

Friday 11<sup>th</sup> February  
2022



Penwortham Girls'  
High School

## Important Dates:



4<sup>th</sup> – 18<sup>th</sup> April  
Easter Closure

Tues 19<sup>th</sup> April  
Students Return

2<sup>nd</sup> May  
May Day Closure

30<sup>th</sup> May – 3<sup>rd</sup> June  
Half Term Closure

28<sup>th</sup> June  
Year 11 Valedictory  
Dinner

13<sup>th</sup> and 14<sup>th</sup> July  
The Sound of Music  
Production



## The Sound of Music



**Save the date!**  
**13<sup>th</sup> and 14<sup>th</sup> July 2022**

Students are now busy working towards our production of The Sound of Music which is taking place on the 13th and 14th July 2022. Most of the main characters have now been cast, but as we work towards the show, we will be looking for students who have committed themselves to rehearsals on a Tuesday evening and Thursday lunchtime to take some of the final roles on. It is not too late yet though if you are interested in taking part but don't want a major role, just pop along to Drama Club after school on a Tuesday and to Choir on a Thursday lunchtime to get involved. Alternatively, you can speak to Mrs Woodhouse, Miss Starkie, Mr Oliver, Mrs Little or Mrs Cattanaach. Everyone who wants to take part is more than welcome, as long as they are committed to rehearsals.



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## Y8 Gaming Music

Students in Year 8 have been working on our newest piece of software, 'Mixcraft' to compose their own music for a computer game. Students have been learning about leitmotifs and how these can be created to represent a character. Once students have composed their leitmotif, they then record this onto Mixcraft and layer up their ideas using this software. Mrs Little and I have been really impressed with the work the students have created; they should all be able to let you listen to their work too as it has been uploaded onto Class Charts!



## Singing to Support Mental Health Week

This week, in support of Children's Mental Health Week, PGHS Voices have begun working on a performance of 'You Will Be Found' from Dear Evan Hanson. Mrs Little chose this song as it encapsulates the message of hope and friendship really well. Please come along on a Tuesday if you would like to get involved.



## Musical Buddy Groups!

Mrs Cattnach's Buddy Groups worked incredibly hard in the session before Christmas to create a Christmas Podcast to send to local Care Homes and St. Catherine's Hospice. The students sang and performed together traditional carols such as Silent Night and more upbeat numbers such as 'Rockin' Around the Christmas Tree'. The girls were delighted to hear that the podcast had been well received and helped brighten the days of others during the festive period. Mrs Cattnach received a number of messages. Here is one of them: "Thank you very much for taking the time to produce and send this video – it certainly put a smile on quite a few faces. Please pass on our sincere thanks to all the performers. What a talented bunch you have at the school." Well done, everyone!

*Mrs Cattnach, Assistant Associate Headteacher  
Head of Music & KS2/3 Transition Manager*



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## String Day

*Sunday  
13th February  
10am - 3.30pm*

St Michael's High School,  
Astley Road, Chorley PR7 1RS

Join young  
string  
players  
from across  
Lancashire  
for a FREE  
fun day of  
music  
making!

Lancashire  
**music**  
service

Find out more and book your place at  
[www.lancashiremusichub.co.uk](http://www.lancashiremusichub.co.uk)

[www.lancashire.gov.uk](http://www.lancashire.gov.uk)



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LANCASHIRE MUSIC SERVICE AND LANCASHIRE HERITAGE LEARNING

## LANCASHIRE YOUTH FOLK GROUP

Lancashire  
music  
service

### FOR ALL YOUNG INSTRUMENTALISTS AND SINGERS

Explore folk tunes from all over the UK including music from the communities of Lancashire.



Fortnightly on Saturdays  
10am - 3.30pm

Venue alternates  
Penwortham Girls School  
& Lancaster Library

Check website or email for details  
[LANCSFOLKENSEMBLE@GMAIL.COM](mailto:LANCSFOLKENSEMBLE@GMAIL.COM)  
[LANCASHIREMUSICHUB.CO.UK](http://LANCASHIREMUSICHUB.CO.UK)

**Lancashire**  
County  
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[www.lancashire.gov.uk](http://www.lancashire.gov.uk)



Lancashire  
Music Hub



## “SHOWSTOPPERS” CHOIR

**PRESTON MUSIC CENTRE**

FULWOOD ACADEMY, BLACK BULL LANE, PR2 9YR

**THURSDAYS 4 – 4.45PM**

Singing is a wonderful thing. It makes you smile and feel good!

If you are 11 – 16 years old, why not come along and join us after school on Thursdays. No experience is required. We sing a wide variety of songs – pop, film/tv, musical theatre, acapella and original songs, and perform at Music Centre concerts as well as around Preston.

See: [www.lancashiremusicclub.co.uk/site/make-music/preston-music-centre-2/](http://www.lancashiremusicclub.co.uk/site/make-music/preston-music-centre-2/) for more details or email Nicky Donnelly the choir vocal coach:

[nwdonnelly@btinternet.com](mailto:nwdonnelly@btinternet.com)

Alternatively contact the Head of Preston Music Centre, Chris Cull on 07708 296910  
[christopher.cull@lancashire.gov.uk](mailto:christopher.cull@lancashire.gov.uk)

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## Extra-Curricular Activities

**We are very pleased to announce that the Extra-Curricular activities, including clubs and fixtures are going to start again week commencing Monday 21st February. Please can your daughter check the club timetables and keep monitoring the PE board in the changing room. Netball fixtures are also going to take place soon.**

We have added Cricket club to our weekly PE clubs. This will take place on Tuesday lunch-time for all years. It will be an opportunity to play competitively, whilst developing knowledge of the game of cricket.



*Miss Shahi, Performance, Sport and Health Faculty*

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## **Lancashire Schools' Cross- Country Championships**

Congratulations to Holly L (Cross-Country champion of South Ribble District), who came 38th at the Lancashire Schools' Cross- Country Championships last weekend at Witton Park. Well done, Holly! We are proud of you!

## **KS3 Dance**

We are now on our third rotation of dancers in KS3 dance lessons. Year 7 are working on Bollywood dance, Year 8, the Charleston and Year 9, Contemporary Dance. We have been really impressed with the effort and enthusiasm in dance lessons so far this year. Keep up the good work, girls!

A reminder that KS3 Dance Club is on every Monday lunchtime and everyone is welcome.

## **GCSE Dance**

Our Year 11 Dancers have been working so hard this term choreographing, practicing and perfecting their final choreographies for their practical assessment this week. Many of the Year 10 GCSE dancers are performing in the dances with the Year 11s and have been working extremely hard attending many extra intervention sessions. Well done, girls! We are looking forward to seeing the end result later this week.

## **Year 11 GCSE PE**

Year 11 GCSE PE are working hard to reach their potential target in their final practical assessment whilst completing their coursework. Thursday lunch times, Wednesday and Friday after school sessions enhanced their powerful knowledge and gave them an opportunity to practise more and prepare video assessments for their final mark in their practical sport. Good luck, girls!

## **Health and Social Care**

Year 11 Health and Social Care classes have been focusing on their revision this half term and they are getting prepared to take their final exam on Wednesday 9th February. A variety of revision sessions are planned for each group to attend, including Tuesday after school, Wednesday early morning and Saturday sessions to prepare all students for the early exam. We wish you luck, girls!

*Mrs Tompson*

*Performance, Sport and Health Faculty*

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## Safer Internet Day

Tuesday 8th February was Safer Internet Day. Each year, there is a different theme for this. This year, the theme is 'All Fun and Games?'

As a school, we will be using this theme for all the assemblies to make every student aware of demonstrating respect and building positive relationships whilst online.

### Top Tips for Parents and Carers:

- Having conversations without judgement.
- Knowing where you can learn more about their favourite apps and games.
- Reassuring your child that whatever happens online, you are there to support them.

If you have any concerns about online safety please email [s.hall@penworthamgirls.lancs.sch.uk](mailto:s.hall@penworthamgirls.lancs.sch.uk)

You can join our online safety forum using the QR code below:



### Discord

We have been informed that this app is becoming more popular with children. It can be used to send inappropriate sexual content and is linked to cybercrime.



Mrs Hall, Deputy Headteacher



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To promote Safer Internet Week, Lancashire Adult Learning are offering a course called 'Keep Your Child Safe Online'. Further information is on the attached pdf or follow the link below to book.

[LAL – Lancashire Adult Learning – Community learning in Lancashire](#)



## Safer Internet Day 8th February 2022

Engaging parents and children in  
online safety has never been more  
important.

'Keep Your Child Safe Online' is a free  
course offering information, advice and  
support to both parents and children.

Support Your Whole School  
Community.

Get in touch to book a course during the  
month of February



[admin.lal@nelsongroup.ac.uk](mailto:admin.lal@nelsongroup.ac.uk)



[www.lal.ac.uk](http://www.lal.ac.uk)



0333 003 1717



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## SECOND HAND UNIFORM

Get cheaper uniform and reduce waste!

Second hand school uniform will soon be available to buy on Parent Pay. We are asking if you could please bring any old, unwanted uniform to the office to be re-used. All proceeds will be going to the Preston Domestic Violence Service.

In the upcoming months, you will see that second-hand school uniform will soon be available to buy through Parent Pay. Proceeds from sales will be going to the Preston Domestic Violence Service – a local charity voted for by students. If you have any old, unwanted uniform in decent condition, it would be much appreciated if you could please ask your daughter to bring it into school and hand it into the office. By recycling school uniform, we hope to help parents save money, as well as doing our part in helping to reduce waste.

Kind regards,  
*Carla and Eva (Head Girl and Deputy Head Girl)*

### Uniform:

- Red school jumper
- Navy blue school jumper
- School skirt
- School trousers
- PE hoodie (not name embroidered)
- PE joggers

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## Brilliant Behaviour

This week, I'm combining a report on behaviour with a focus on mental health. It's Children's Mental Health Week and we've been encouraging students to take positive steps to improve their emotional health and wellbeing. The steps that students have taken are then recognised with positive behaviour points on Class Charts, with both form tutors and parents able to issue them.

So, what have our students been doing this week to look after their mental health and how much?

'Feel Good' Clothes	1
3 Things (grateful for)	38
5m Meditation	111
8 Hours Sleep	131
Breathing Exercise	46
Drink 2L Water	40
Early Night	28
Eat Favourite Food	38
Go for a walk	73
Local Park Visit	20
Pay a compliment	116
Play a Podcast	20
Read a Book	88
Social Media-Free Day	6
Time with friends	34

790



I'm delighted to see the extent of student participation and the way that students, staff and parents have engaged with it. It's great to see students actively embracing opportunities, such as taking part in meditation exercises and paying a compliment. On Friday 11th February, this number will be almost doubled when we have our 'Dress to Express' non-uniform day!

Well done, everyone for taking part, and particular thanks to all the parents who've supported the initiative this week.

*Mr Ramsdale*  
*Senior Assistant Headteacher*

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St Catherine's  
hospice care 

## Prom dress shopping week!

More than 200 gorgeous prom dresses –  
brand new and pre-loved from only £30



Also featuring  
shoes, bags, hair  
accessories and  
more.



**Saturday 26th February until Friday 4th March**

Saturday 26th & Sunday 27th - 10am to 4pm  
Monday 28th to Thursday 3rd - 12pm to 6pm  
Friday 4th - 10am - 1pm



**Penwortham Arts Centre**, Liverpool Road,  
Penwortham, Preston, PR1 9XE

**Find your perfect prom dress at this fabulous shopping event!**

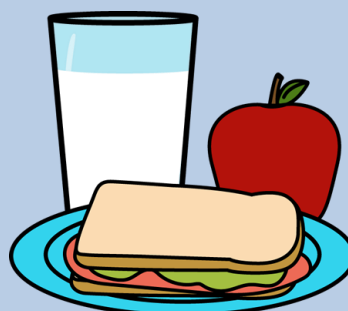


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## Lunch Menu Week Commencing 21<sup>st</sup> February (Week 2)



### High School Spring/Summer 2021 Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Traditional Choice Meal Deal</b>	Pork Meatballs with Creamy Peppered Sauce Crispy Paprika Potatoes Fine Green Beans & Carrot Batons	Chunky Fish Fingers with Herby Potatoes Mixed Vegetable Medley & Lemon Mayonnaise	Roast of the Day with Traditional Trimmings Roast & Mashed Potatoes & Seasonal Vegetables	Ploughman's Pie with Creamy Mashed Potatoes Broccoli Florets & Carrot Batons	Crispy Battered Fillet of Fish with Chips & Mushy Peas
<b>Global Choice Meal Deal</b>	BBQ Chicken Flatbread with Crispy Paprika Potatoes Homemade Coleslaw & Mixed Salad	Beef Madras Curry with Turmeric Rice & Coriander Naan	Chicken & Leek Lasagne with Garlic Bread & Green Leaf Salad	Seafood Paella with Green Leaf Salad & Crusty Bread	Homemade Cheese & Tomato Calzone Pizza with Chips & Mixed Salad
<b>Vegetarian Choice Meal Deal</b>	Vegetarian Chilli Tortilla Basket with Mixed Rice	Cheddar Cheese Whirl with Herby Potatoes & Baked Beans	Vegetarian Sausages with Yorkshire Pudding Roast & Mashed Potatoes & Seasonal Vegetables	Tomato & Mascarpone Pasta with Roasted Vegetables & Garlic Dough Balls	Vegetable Korma Curry with Turmeric Rice & Coriander Naan
<b>Meal Deal Sandwich or Baked Potato</b>	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad
<b>Desserts of the Day</b>	Carrot & Orange Cake	Summer Fruit Crumble & Ice Cream	Jam & Coconut Sponge & Custard	Seasonal Berry Eton Mess	Chocolate Brownie & Chocolate Sauce
	Chocolate Cookie	Lemon Muffin	Ginger Cookie	Chocolate Muffin	Banana Flapjack
	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt

# Newsletter

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**Your menu** **expresscofe**

**breakfast and morning break**

Cereals & Fresh Milk	60p	Boiled/ Scrambled or Poached Egg	35p
Hot Buttered Toast	25p	Egg/ Beans or Cheese on Toast	70p
Buttered Crumpet	40p	Baked Hash Brown	40p
1/2 Plain Bagel	40p	Sausage Barm	£1.20
Fruit Teacake	40p		

**Pizza and Garlic Bread (morning break only)**

Freshly Baked Pizza	£1.00	Freshly Baked Pizza with Topping (1/2 Portion)	70p
Freshly Baked Pizza (1/2 Portion)	60p	Homemade Garlic Bread	70p
Freshly Baked Pizza with Topping	£1.15	Homemade Cheesy/ Tomato Garlic Bread	75p

**Drinks**

Tea	40p
Coffee	50p
Hot Chocolate	50p
Fruit Juice	from 65p

**Extras**

Fruit Yoghurt	45p
Frozen Yoghurt or Smoothie	50p
Piece of Fresh Fruit	30p
Fresh Fruit Bags/ Fruit Salad	70p
Large Fresh Fruit Salad	£1.00
Sauce Sachet	from 10p
Flora Portion	15p

faster fresher fitter

**Lancashire**  
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[www.lancashire.gov.uk](http://www.lancashire.gov.uk)

**Your menu** **expresscofe**

**cold deli**

**Freshly Made Sandwiches**

Regular Range - Plain Egg, Cheese, Ham, Tuna	£1.20
Premium Range - Any other Fillings	£1.70
Filled Baguettes, Wraps and Speciality Breads	£1.95
Add Salad to any of the above	15p
Pasta Salad Pots	from £1.20
Fresh Salad Pots	from £1.20
Plated Salads	from £1.55

\* Please see separate tariff for our speciality range of sandwiches

**Drinks**

Calypso AquaJuice 330ml	75p
Calypso AquaJuice Carton 200ml	50p
Milk Carton 280ml	45p
Fruit Slush 7oz	90p
Fair Trade Fruit Juice Carton 200ml	70p
Water 330ml	65p
Water 500ml	80p
Radnor Fruit Still Water	90p
Radnor Fruit Fizz	75p
Tropicana Fruit Juice 180ml	95p
Tea	40p
Coffee	50p
Hot Chocolate	50p

**Sandwich Meal Deal**

Add up to 3 pick and mix items to enjoy a great value meal deal!

**only £2.30**

**cookies / Cakes and Desserts**

Home Produced Cakes, Flapjack and Energy Bar	80p
Home Produced Cookies	40p
Hot Dessert of the Day with Sauce	75p

**Extras**

Fruit Yoghurt	45p
Frozen Yoghurt/Smoothie	50p
Piece of Fresh Fruit	30p
Fresh Fruit Bags/Fruit Salad	70p
Large Fresh Fruit Salad	£1.00
Sauce Sachet	from 10p
Flora Portion	15p

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[www.lancashire.gov.uk](http://www.lancashire.gov.uk)

**Your menu** **expresscofe**

**hot counter**

**Main Meals**

Served with Accompaniments

**only £2.00**

**Main Meal Deal**

Served with Hot Dessert and Sauce or Piece of Fruit of Yoghurt or Carton of Juicy Water

**only £2.30**

Crispy Battered Fish	£1.20
Baked Fishcakes x2	£1.20

**hot deli**

**Snacks to Go**

Burger in a Bun	£1.80
Hot Sandwiches and Filled Panini	from £2.00
Hot Baguettes and Wraps	£2.00
Homemade Margherita Pizza	£1.00
Add Extra Toppings	from 15p
Homemade Garlic and Herb Bread	70p

**Homemade Garlic and Herb Bread 1/2 Portion** 40p

**Homemade Cheesy/ Tomato Garlic Bread** 75p

**Extras**

Chips/Fries/Wedges/ Hash Browns	£1.10
All Other Potato Choices	65p
Fresh Vegetables/Side Salads/Baked Beans	45p
Rice/Pasta/Noodles	65p

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## Independent Careers Adviser

*Shamim Khan*

Available for 1:1 Careers Appointments & Drop In sessions in  
The Careers Room (Situated first floor next to the ICT Suite)

### Drop In sessions Times:

Morning : 8.30am to 9.10am  
Lunchtime : 12.30pm to 1.20pm

### Careers Adviser Dates:

January 2022	Wednesday 5 <sup>th</sup> January 2022 Wednesday 12 <sup>th</sup> January 2022 Wednesday 19 <sup>th</sup> January 2022 Wednesday 26 <sup>th</sup> January 2022
February 2022	Wednesday 2 <sup>nd</sup> February 2022 Wednesday 9 <sup>th</sup> February 2022 Wednesday 23 <sup>rd</sup> February 2022
March 2022	Wednesday 2 <sup>nd</sup> March 2022 Wednesday 9 <sup>th</sup> March 2022 Wednesday 16 <sup>th</sup> March 2022 Wednesday 23 <sup>rd</sup> March 2022 Wednesday 30 <sup>th</sup> March 2022

If you would like a 1:1 appointment, please email:

[careers@penworthamgirls.lancs.sch.uk](mailto:careers@penworthamgirls.lancs.sch.uk)

Registered Professional Careers Practitioner/Member





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## Head's Breakfast

Charlotte R (Year 9)

Consistently working to a high standard throughout RE this year.

Eleanor S (Year 9)

Consistently producing outstanding RE work.

Lily T (Year 7)

Lily's enthusiasm and interest in Science is fantastic!



Jessica O, Jemma A, Maisie B, Niamh C, Hettie C, Sarah M, Niamh C, Hettie C, Sarah M, Niamh P, Sana H (Year 7)

Awarded for an outstanding piece of biographical writing in English.

Molly K (Year 10)

Excellent newspaper report created on social responsibility. (Geography)

Eva M (Year 9)

Excellent Geo-catwalk produced. (Geography)

Lois F, Lily M C, Ruby C, Maisie J, Natalie U, Mollie O'Hara (Year 8)

Particularly good effort on portrait homework. Great Skills! (Art)

## Head's Commendations

Josephine R (Year 10)

Brilliant effort put into Iona poster. All "aspire" and "extension" tasks also completed. Keep up the good work, Josephine! (RE)

Darcy G (Year 11)

Excellent 'Evolution of the Atmosphere' work! (Science)

Keira C (Year 11)

Excellent 'Evolution of the Atmosphere work! (Science)

Agata K (Year 9)

Outstanding 'Spirited' artwork. (RE)

Molly B, Sian K, Aurora S-W, Vritika S, Teeya W, Millie M-L (Year 7)

Outstanding effort put into RE homework. Produced a really creative and unique creation story project. (RE)

Kaoma M, Olivia S, Louise P-R (Year 10)

Outstanding Lourdes newspaper article investigating Miracles' Credibility. (English)

Megan W, Eva W, Grace R, Ellie R, Mya J, Mia H, Carla D, Alice C (Year 11)

Exceptional efforts throughout the last term, attending every early Tuesday morning revision session for German and giving 100% each and every time.

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## Sports, Clubs & Societies – Year 7

YEAR 7 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Geography society Rm 39 GBO  Cooking society Rm 23 SSC  Computing society Rm 50 JBE  Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO	Choir Rm 11 VLI  Athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE club Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Cheer Gym RSN  Circle time * Rm 6 DEM	Woodwind group Rm 15 ACA  Soroptimists Rm 30 MBR  Badminton Gym MSH  Ultimate frisbee Courts SNA  Hw Club * Rm 35 LVE  Mfl spelling bee Rm 26 CGE	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  History society Rm 37 JBR  Multi-sport Gym KFI  Craft society Rm 1 DEM & RLU  MINDFULNESS CLUB* Rm 6 KMG  BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST  DANCE CLUB Dance studio SNA  HANDBALL Courts MSH  BADMINTON Gym KFI	GYMNASTICS Gym MSH  FOOTBALL Courts KFI	HOCKEY Courts RWO  CRICKET TBC	

\* INVITE ONLY

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## Sports, Clubs & Societies – Year 8

YEAR 8 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO	Athletics Gym KFI Cross country Courts MSH Circle time * Rm 1 NBY Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST DANCE CLUB Dance studio SNA HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

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## Sports, Clubs & Societies – Year 9

YEAR 9 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Circle time * Rm 6 LDA Product design Rm 36 LGO	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI DANCE Dance Studio SNA BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
AFTER SCHOOL	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH Cooking society Rm 23 SSC TEAM CHEER Hall RSN FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

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## Sports, Clubs & Societies – Year 10

YEAR 10 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
<b>LUNCH</b>	Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO  Study room* Rm 11 SIB & LRI	Athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE CLUB Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS  Poet laureate Rm 5 GST	Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Hw Club * Rm 35 SPK	Woodwind group Rm 15 ACA  Soroptimists Rm 30 MBR  Badminton Gym MSH  Ultimate frisbee Courts SNA  Choir Rm 15 VLI  ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  Multi-sport Gym KFI  DANCE Dance Studio SNA  Study room* Rm 11 SIB & LRI  MINDFULNESS CLUB* Rm 6 KMG  BEDROCK CLUB (+ English Support) Library CWO & DSN
<b>AFTER SCHOOL</b>	STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST  HANDBALL Courts MSH  BADMINTON Gym KFI  TEXTILES Rm 34 RFR  Product design Rm 36 LGO	GYMNASTICS Gym MSH  Ks4 Art society Rm 52 LGE  TEAM CHEER Hall RSN  FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW  HOCKEY Courts RWO  CRICKET TBC	Ks4 PHOTOGRAPHY society Rm 53 GMO

\* INVITE ONLY

Friday 11<sup>th</sup> February  
2022



Penwortham Girls'  
High School

## Sports, Clubs & Societies – Year 11

### YEAR 11 SPORTS, CLUBS AND SOCIETIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
<b>LUNCH</b>	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO Study room* Rm 11 SIB & LRI	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK GCSE Dance Dance Studio SNA	Woodwind group Rm 15 ACA Soroptimists Rm 30 MBR Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG BEDROCK CLUB (+ English Support) Library CWO & DSN
<b>AFTER SCHOOL</b>	STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DRAMA SOCIETY Hall AGA & GST HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR	GYMNASTICS Gym MSH Ks4 Art society Rm 52 GMO FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY Society Rm 53 GMO