



Myerscough  
College

INSPIRING EXCELLENCE

# FOOTBALL STUDIES

MYERSCOUGH COLLEGE

## WHAT'S INSIDE?

WELCOME TO MYERSCOUGH

FOOTBALL OFFER

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# WELCOME TO MYERSCOUGH FOOTBALL

DAVE MCCANN - HEAD OF FOOTBALL

Welcome to the Myerscough College Football Studies Programme overview.

Myerscough College is a successful FA 'Charter Standard' College and a former winner of the FA's prestigious Football Development College 'National Award' for its range of football education programmes.

These achievements recognise our excellence in football education and confirm our standing as one of the top colleges for football development in England. We are committed to providing the best opportunities for young people who wish to develop their footballing talent alongside their academic studies.

A number of students have achieved success on the pitch by progressing into professional and semi-professional teams. Others have progressed into employment within the football industry. Myerscough has excellent links with Universities both in the UK and overseas. Many students have progressed into higher education with some securing scholarships overseas.

Our aims are to:

1. Inspire excellence through our teaching, coaching and performance.
2. Deliver high quality teaching / coaching and learning.
3. Use a variety of interesting & current activities to consistently challenge and motivate our learners.



## OUR PRESTON CAMPUS

Myerscough College has a fantastic countryside location, seven miles north of Preston, within easy reach of Blackpool, Manchester and Liverpool.

### Travelling by road from the South:

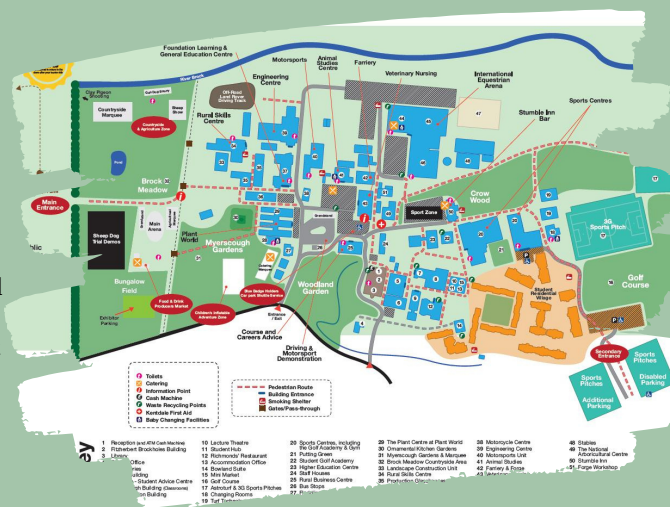
Leave the M6 at Junction 32 (Broughton, Preston), the junction incorporates the M6 and M55 motorways and the A6 trunk road. Care should be taken to filter left following the 'A6 Garstang' lane indicators. On joining the A6, follow the 'Garstang' signs for 3¾ miles to a large sign on the left hand side of the road naming 'Myerscough College', and turn left along St Michaels Road. The College is ¼ mile along this road and involves a right turn half way through an S bend.

### Travelling by road from the North:

Leave the M6 at Junction 33 (Hampson Green). On joining the A6 travel south following 'Preston' signs for about 9 miles to a large sign on the left hand side of the road, naming 'Myerscough College', and turn right into St Michaels Road. The college is ¾ miles along this road on the right, just after a sharp left turn.

### Buses

The nearest bus stop is the Roebuck at Bilsborrow on the Lancaster to Preston bus route (service no. 40 and 41). There are approximately two buses per hour during the week. For further information on the bus services in Lancashire contact Travelwise Transport Information on 0870 608 2608.







Myerscough  
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INSPIRING EXCELLENCE

# FOOTBALL PROVISION

HIGH PERFORMANCE  
SPORT



# FOOTBALL PROVISION

## AN OVERVIEW OF THE PRACTICAL OFFER FROM MYERSCOUGH COLLEGE

### Fixtures and Competitions

All of our Myerscough teams are registered to play in English College's Football Association (ECFA) and English Schools Football Association (ESFA) Leagues.

This includes regular scheduled fixtures throughout the season and entry into local and national cup competitions.

We also have excellent links to a range of local semi professional and amateur clubs and colleges to provide a wide range of development games alongside our scheduled competitive fixtures.

### Training

All of our Myerscough teams are afforded the same level of opportunity to training and development. Squads currently train three times per week as part of the academic timetable.

Sessions may take a variety of different formats including practical, theory, recovery or strength and conditioning.

Each session is 90 minutes long and learners will be afforded time to shower and change before their next scheduled timetable lesson.

All Myerscough football staff are FA/UEFA Qualified coaches and are qualified teachers. We have a chartered physiotherapist who treats and manages our injured players and we have a specialist goalkeeper coach who works with all goalkeepers.



### Teams

We currently represent the college with the following squads:

- ECFA Category 1
- ECFA Category 2
- ECFA Category 3
- Myerscough Girls

Our Higher Education students also have a team that compete in the BUCS University competitions.





# FACILITIES

AN OVERVIEW OF THE PRACTICAL OFFER FROM MYERSCOUGH COLLEGE



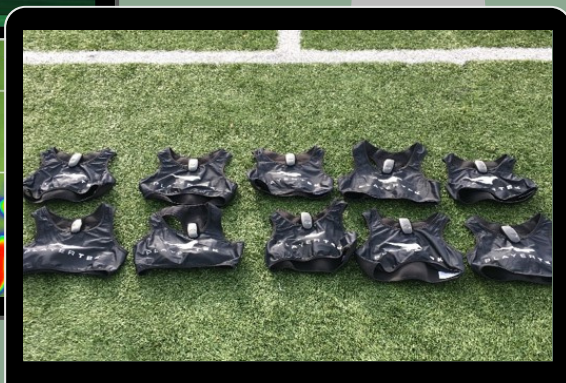
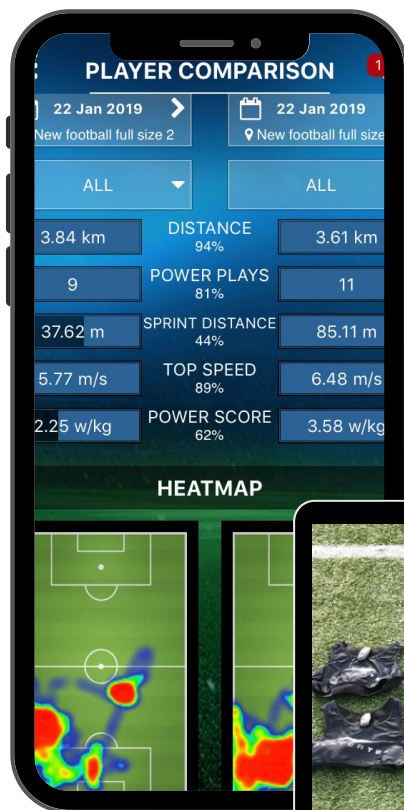
We pride ourselves on the high quality and professionalism of our facilities. Our students have access to:

- A state of the art Strength & Conditioning suite
- A regulation sized indoor Futsal court with seating area
- A highly maintained 3G artificial pitch
- A number of highly maintained grass pitches
- A public gym, indoor hall and a fitness suite.



# ANALYSIS

WE USE THE LATEST TECHNOLOGY TO ENHANCE YOUR EXPERIENCE AT COLLEGE



Have you ever wanted to know what it feels like to have the analysis and monitoring of a professional player?

At Myerscough Football we are passionate about your development on field as well as off.

We use industry links to provide state of the art technology and analysis software which can be used by our teams. This includes:







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INSPIRING EXCELLENCE

# ACADEMIC OFFER

HIGH PERFORMANCE  
EDUCATION



# STUDY PROGRAMMES

## FIND THE RIGHT LEVEL OF STUDY FOR YOU

Myerscough College offers the opportunity to study at both level 3 (A level equivalent) and Level 1/2 (GCSE equivalent) for students who wish to develop a comprehensive understanding of Football Studies encompassing practical techniques, academic knowledge and technical skills. It is a popular option for both school leavers and successful Level 2 Certificate students. The course incorporates a mix of practicals, classroom lectures, industry visits and case study exercises.

Students will also receive training and assessment in a large range of additional qualifications, which will enhance their employability.

We currently offer the following programmes:

- BTEC Level 3 Extended Diploma
- BTEC Level 3 Foundation Diploma
- BTEC Level 3 Diploma
- BTEC Level 3 Extended Certificate
- BTEC Level 1/2 Certificate

### Learning & Assessment

All work is assessed via assignments, presentations, practicals and reports. There are no formal examinations at the end of the course. Research Project in Sport module is externally assessed by Pearson.

### Course Structure

All work is assessed via assignments, presentations, practicals and reports. There are no formal examinations at the end of the course, with the exception of 2 external modules on the BTEC Level 1/2 Certificate.





# FOOTBALL STUDIES BTEC LEVEL 3 EXTENDED DIPLOMA

## KEY PROGRAMME INFORMATION

**Course Length:** 2 years

**Venue:** Preston Campus

**Guided Learning Hours (GLH):** 1080 hours across 2 years

This courses give a good technical training and education providing a vocational alternative to A Levels and the opportunity for successful students to progress to Higher Education. Students are normally aged 16 or over and the following requirements are needed:

**Entry Requirements:** An English GCSE at C (4) or higher plus a minimum of four others at C (4) or higher, including Maths and Science.



## WHAT UNITS WILL YOU STUDY?

**Careers in the Sport and Active Leisure Industry** – Learners will develop an understanding of careers in the sport and active leisure industry. They will gain the skills, knowledge and behaviours needed for employment in the industry.

**Health, Wellbeing and Sport** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Developing Coaching Skills** – Learners will develop their coaching knowledge and skills to help improve others' performance skills, techniques and tactics across a range of sports.

**Applied Coaching Skills** – Learners will develop a coaching programme to improve performance at all levels and for multi-sports.

**Research Project in Sport** – Learners propose and undertake research within a sport context.

**Sport Development** – Learners will explore the principles of sport development, the key agencies involved and provide practical examples of current practice.

**Self-employment in Sport and Physical activity** – Learners will develop knowledge and understanding of self-employment and apply this to develop a self-employment strategy within the context of the sport industry.

**Sports Psychology** – Develops understanding of the psychological dimensions of football and develops techniques to improve sporting performance.

**Fitness Testing** – Provides an understanding of fitness testing and the importance of health screening and health monitoring tests.

**Fitness Training** – Looks at planning fitness training sessions and designing fitness training programmes for football.

**Technical and Tactical skills in Sport** – Enables learners to assess their own and others technical and tactical skills, and plan their own football development.

**Practical Sports Application** – Explores the skills, techniques, tactics and rules of team sports through practical participation.



# FOOTBALL STUDIES

## BTEC LEVEL 3 FOUNDATION DIPLOMA

### KEY PROGRAMME INFORMATION

**Course Length:** 1 year (progresses to top up on BTEC Level 3 Extended Diploma).

**Venue:** Preston Campus

**Guided Learning Hours (GLH):** 540 hours

This courses give a good technical training and education providing a vocational alternative to A Levels and the opportunity for successful students to progress to Higher Education. Students are normally aged 16 or over and the following requirements are needed:

**Entry Requirements:** An English GCSE at C (4) or higher plus a minimum of four others at C (4) or higher, including Maths and Science.

### WHAT UNITS WILL YOU STUDY?

**Careers in the Sport and Active Leisure Industry** – Learners will develop an understanding of careers in the sport and active leisure industry. They will gain the skills, knowledge and behaviours needed for employment in the industry.

**Health, Wellbeing and Sport** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Developing Coaching Skills** – Learners will develop their coaching knowledge and skills to help improve others' performance skills, techniques and tactics across a range of sports.

**Sport Development** – Learners will explore the principles of sport development, the key agencies involved and provide practical examples of current practice.

**Self-employment in Sport and Physical activity** – Learners will develop knowledge and understanding of self-employment and apply this to develop a self-employment strategy within the context of the sport industry.

**Practical Sports Application** – Explores the skills, techniques, tactics and rules of team sports through practical participation.





# FOOTBALL STUDIES BTEC LEVEL 3 DIPLOMA

## KEY PROGRAMME INFORMATION

**Course Length:** 2 years

**Venue:** Preston Campus

**Guided Learning Hours (GLH):** 720 hours across 2 years

This courses give a good technical training and education providing a vocational alternative to A Levels and the opportunity for successful students to progress to Higher Education. Students are normally aged 16 or over and the following requirements are needed:

**Entry Requirements:** An English GCSE at C (4) or higher plus a minimum of three others at C (4) or higher, including Maths or Science.



## WHAT UNITS WILL YOU STUDY?

**Careers in the Sport and Active Leisure Industry** – Learners will develop an understanding of careers in the sport and active leisure industry. They will gain the skills, knowledge and behaviours needed for employment in the industry.

**Health, Wellbeing and Sport** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Developing Coaching Skills** – Learners will develop their coaching knowledge and skills to help improve others' performance skills, techniques and tactics across a range of sports.

**Applied Coaching Skills** – Learners will develop a coaching programme to improve performance at all levels and for multi-sports.

**Sport Development** – Learners will explore the principles of sport development, the key agencies involved and provide practical examples of current practice.

**Self-employment in Sport and Physical activity** – Learners will develop knowledge and understanding of self-employment and apply this to develop a self-employment strategy within the context of the sport industry.

**Practical Sports Application** – Explores the skills, techniques, tactics and rules of team sports through practical participation.

## Myerscough Alumni

# JAKE CONNELLY

Jake was selected to represent the English Colleges FA National Squad at the prestigious 'Roma Caput Mundi' - an annual international football tournament where the best players from across Europe represent their countries at Under-19 level.

Jake has recently completed his BTEC Level 3 Extended Diploma and has progressed onto University whilst also currently playing at Clitheroe FC.





# FOOTBALL STUDIES BTEC LEVEL 3 EXTENDED CERTIFICATE

## KEY PROGRAMME INFORMATION

**Course Length:** 1 year (progresses to top up on BTEC Level 3 Diploma).

**Venue:** Preston Campus

**Guided Learning Hours (GLH):** 360 hours

This courses give a good technical training and education providing a vocational alternative to A Levels and the opportunity for successful students to progress to Higher Education. Students are normally aged 16 or over and the following requirements are needed:

**Entry Requirements:** An English GCSE at C (4) or higher plus a minimum of three others at C (4) or higher, including Maths or Science.

## WHAT UNITS WILL YOU STUDY?

**Careers in the Sport and Active Leisure Industry** – Learners will develop an understanding of careers in the sport and active leisure industry. They will gain the skills, knowledge and behaviours needed for employment in the industry.

**Health, Wellbeing and Sport** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Developing Coaching Skills** – Learners will develop their coaching knowledge and skills to help improve others' performance skills, techniques and tactics across a range of sports.



## Myerscough Alumni

# ALEX KENYON

Alex completed a Level 3 Diploma at Myerscough College before going on to complete a Foundation Degree through UCLAN Myerscough in 2012.

Alex began his career with Everton before spending time with non-league clubs Chorley, Lancaster City and Stockport County. Alex was recently promoted to League 1 with Morecambe FC and before he moved to Scunthorpe Utd FC for the start of the 21/22 season.

"Going to Myerscough College was the best thing that ever happened to me..."



# FOOTBALL STUDIES BTEC LEVEL 1/2 CERTIFICATE

## KEY PROGRAMME INFORMATION

**Course Length:** 1 year (natural progression path is on to BTEC Level 3 Extended Certificate ).

**Venue:** Preston Campus

**Guided Learning Hours (GLH):** 360 hours

This course provides you with a comprehensive introduction to Sport and Football. It is extremely popular with school leavers who wish to combine a practical based training programme with sound theoretical knowledge. The course is designed to give you a broad understanding of football studies, with a view to progressing to one of our Level 3 Diploma courses, or to start work in the sports industry.

**Entry Requirements:** 2 GCSEs at Grade D (3) or equivalent, one must be English Language.

## WHAT UNITS WILL YOU STUDY?

**Principles of Anatomy and Physiology** – Learners will develop an understanding of the key structures of the body, how they function and their importance in relation to sports performance.

**Fitness for Sport** – Learners will explore the importance of physical activity and how this can be effectively developed using training methods and the principles of training.

**Practical Sports Performance** – Learners will develop their coaching knowledge and skills to help improve others' performance skills, techniques and tactics across a range of sports.

**Lifestyle and Well-being** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Training for Personal Fitness** – Learners will explore the principles of sport development, the key agencies involved and provide practical examples of current practice.

**Leading Sports Activities** – Learners will explore the importance of physical activity and wellbeing for different types of participants and suggest ways to improve their physical and mental health status.

**Running a Sports Event** – Learners will explore the skills, required to successfully plan, deliver and review a sports event, with limited tutor support.

**The Mind and Sports Performer** – Learners will examine the role that Psychology plays in both daily life and as an athlete.



## Myerscough Alumni

# RYLAN CASEY

Originally enrolled on a BTEC Level 1/2 in 2016, Rylan has since achieved a BTEC Level 2, a BTEC Level 3 Diploma and is continuing his studies on the Degree programme at UCLAN Myerscough.

In June 2019, Rylan was named vice-captain for the England Deaf National Team, at the European Championships in Greece.



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# Accommodation

ACCOMMODATION  
OPTIONS



# Accommodation

## AN OVERVIEW OF ACCOMMODATION OPTIONS AT MYERSCOUGH COLLEGE

### WHAT WOULD YOUR ACCOMMODATION BE LIKE?

At Myerscough College, all students have the opportunity to live-in whilst they study. We have halls of residence for under and over 18s, provide excellent accommodation facilities and a safe and secure environment for everybody. As well as this, we guarantee a room for all first year students.

Living in at Myerscough whilst attending a full-time course can offer many benefits. Not only does it mean that you can access a College course if you live too far away to travel daily, but it's a great way to meet new friends, partake in additional social and curricular activities and develop and grow in a safe, supportive and secure environment away from home. Studies show that students who live in accommodation have higher success rates than non-residential students.

We offer accommodation for over 600 students in a range of single, twin (under 18s only) and self-catering rooms with shared or en-suite bathrooms in 26 different halls of residence. With 24 hour cover 7 days a week by a team of Residential Support Officers and a dedicated Residential Operations team, you can be sure that you will be well looked after.



### WHAT WOULD THE ACCOMMODATION COSTS BE?

#### Further Education

Below are some of the options and costs associated with each type of accommodation.

Room type	Bathroom	Catering	Yearly fees FE	Available for
Twin	Shared	5	£4,366	Under 18 only
Twin	Shared	7	£5,217	Under 18 only
Single	Shared	5	£4,995	Under/over 18
Single	Shared	7	£5,846	Under/over 18
Single	En-suite	5	£5,772	Under/over 18
Single	En-suite	7	£6,623	Under/over 18

#### Financial Support

Financial support is available for students who have a low household income through the Myerscough College Bursary Fund.



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"Myerscough and Proud"



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# APPLY TODAY

PLEASE CONTACT  
THE TEAM TO  
FIND OUT MORE



VISIT: [WWW.MYERSCOUGH.AC.UK/COURSES/FOOTBALL/](http://WWW.MYERSCOUGH.AC.UK/COURSES/FOOTBALL/)

EMAIL: [DMCCANN@MYERSCOUGH.AC.UK](mailto:DMCCANN@MYERSCOUGH.AC.UK)

CALL: 01995 642222



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[WWW.FACEBOOK.COM/MYERSCOUGHFOOTBALLACADEMY](http://WWW.FACEBOOK.COM/MYERSCOUGHFOOTBALLACADEMY)

PLEASE NOTE THAT THE INFORMATION PROVIDED IN THIS FACT SHEET  
WAS ACCURATE AT THE DATE OF PUBLICATION. HOWEVER,  
PROGRAMMES OF STUDY ARE CONTINUALLY BEING MODIFIED AND  
INFORMATION IS THEREFORE SUBJECT TO CHANGE.