

# Newsletter

Friday 15<sup>th</sup> October  
2021



Penwortham Girls'  
High School

## Important Dates:



25th-29th October  
**Half Term Closure**

17<sup>th</sup> December - **Closure  
for Christmas at 1.30pm**

20th December – 3rd  
January  
**Christmas Closure**

Tuesday 4th January  
**Re-open**



## Music is Back!

The Music department has been filling the corridors of the school with sound once more! What tremendous news this is!

Year 7 students have started learning all about rhythm and have recently been putting their newfound knowledge into practise by performing on the djembes! We know they can't wait to add this to the song they have been learning this week too!

Year 8 students have been learning all about Music from the continent of Africa and you may have heard them singing two catchy songs around the house, 'Si, Si, Si' and 'Babethandaza'. Year 8 have also been mastering their djembe skills, drumming whilst performing and this week, creating their own compositions.

Year 9 students have been learning about Samba music. They have enjoyed creating lots of syncopated polyrhythms whilst trying to focus on maintaining a steady pulse. They too are now creating their own sambas and we look forward to hearing them next week.

## Year 7 Brass!

Earlier in the term, Year 7 students had a fantastic assembly with Mr Crane, our brass teacher who, along with Mrs Cattanach and Isabel in Year 10, entertained the students with a number of pieces. Students learnt the difference between the cornet, euphonium and trombone and were able to hear each of the different instruments in turn. Year 7 students were then encouraged to sign up to try out these instruments with Mr Crane. There was a long list of keen and eager students and Mr Crane is working his way through these on a Monday morning when he is in school.

If your daughter would like to learn a brass instrument, or indeed any other instrument, please complete the form on the school webpage:

<https://www.penworthamgirls.lancs.sch.uk/curriculum-information/music2/music-tuition/>



Artsmark  
Gold Award  
Awarded by Arts  
Council England

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## National Youth Jazz Orchestra

Yesterday, we were lucky enough to be joined by Joe Brown and two members of the National Youth Jazz Orchestra. A number of Year 9, 10 and 11 students were able to take part in a fantastic Jazz workshop which enabled students to develop their improvisation skills whilst learning two Jazz standards. There wasn't a page of sheet music in sight as all students were playing their notes from memory and joining in with the riffs that they had just learnt. Music was echoing around the corridors of school and it was a joy to be able to engage in workshops such as this again. A big thank you to Lancashire Music Service for sponsoring this event and providing our students with this opportunity.



Students who enjoyed the session today, or indeed any young musician you know, is able to join in a follow up event on Saturday. It would be great if as many students as possible could go along. Please see the details below:

### Lancashire NYJO Regional Academy

Saturday 16 October 10am – 3.30pm  
Archbishop Temple High School, Preston PR2 8RA

Come and work alongside some of the UK's finest jazz musicians. The sessions will mainly focus on small band and improvisation skills and caters for both intermediate and more advanced musicians - we welcome any instrument. To get the most out of this opportunity, we would recommend you are a minimum of grade 3/4 standard on your instrument (this is only a guide and recognise that many musicians don't take formal exams). The sessions are currently offered FREE of charge but booking is essential:

<https://www.eventbrite.co.uk/e/lancashire-nyjo-regional-academy-october-2021-tickets-190475175377>

*Mrs Cattnach, Curriculum Leader for Music*



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## Extra-curricular Activities

After experiencing 18 months of restricted PE lessons and extra-curricular clubs due to COVID, we have been delighted to start our 'traditional' extra-curricular programme this half term. We have certainly missed the buzz and excitement that fixtures and clubs bring to our department. Participation rates in all clubs have been extremely high which we hope will continue to grow over the year ahead. This week we welcomed Leyland St Mary's Y10 Netball team to PGHS to play our first fixture in over 18 months! The PGHS Y10 Netball team won 19-8 with Lola U being awarded the 'oppositions player of the game'. A fantastic achievement by the whole team! I'm sure they have started our winning streak for our other year groups. The rest of our fixtures continue after the October half term and the Christmas holidays. We can't wait to see our girls shine in a competitive situation and we will certainly keep you all updated with our successes.

If you have not yet joined a PE club and would like to, please refer to the extra-curricular timetable below. We would love to see as many of our students participating as possible. Remember, attending extra-curricular clubs help you achieve your passport to success!

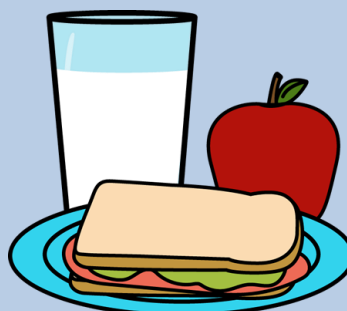
<div>  <b>Penwortham Girls' High School Extra-Curricular Programme</b>  </div>					
When?	Monday:	Tuesday:	Wednesday:	Thursday:	Friday:
Lunch Time (12:45-1:10)	All years Table Tennis Gym MSH  All years Basketball Courts KFI	Cross Country Courts MSH  Sportshall Athletics Gym KFI	Y11 GCSE Dance Dance Studio SNA  Y7 & Y8 Cheer Gym RSI	All years Badminton Gym MSH  Ultimate Frisbee Courts SNA	All years Multi-sport Gym KFI  Y10 Dance Dance Studio SNA
After School (3:30-4:30)	All Years Netball Courts SNA, MSH & KFI	Y7 & Y8 Dance Club Dance Studio SNA  All years Handball Courts MSH  All years Badminton Gym KFI	Y9 & Y10 Team Cheer Hall RSI  All Years Football Courts KFI  All years Gymnastics Gym MSH	<b><u>NO CLUBS DUE TO STAFF TRAINING</u></b>	

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## Lunch Menu Week Commencing 18<sup>th</sup> October (Week 3)



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Traditional Choice Meal Deal</b>	Pork or Veggie Sausages with Onion Gravy Creamy Mashed Potatoes Broccoli Florets & Carrot Batons	Steak Pie with Baby Baked Potatoes & Mixed Vegetable Medley	Roast of the Day with Traditional Trimmings Roast & Mashed Potatoes & Seasonal Vegetables	British Beef Burger with Crispy Paprika Potatoes & BBQ Beans	Crispy Battered Fillet of Fish with Chips & Mushy Peas
<b>Global Choice Meal Deal</b>	Southern Fried Chicken & Garlic Mayo Wrap with Cajun Potato Wedges & Tomato Salsa	Vegetable & Sweet Potato Biryani with Coriander Naan	Beef Lasagne with Garlic Bread & Green Leaf Salad	Thai Chicken Curry with Lemon & Coriander Rice	Homemade Margherita Pizza with Chips & Mixed Salad
<b>Vegetarian Choice Meal Deal</b>	Macaroni & Cheese Bake with Garlic Dough Balls & Broccoli Florets	Cheese & Red Onion Quiche with Baby Baked Potatoes Mixed Salad & Coleslaw	Sweet Chilli Vegetables with Soft Egg Noodles & Veggie Spring Rolls	Veggie Meatballs with Creamy Peppered Sauce Crispy Paprika Potatoes Fine Green Beans & Carrot Batons	Penne Arrabbiata with Garlic Dough Balls & Green Leaf Salad
<b>Meal Deal Sandwich or Baked Potato</b>	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad
<b>Desserts of the Day</b>	Lemon & Courgette Cake	Fruit Jelly & Ice Cream	Toffee Apple Sponge & Custard	Summer Fruit Fool & Biscuit Crunch	Paris Slice
	Flapjack	Raspberry Bun	Cherry Shortbread	Chocolate Cookie	Chocolate Muffin
	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt

# Newsletter

Friday 15<sup>th</sup> October  
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Penwortham Girls'  
High School

breakfast and morning break

## Your menu

**Cereals & Fresh Milk** 60p

Hot Buttered Toast 25p

Buttered Crumpet 40p

¼ Plain Bagel 40p

Fruit Teacake 40p

Boiled/ Scrambled or Poached Egg 35p

Egg/ Beans or Cheese on Toast 70p

Baked Hash Brown 40p

Sausage Barm £1.20

**Pizza and Garlic Bread (morning break only)**

Freshly Baked Pizza £1.00	Freshly Baked Pizza with Topping (1/2 Portion) 70p
Freshly Baked Pizza (1/2 Portion) 60p	Homemade Garlic Bread 70p
Freshly Baked Pizza with Topping £1.15	Homemade Cheesy/ Tomato Garlic Bread 75p

**Drinks**

Tea 40p

Coffee 50p

Hot Chocolate 50p

Fruit Juice from 65p

**Extras**

Fruit Yoghurt 45p

Frozen Yoghurt or Smoothie 50p

Piece of Fresh Fruit 30p

Fresh Fruit Bags/ Fruit Salad 70p

Large Fresh Fruit Salad £1.00

Sauce Sachet from 10p

Flora Portion 15p

faster fresher fitter

**Lancashire**

County Council

www.lancashire.gov.uk

cold deli

## Your menu

**Freshly Made Sandwiches**

Regular Range - Plain Egg, Cheese, Ham, Tuna £1.20

Premium Range - Any other Fillings £1.70

Filled Baguettes, Wraps and Speciality Breads £1.95

Add Salad to any of the above 15p

Pasta Salad Pots from £1.20

Fresh Salad Pots from £1.20

Plated Salads from £1.55

\* Please see separate tariff for our speciality range of sandwiches

**Drinks**

Galypso Aquajuce 330ml 75p

Galypso Aquajuce Carton 200ml 50p

Milk Carton 250ml 45p

Fruit Slush 70p

Fair Trade Fruit Juice Carton 200ml 70p

Water 330ml 65p

Water 500ml 80p

Radnor Fruit Still Water 90p

Radnor Fruit Fizz 75p

Tropicana Fruit Juice 150ml 95p

Tea 40p

Coffee 50p

Hot Chocolate 50p

**Sandwich Meal Deal**

Add up to 3 pick and mix items to enjoy a great value meal deal!

only £2.30

**deserts**

**Cookies / Cakes and Desserts**

Home Produced Cakes, Flapjack and Energy Bar 80p

Home Produced Cookies 40p

Hot Dessert of the Day with Sauce 75p

**Extras**

Fruit Yoghurt 45p

Frozen Yoghurt/Smoothie 50p

Piece of Fresh Fruit 30p

Fresh Fruit Bags/Fruit Salad 70p

Large Fresh Fruit Salad £1.00

Sauce Sachet from 10p

Flora Portion 15p

faster fresher fitter

**Lancashire**

County Council

www.lancashire.gov.uk

hot counter

## Your menu

**Main Meals**

Served with Accompaniments

only £2.00

**Main Meal Deal**

Served with Hot Dessert and Sauce or Piece of Fruit of Yoghurt or Carton of Juicy Water

only £2.30

Crispy Battered Fish £1.20

Baked Fishcakes x2 £1.20

Fish Fingers x3 £1.20

Veggie Burger £1.00

Meat Free Sausages x2 £1.00

Freshly Baked Omelette £1.00

Homemade Soup 7oz with Crusty Bread 65p

Homemade Soup 12oz with Crusty Bread 90p

Baked Jacket 75p

Baked Jacket with 1 filling from £1.00

Baked Jacket with 2 fillings from £1.50

hot deli

**Snacks to Go**

Burger in a Bun £1.80

Hot Sandwiches and Filled Panini from £2.00

Hot Baguettes and Wraps £2.00

Homemade Margherita Pizza £1.00

Add Extra Toppings from 15p

Homemade Garlic and Herb Bread 70p

Homemade Garlic and Herb Bread ¼ Portion 40p

Homemade Cheesy/ Tomato Garlic Bread 75p

**Extras**

Chips/Fries/Wedges/ Hash Browns £1.10

All Other Potato Choices 65p

Fresh Vegetables/Side Salads/Baked Beans 45p

Rice/Pasta/Noodles 65p

faster fresher fitter

**Lancashire**

County Council


www.lancashire.gov.uk

# Newsletter

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Penwortham Girls'  
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Natasha's Law

**Changes to your Catering Service**


There may be some changes to the way that some food is packaged and served.




Some menu items will now have a label on them with the full ingredients list and **allergens** in bold. These are called 'prepacked for direct sale'.

Hot meal counter service will not include any pre-pack items for direct sale, therefore existing allergen and intolerance controls will remain in place

Please talk to your catering team if you have any questions or concerns about allergens and intolerances

 @LancsCatering

Thank you.

**Lancashire**  
County  
Council 

[www.lancashire.gov.uk/catering](http://www.lancashire.gov.uk/catering)

## Emotional Wellbeing Resources

Below are links to videos and resources created for parents/ caregivers on the topics, 'What is Mental Health?' and "Promoting Resilience in Children and Young People". These are the first two videos, in a series of videos that Lancashire EHSCS will be releasing over the next month.

<https://wp.lancs.ac.uk/lehsc/resources-for-parents/>

The videos will hopefully give parents some understanding and some tips and advice on how to support their children with their emotional wellbeing.

*Lancashire Emotional Health in Schools and Colleges Service*

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## Head's Breakfast

Evelyn W (Year 7), Aysha M (Year 8), Grace B (Year 8), Poppy M (Year 7)

Well done for solving 'Mr McVeys Mysterious Maths puzzle' from the weekly newsletter.

Eleanor R (Year 10)

Eleanor has demonstrated real ambition in terms of her success in English. Following on from a lesson on structure, Eleanor took it upon herself to take her learning further and produced an outstanding piece of analysis on the structure of a text.

Tia W (Year 7), Jessica O (Year 7), Libby H (Year 7), Sophie F (Year 7), Martha F (Year 7)

A fantastic debate in front of their year group. Well done, girls! (English)

Neve G (Year 9)

A fantastic speech written all about the environmental impact of metals and plastics. Well done! (Technology)

## Head's Commendations

Carly W and Maisy E (Year 8)

An excellent bee friendly garden design (Science)

Madiha B, Erika J, Fatima Z K and Freya W (Year 9)

For completing an amazing poster for the European Day of Languages competition. Well done for your hard work!

Vidhya P (Year 8)

For completing an amazing poster for the European Day of Languages competition. Well done for all your hard work!

Helena M, Saniya S, Tia W (Year 7)

For completing an amazing poster for the European Day of Languages competition. Well done!

India A, Sea B, Imogen C, Vanika M, Heather P, Hannah T, Sai K, Jennah K (Year 9)

Superb performance in the Year 9 debate.

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## Sports, Clubs & Societies – Year 7

YEAR 7 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Geography society Rm 39 GBO  Cooking society Rm 23 SSC  Computing society Rm 50 JBE  Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO  BEDROCK CLUB Library CWO & DSN	Choir Rm 11 VLI  Athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE club Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO  Soroptimists Rm 30 MBR  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Cheer Gym RSN  Circle time * Rm 6 DEM  BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA  Badminton Gym MSH  Ultimate frisbee Courts SNA  Hw Club * Rm 35 LVE  Mfl spelling bee Rm 26 CGE	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  History society Rm 37 JBR  Multi-sport Gym KFI  Craft society Rm 1 DEM & RLU MINDFULNESS CLUB* Rm 6 KMG
AFTER SCHOOL	DRAMA SOCIETY Hall AGA & GST  STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	DANCE CLUB Dance studio SNA  HANDBALL Courts MSH  BADMINTON Gym KFI	GYMNASTICS Gym MSH  FOOTBALL Courts KFI	HOCKEY Courts RWO  CRICKET TBC	

\* INVITE ONLY

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## Sports, Clubs & Societies – Year 8

YEAR 8 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Computing society Rm 50 JBE  Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO  BEDROCK CLUB Library CWO & DSN	athletics Gym KFI  Cross country Courts MSH  Circle time * Rm 1 NBY  Brass Group Rm 15 ACA  DEBATE CLUB Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Science club Rm 47 GFO  Soroptimists Rm 30 MBR  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Cheer Gym RSN  BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA  Badminton Gym MSH  Ultimate frisbee Courts SNA  Hw Club * Rm 35 LVE  Choir Rm 15 VLI	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  History society Rm 37 JBR  Multi-sport Gym KFI  Craft society Rm 1 DEM & RLU  BOOK CLUB Rm 4 DSN  MINDFULNESS CLUB* Rm 6 KMG
AFTER SCHOOL	DRAMA SOCIETY Hall AGA & GST  STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	DANCE CLUB Dance studio SNA  HANDBALL Courts MSH  BADMINTON Gym KFI	GYMNASTICS Gym MSH  FOOTBALL Courts KFI	HOCKEY Courts RWO  CRICKET TBC	

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## Sports, Clubs & Societies – Year 9

YEAR 9 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH  BASKETBALL Courts KFI  Circle time * Rm 6 LDA  Product design Rm 36 LGO  BEDROCK CLUB Library CWO & DSN	athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE CLUB Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Soroptimists Rm 30 MBR  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA  Badminton Gym MSH  Ultimate frisbee Courts SNA  Hw Club * Rm 35 LVE  Choir Rm 15 VLI  ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  History society Rm 37 JBR  Multi-sport Gym KFI  DANCE Dance Studio SNA  BOOK CLUB Rm 4 DSN  MINDFULNESS CLUB* Rm 6 KMG
AFTER SCHOOL	DRAMA SOCIETY Hall AGA & GST  STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH  BADMINTON Gym KFI	GYMNASTICS Gym MSH  Cooking society Rm 23 SSC  TEAM CHEER Hall RSN  FOOTBALL Courts KFI	HOCKEY Courts RWO  CRICKET TBC	

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## Sports, Clubs & Societies – Year 10

YEAR 10 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO  BEDROCK CLUB Library CWO & DSN  Study room* Rm 11 SIB & LRI	athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE CLUB Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS  Poet laureate Rm 5 GST	Soroptimists Rm 30 MBR  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Hw Club * Rm 35 SPK  BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA  Badminton Gym MSH  Ultimate frisbee Courts SNA  Choir Rm 15 VLI  ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  Multi-sport Gym KFI  DANCE Dance Studio SNA  Study room* Rm 11 SIB & LRI  MINDFULNESS CLUB* Rm 6 KMG
AFTER SCHOOL	DRAMA SOCIETY Hall AGA & GST  STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH  BADMINTON Gym KFI  TEXTILES Rm 34 RFR  Product design Rm 36 LGO	GYMNASTICS Gym MSH  Ks4 Art society Rm 52 LGE  TEAM CHEER Hall RSN  FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW  HOCKEY Courts RWO  CRICKET TBC	Ks4 PHOTOGRAPHY society Rm 53 GMO

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## Sports, Clubs & Societies – Year 11

YEAR 11 SPORTS, CLUBS AND SOCIETIES					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING</b>	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
<b>LUNCH</b>	Table tennis Gym MSH  BASKETBALL Courts KFI  Product design Rm 36 LGO  BEDROCK CLUB Library CWO & DSN  Study room* Rm 11 SIB & LRI	athletics Gym KFI  Cross country Courts MSH  Brass Group Rm 15 ACA  DEBATE CLUB Rm 1 CWO  MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Soroptimists Rm 30 MBR  Keyboard/Ukulele club Rm 15 ACA  French and German film society Rm 26 KGI  Hw Club * Rm 35 SPK  GCSE Dance Dance Studio SNA  BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA  Badminton Gym MSH  Ultimate frisbee Courts SNA  Choir Rm 15 VLI  ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA  Orchestra Rm 15 ACA  Multi-sport Gym KFI  Study room* Rm 11 SIB & LRI  MINDFULNESS CLUB* Rm 6 KMG
<b>AFTER SCHOOL</b>	DRAMA SOCIETY Hall AGA & GST  STEM Rm 34 RFR/PDE/SCH  NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH  BADMINTON Gym KFI  TEXTILES Rm 34 RFR	GYMNASTICS Gym MSH  Ks4 Art society Rm 52 GMO  FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW  HOCKEY Courts RWO  CRICKET TBC	Ks4 PHOTOGRAPHY society Rm 53 GMO

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Penwortham Girls'  
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**CARDINAL  
NEWMAN  
COLLEGE**

**OPEN  
EVENTS**

**16 OCT  
& 13 NOV**

**REGISTER ONLINE AT  
[CARDINALNEWMAN.AC.UK](http://CARDINALNEWMAN.AC.UK)**

**CARDINAL  
NEWMAN  
COLLEGE**

**OPEN EVENT  
13 NOVEMBER  
10AM - 1PM**

**REGISTRATION FOR THE OPEN EVENT WILL  
GO LIVE ON 18 OCTOBER SCAN THE QR CODE  
FOR MORE INFORMATION**



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Penwortham Girls'  
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**PRESTON**  
COLLEGE

**YEAR 10 & 11**  
**OPEN EVENTS**

**VISIT OUR CAMPUS**  
**SPEAK TO TUTORS**  
**SEE THE FACILITIES**

## **DATES & TIMES**

**Wednesday 6th October**  
**4-7pm**

**Saturday 6th November**  
**10am-2pm**

**Wednesday 9th March**  
**4-7pm**

## **VISIT**

**[www.preston.ac.uk](http://www.preston.ac.uk)**

- > Register for events
- > Apply online
- > Get college updates



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Penwortham Girls'  
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Discover your career in the NHS and  
Care with our new website

**nhscareersnw.co.uk**

**Your future at the NHS and Care starts here!**

Are you a student looking for Work Experience,  
Placement, Virtual events or Volunteering opportunities  
to support your career choice?



Whatever your skills, qualifications or interests, there is a career for you with us. You could work directly with patients, in hospitals, within an Ambulance Service, or in the Community.

**Log in to explore the many different opportunities available to you.**



# Newsletter

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Penwortham Girls'  
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**RUNSHAW COLLEGE**

**Your Future Starts Now!**

- Inspirational Teaching**
- Outstanding Progression**
- Beautiful Campus**
- Academies in every subject**
- Progress Mentor:** to look after your well-being
- Industry Placement** opportunities for every student

**Autumn Open Events at our Leyland Campus**

Thursday **14th October** 3.30pm- 7.30pm  
Tuesday **23rd November** 3.30pm- 7.30pm

[runshaw.ac.uk/openevent](https://runshaw.ac.uk/openevent)

**Myerscough College**  
INSPIRING EXCELLENCE

**Course Advice Dates 2021**

- Sat 2 Oct** 10am - 12:30pm
- Tues 12 Oct (Virtual)** 7pm - 8pm
- Sat 6 Nov** 10am - 12:30pm
- Tues 16 Nov (Virtual)** 7pm - 8pm
- Sat 4 Dec** 10am - 12:30pm

**The North-West centre for land-based, sport, engineering and science education**