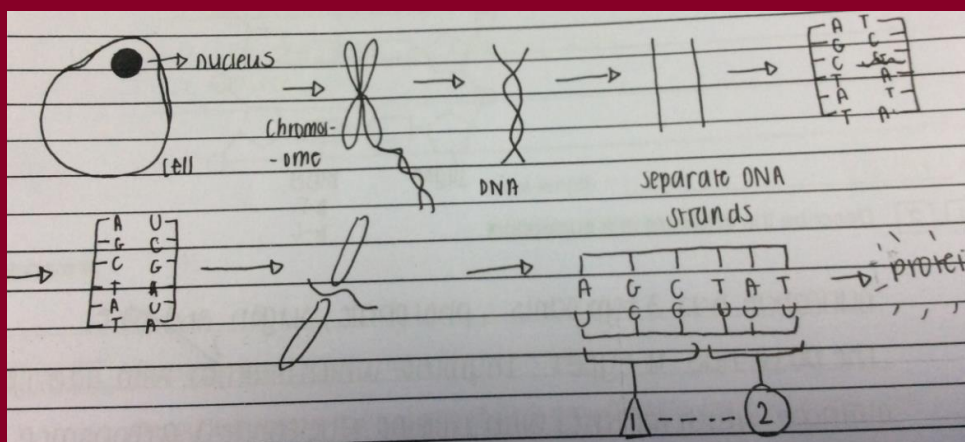
In the unit 'Organisms 2', the Year 8 students have been learning about organ systems within the human body. The students enjoyed learning about the organs of the digestive system, as well as the structure and mechanisms of the respiratory system. They also learnt about the effect of factors such as exercise, asthma and smoking on the health of the respiratory system which resulted in a lot of discussion. Year 8 students were then inspired to produce leaflets and posters to highlight the dangers of smoking.



Mr Knee
Teacher of Science

Protein Synthesis

Year 11 have been working on a tricky area of genetics. To make protein synthesis more digestible, we spent time breaking the process into small sections using pictorial representations to make a complex idea more accessible.



Applying this method to other complicated concepts will hopefully make the revision process less daunting and more fun!

Mrs Hall, Deputy Headteacher and Teacher of Science

Friday 25th February
2022

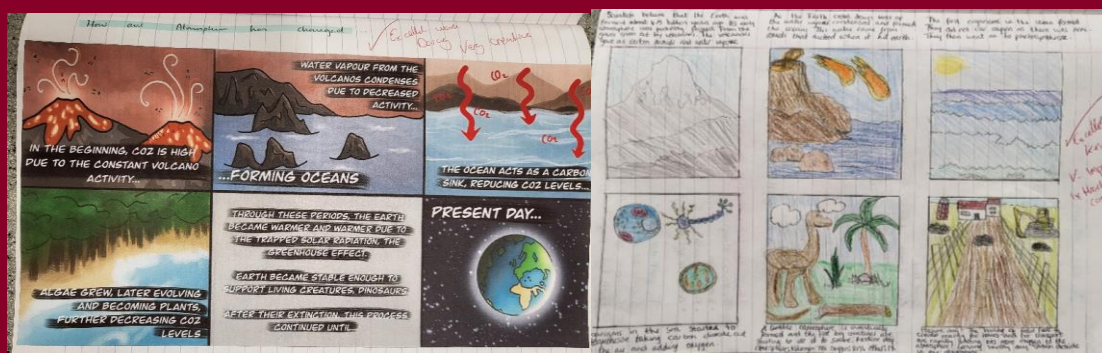


Penwortham Girls'
High School

Evolution of the Earth's early atmosphere

As part of their GCSEs, Year 11 have been studying the origins of the early Earth and its atmosphere. The main theory is that 4.6 billion years ago, the atmosphere was mainly carbon dioxide with some nitrogen and no oxygen. This is very much like the atmosphere of Mars or Venus today. The students need to be able to describe the composition of the early atmosphere and describe all the steps that took place to allow the atmosphere to change into our modern-day atmosphere. To represent this and link into our current 'Arts Across the Curriculum' theme, Year 11 were tasked with creating a storyboard to detail all the key moments; the evolution of plants, the formation of the oceans and decreased volcanic activity, that allowed the atmosphere to evolve into what we currently have today. We then went onto look at how we have now started to change our current atmosphere and how this is causing climate change. This links very well with current affairs after 3 different storms occurring in just 1 week, leading to the first red weather warning in 4 years!

By using storyboards, it allows students to visualise the changes that took place and enables them to focus on the main ideas to allow them to create better links for retrieval of the knowledge at a later date. There were some excellent examples and some well-deserved Head's Commendations awarded! Great job, Year 11!



Mr Dean
Teacher of Science

Friday 25th February
2022



Penwortham Girls'
High School



Lancashire Hockey Squad Selection

Congratulations to Florence in Year 8 who has been selected to play Hockey for her county. Florence has worked extremely hard for this. She has been playing hockey for Preston Hockey Club and first picked up her hockey stick at 4 years of age. In recent years, Florence has been training 3 -4 times a week, alongside playing in matches for her club. Florence has progressed within Preston Hockey Club and was asked if she wanted to trial for Lancashire. After three tough sessions, she was selected from a large group of girls to train for her county of which she has now managed her goal and has been chosen for the Lancashire U13 squad.

This is an amazing achievement, Florence. We are proud of you!

Netball



Congratulations to our Year 8 Netball (A Team) who won their first netball match of 2022 on Tuesday 22nd February against Leyland St Mary's! The score was 26-3. It was an outstanding performance. Their next match is on Monday 7th March against All Hallows Catholic High School. We wish them luck!

Players' player of the match: Charlotte P.
Coach's player of the match: Ruby R.

Team players: Charlotte P (Captain), Ruby R (Assistant Captain), Chloe W, Amy M, Phoebe B, Darcey P, Georgia J and Hattie C.

Miss Shahi
Sport, Performance and Health Faculty

Friday 25th February
2022



Penwortham Girls'
High School



Penwortham Girls' High School

SECOND HAND UNIFORM

Get cheaper uniform and reduce waste!

Second hand school uniform will soon be available to buy on Parent Pay. We are asking if you could please bring any old, unwanted uniform to the office to be re-used. All proceeds will be going to the Preston Domestic Violence Service.

In the upcoming months, you will see that second-hand school uniform will soon be available to buy through Parent Pay. Proceeds from sales will be going to the Preston Domestic Violence Service – a local charity voted for by students. If you have any old, unwanted uniform in decent condition, it would be much appreciated if you could please ask your daughter to bring it into school and hand it into the office. By recycling school uniform, we hope to help parents save money, as well as doing our part in helping to reduce waste.

Kind regards,
Carla and Eva (Head Girl and Deputy Head Girl)

Uniform:

- Red school jumper
- Navy blue school jumper
- School skirt
- School trousers
- PE hoodie (not name embroidered)
- PE joggers

Friday 25th February
2022



Penwortham Girls'
High School

Brilliant Behaviour

In this week's bulletin, I want to celebrate the brilliant behaviour of some of our forms. Here's the top ten in our Form Leaderboard:

9RMV	3046
9GMO	3016
7RCH	2970
7GST	2964
7SSC	2941
9SHS	2920

There's been some change at the top since Christmas, with Mr McVey's and Miss Morris' forms surging ahead! What I'm really pleased to see is that the leader board has representation from Years 7, 8 and 9 too. The students in these forms have gathered around 100 points each; really impressive.

So which Year 10 and Year 11 forms are winning currently? In Year 10, Mr Cheal's form (a highly competitive bunch!) continue to lead the pack, whilst Mrs Bennett's Year 11 form remain close behind. Every form mentioned here has put in an amazing team effort and deserves special credit.

Over the next two weeks there are going to be lots of opportunities for students to get positive points as we launch our first ever STEM festival. I look forward to seeing the numbers shooting up!

Mr Ramsdale
Senior Assistant Headteacher



Friday 25th February
2022



Penwortham Girls'
High School

St Catherine's
hospice care

Prom dress

shopping week!

More than 200 gorgeous prom dresses –
brand new and pre-loved from only £30

Also featuring
shoes, bags, hair
accessories and
more.

Saturday 26th February until Friday 4th March

Saturday 26th & Sunday 27th - 10am to 4pm
Monday 28th to Thursday 3rd - 12pm to 6pm
Friday 4th - 10am - 1pm

 Penwortham Arts Centre, Liverpool Road,
Penwortham, Preston, PR1 9XE

Find your perfect prom dress at this fabulous shopping event!

LANCASHIRE MUSIC SERVICE AND LANCASHIRE HERITAGE LEARNING

LANCASHIRE YOUTH FOLK GROUP

Lancashire
music
service

FOR ALL YOUNG INSTRUMENTALISTS AND SINGERS

Explore folk tunes from all
over the UK including music
from the communities of
Lancashire.



Fortnightly on Saturdays
10am - 3.30pm

Venue alternates
Penwortham Girls School
& Lancaster Library

Check website or email for details
LANCSFOLKENSEMBLE@GMAIL.COM
LANCASHIREMUSICHUB.CO.UK

Lancashire
County
Council

www.lancashire.gov.uk



Lancashire
Music Hub



“SHOWSTOPPERS” CHOIR

PRESTON MUSIC CENTRE

FULWOOD ACADEMY, BLACK BULL LANE, PR2 9YR

THURSDAYS 4 – 4.45PM

Singing is a wonderful thing. It makes you smile and feel good!

If you are 11 – 16 years old, why not come along and join us after school on
Thursdays. No experience is required. We sing a wide variety of songs – pop,
film/tv, musical theatre, acapella and original songs, and perform at Music Centre
concerts as well as around Preston.

See: www.lancashiremusicclub.co.uk/site/make-music/preston-music-centre-2/ for
more details or email Nicky Donnelly the choir vocal coach:

nwdonnelly@btinternet.com

Alternatively contact the Head of Preston Music Centre, Chris Cull on 07708 296910
christopher.cull@lancashire.gov.uk

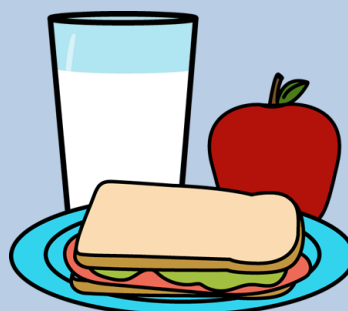
Lancashire
County
Council

Friday 25th February
2022



Penwortham Girls'
High School

Lunch Menu Week Commencing 28th February (Week 1)



High School Spring/Summer 2021 Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Choice Meal Deal	Brunch Pork or Veggie Sausages Free Range Omelette Hash Browns & Baked Beans	Crispy Fish Fillet Burger with Crispy Paprika Potatoes & Mixed Vegetable Medley	Roast of the Day with Traditional Trimmings Creamy Mashed Potatoes & Seasonal Vegetables	Chicken & Leek Pie with Baby Baked Potatoes Broccoli Florets & Carrots Batons	Crispy Battered Fillet of Fish with Chips & Mushy Peas
Global Choice Meal Deal	Spaghetti Neapolitan with Garlic Dough Balls & Green Leaf Salad	Chicken Tikka Curry with Turmeric Rice & Coriander Naan	BBQ Pork or Veggie Meatball Sub Roll with Cajun Potato Wedges & Mixed Salad	Chilli Beef with Cheesy Nachos & Tomato Salsa	Thai Vegetable Curry with Lemon & Coriander Rice
Vegetarian Choice Meal Deal	Lancashire Butter Pie with Vegetarian Gravy Broccoli Florets & Sliced Beetroot	Spanish Tortilla with Crispy Paprika Potatoes & Mixed Salad	Vegetable Lasagne with Garlic Bread & Green Leaf Salad	Cheese & Onion Loaded Potato Skins with Homemade Coleslaw & Mixed Salad	Homemade Margherita Pizza with Chips & Mixed Salad
Meal Deal Sandwich or Baked Potato	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad
Desserts of the Day	Apple Pie & Cream	Peach Melba & Raspberry Sauce	Chocolate & Mandarin Sponge & Custard	Jam & Cream Scone	Lemon Drizzle Cake
	Chocolate Muffin	Lemon Shortbread	Raspberry Bun	Chocolate Cookie	Flapjack
	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt

Newsletter

Friday 25th February
2022



Penwortham Girls'
High School

breakfast and morning break

Your menu

expresscofe

Cereals & Fresh Milk	60p	Boiled/ Scrambled or Poached Egg	35p
Hot Buttered Toast	25p	Egg/ Beans or Cheese on Toast	70p
Buttered Crumpet	40p	Baked Hash Brown	40p
1/2 Plain Bagel	40p	Sausage Barm	£1.20
Fruit Teacake	40p		

Pizza and Garlic Bread (morning break only)

Freshly Baked Pizza	£1.00	Freshly Baked Pizza with Topping (1/2 Portion)	70p
Freshly Baked Pizza (1/2 Portion)	60p	Homemade Garlic Bread	70p
Freshly Baked Pizza with Topping	£1.15	Homemade Cheesy/ Tomato Garlic Bread	75p

Drinks

Tea	40p
Coffee	50p
Hot Chocolate	50p
Fruit Juice	from 65p

Extras

Fruit Yoghurt	45p
Frozen Yoghurt or Smoothie	50p
Piece of Fresh Fruit	30p
Fresh Fruit Bags/ Fruit Salad	70p
Large Fresh Fruit Salad	£1.00
Sauce Sachet	from 10p
Flora Portion	15p

faster fresher fitter

Lancashire
County Council

www.lancashire.gov.uk

cold deli

Your menu

expresscofe

Freshly Made Sandwiches

Regular Range - Plain Egg, Cheese, Ham, Tuna £1.20

Premium Range - Any other Fillings £1.70

Filled Baguettes, Wraps and Speciality Breads £1.95

Add Salad to any of the above 15p

Pasta Salad Pots from £1.20

Fresh Salad Pots from £1.20

Plated Salads from £1.55

* Please see separate tariff for our speciality range of sandwiches

Drinks

Calypso AquaJuice 330ml	75p
Calypso AquaJuice Carton 200ml	50p
Milk Carton 280ml	45p
Fruit Slush 7oz	90p
Fair Trade Fruit Juice Carton 200ml	70p
Water 330ml	65p
Water 500ml	80p
Radnor Fruit Still Water	90p
Radnor Fruit Fizz	75p
Tropicana Fruit Juice 180ml	95p
Tea	40p
Coffee	50p
Hot Chocolate	50p

Sandwich Meal Deal

Add up to 3 pick and mix items to enjoy a great value meal deal!

only £2.30

Cookies / Cakes and Desserts

Home Produced Cakes, Flapjack and Energy Bar	80p
Home Produced Cookies	40p
Hot Dessert of the Day with Sauce	75p

Extras

Fruit Yoghurt	45p
Frozen Yoghurt/Smoothie	50p
Piece of Fresh Fruit	30p
Fresh Fruit Bags/Fruit Salad	70p
Large Fresh Fruit Salad	£1.00
Sauce Sachet	from 10p
Flora Portion	15p

faster fresher fitter

Lancashire
County Council

www.lancashire.gov.uk

hot counter

Your menu

expresscofe

Main Meals

Served with Accompaniments

only £2.00

Main Meal Deal

Served with Hot Dessert and Sauce or Piece of Fruit of Yoghurt or Carton of Juicy Water

only £2.30

Crispy Battered Fish	£1.20
Baked Fishcakes x2	£1.20

Snacks to Go

Burger in a Bun	£1.80
Hot Sandwiches and Filled Panini	from £2.00
Hot Baguettes and Wraps	£2.00
Homemade Margherita Pizza	£1.00
Add Extra Toppings	from 15p
Homemade Garlic and Herb Bread	70p

Fish Fingers x3	£1.20
Veggie Burger	£1.00
Meat Free Sausages x2	£1.00
Freshly Baked Omelette	£1.00
Homemade Soup 7oz with Crusty Bread	65p
Homemade Soup 12oz with Crusty Bread	90p
Baked Jacket	75p
Baked Jacket with 1 filling	from £1.00
Baked Jacket with 2 fillings	from £1.50

Extras

Chips/Fries/Wedges/Hash Browns	£1.10
All Other Potato Choices	65p
Fresh Vegetables/Side Salads/Baked Beans	45p
Rice/Pasta/Noodles	65p

Homemade Garlic and Herb Bread 1/2 Portion	40p
Homemade Cheesy/ Tomato Garlic Bread	75p

faster fresher fitter

Lancashire
County Council

www.lancashire.gov.uk

www.penworthamgirls.lancs.sch.uk

15

Friday 25th February
2022



Penwortham Girls'
High School



Independent Careers Adviser *Shamim Khan*

Available for 1:1 Careers Appointments & Drop In sessions in
The Careers Room

Drop In sessions Times:

Morning : 8.30am to 9.10am
Lunchtime : 12.30pm to 1.20pm

Careers Adviser Dates:

March 2022	Wednesday 2 nd March 2022 Thursday 3 rd March 2022 Wednesday 9 th March 2022 Wednesday 16 th March 2022 Wednesday 30 th March 2022
------------	---

If you would like a 1:1 appointment, please email:

careers@penworthamgirls.lancs.sch.uk

Registered Professional Careers Practitioner/Member



Friday 25th February
2022



Penwortham Girls'
High School

RUNSHAW COLLEGE

Your Future Starts Now!



Progress Mentor:
to look after
your well-being

Open Event at our **Leyland Campus**
Wednesday 2nd March 3.30-7.30pm

Please note this is a **Registration Only Event**. Register online at:
www.runshaw.ac.uk/openevent

Ofsted
Outstanding
Provider

RUNSHAW COLLEGE

Your Future Starts Now!



Academies
in every
subject

Open Event at our **Leyland Campus**
Wednesday 2nd March 3.30-7.30pm

Please note this is a **Registration Only Event**. Register online at:
www.runshaw.ac.uk/openevent

Ofsted
Outstanding
Provider

Friday 25th February
2022



Penwortham Girls'
High School

Head's Breakfast

Mya G (Year 9)

An outstanding piece of evaluative writing based on Tess of the d'Urbervilles.
Well done, Mya!

Ruby R (Year 8)

Outstanding performance at our netball match.

Charlotte P (Year 8)

Outstanding performance at our netball match.

Sara D (Year 7)

Head's Breakfast for positive attitude to learning in History.



Head's Commendations

Grace S (Year 9)

Excellent Tubular Bells recordings. (Music)

Millie S (Year 9)

Superb recording of Tubular Bells.

Jennah K (Year 9)

Outstanding news article written about religion in the pandemic. (RE)

Abigail P (Year 9)

Abigail showed initiative, listened carefully to instructions and set a high standard for the rest of the class to follow in Food Preparation and Nutrition. Well done!

Saga G (Year 9)

Fantastic recording of Tubular Bells on Mixcraft! Well done! (Music)

Emily K (Year 9)

A fantastic performance of Tubular Bells on Mixcraft. (Music)

Abigail P (Year 9)

Excellent work in Food Preparation and Nutrition. Well Done!

Sai K (Year 9)

Sai worked with much determination and resilience when learning knife skills in Food. Well done! (Food Preparation and Nutrition)

Freya L M (Year 9)

Freya has creating some fantastic work, along with going that extra mile and helping me with other tasks around the food room. Well done for having the initiative and being so willing to help. Well done! (Food Tech)

Friday 25th February
2022



Penwortham Girls'
High School

Sports, Clubs & Societies – Year 7

YEAR 7 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Geography society Rm 39 GBO Cooking society Rm 23 SSC Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO	Choir Rm 11 VLI Athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE club Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN Circle time * Rm 6 DEM	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Mfl spelling bee Rm 26 CGE	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST DANCE CLUB Dance studio SNA HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

* INVITE ONLY

Friday 25th February
2022



Penwortham Girls'
High School

Sports, Clubs & Societies – Year 8

YEAR 8 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO	Athletics Gym KFI Cross country Courts MSH Circle time * Rm 1 NBY Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST DANCE CLUB Dance studio SNA HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

* INVITE ONLY

Friday 25th February
2022



Penwortham Girls'
High School

Sports, Clubs & Societies – Year 9

YEAR 9 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Circle time * Rm 6 LDA Product design Rm 36 LGO	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI DANCE Dance Studio SNA BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH Cooking society Rm 23 SSC TEAM CHEER Hall RSN FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

* INVITE ONLY

Friday 25th February
2022



Penwortham Girls'
High School

Sports, Clubs & Societies – Year 10

YEAR 10 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO Study room* Rm 11 SIB & LRI	Athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS Poet laureate Rm 5 GST	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI DANCE Dance Studio SNA Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR Product design Rm 36 LGO	GYMNASTICS Gym MSH Ks4 Art society Rm 52 LGE TEAM CHEER Hall RSN FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY society Rm 53 GMO

* INVITE ONLY

Friday 25th February
2022



Penwortham Girls'
High School

Sports, Clubs & Societies – Year 11

YEAR 11 SPORTS, CLUBS AND SOCIETIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO Study room* Rm 11 SIB & LRI	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK GCSE Dance Dance Studio SNA	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR	GYMNASTICS Gym MSH Ks4 Art society Rm 52 GMO FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY Society Rm 53 GMO