# Friday 8<sup>th</sup> October 2021



**Bienvenue/Willkommen** 

### Penwortham Girls' High School

#### **Important Dates:**



8th October INSET DAY

25th-29th October Half Term Closure

#### 17<sup>th</sup> December - Closure for Christmas at 1.30pm

20th December – 3rd January Christmas Closure

Tuesday 4th January Re-open



**MODERN FOREIGN** 

LANGUAGES

Welcome to our World of Languages and what a busy first few weeks we have had in the languages department for the start of the year. In class, we have spent quite a lot of our time setting all our students up on Quizlet, Duo Lingo and Active Learn. These are such useful apps and websites to further your language learning and discover the culture of France and Germany even more. Alongside this, we have been busy celebrating the main event in the languages calendar, 'The European Day of Languages'.

Ofsted Outstanding Provider





TED KINGDOM



Equality Badge

Quizlet





duolingo

Artsmark Gold Award Awarded by Arts Council England

# Friday 8<sup>th</sup> October 2021



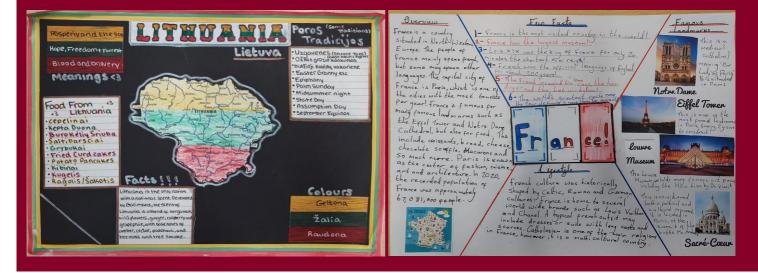
### Penwortham Girls' High School

#### **European Day of Languages**

Every year on 26th September, the European Day of Languages is celebrated. It is a day where people in Europe can celebrate all the diverse languages and cultures across the world. It was great to be able to deliver an assembly to all our year groups throughout the week. The highlight of these assemblies were my 6 linguists who all told their audience about our 6 school values in a different language. We had French, German, Urdu, Arabic and Swedish – how amazing was that? The European Day of Languages is a day to celebrate all the languages that we can learn, enjoy listening to and speaking them. This year, we celebrated by greeting our students in a new language and students were able to greet their teacher back in a different language. There were lots of 'Moy Moy' (Finnish), Buenos días (Spanish) and Ahój (Czech) across the school and students also practised these in their MFL lessons. The school staff also wore a badge to represent a country and students were tasked with finding out which country they represented and why. We also had a languages form quiz where forms competed against each other with questions based on different languages and countries. The results will be announced next week and there will be a winner in each year group. Watch this space!

To celebrate European Day of Languages 2021, KS3 have produced some amazing posters which have been entered into our competition. Years 7, 8 and 9 were challenged to choose a country and produce a poster detailing the culture and language of that country. We were inundated with entries to our poster competition and I have genuinely never seen such a high quality of entries in all my years of teaching - deciding on winners was almost impossible! We have loved hearing everyone's reasons for choosing their country. Some chose a country with a personal connection, some chose a country they been lucky enough to visit on holiday and others chose countries whose food or culture interests them. There has been some incredible work produced. Here are some of our shortlisted entries and our winners will be announced next week. Well done and good luck! A huge thank you to everyone that entered, the standard was very high. All the work will be displayed in our hall for all to see.

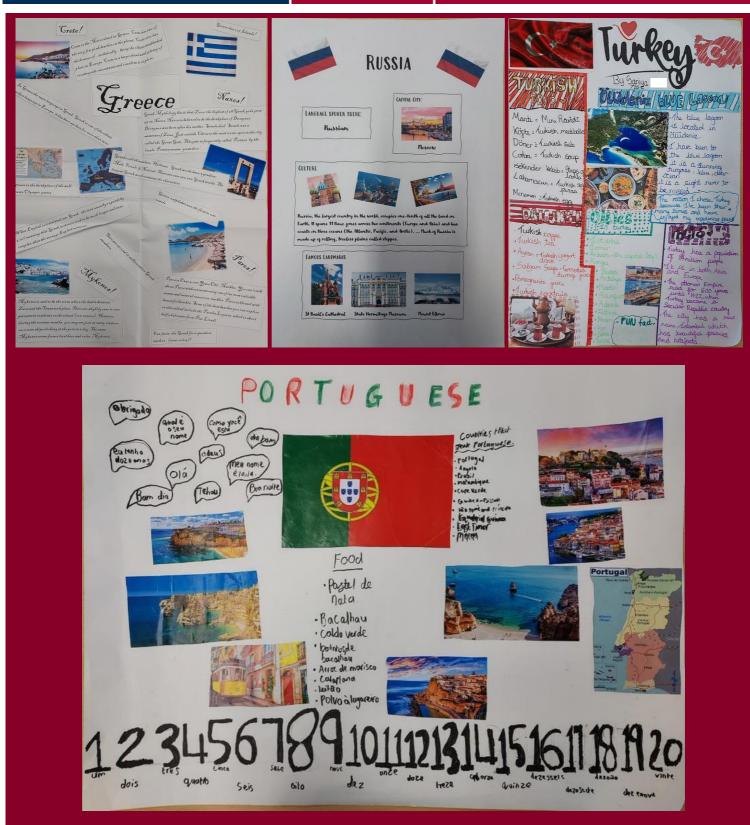
#### Frau Gelder



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### Friday 8<sup>th</sup> October 2021



### Penwortham Girls' High School

#### **Celebrations**

There are already many reasons to celebrate this first half term in the languages department and not just the European Day of Languages. We have had lots of fun working on our Quizlet flashcard sets. This year we have continued our use of Quizlet to practise and help our students with their vocabulary learning. Quizlet is a fantastic tool to make flashcards and practise vocabulary in a fun way. Just 10 minutes a day can make a huge difference to learning and Quizlet makes learning fun. Each week, our classes have vocabulary uploaded and it allows our girls to compete in a tournament to be the quickest at match up but also the most accurate in the quiz. We have also launched our active learn website which gives our students access to reading, listening and vocabulary tasks linked to our schemes of work. If you don't have logins for Quizlet and Active Learn, please email k.gill@penworthamgirls.lancs.sch.uk

Year 7 have enjoyed learning how to greet each other, give their name, age and say where they live. They have also learnt the German alphabet and even took their learning home to teach someone at home the German alphabet. Lots of family members have enjoyed the teaching you have done, girls! Well done! Some Year 8 girls have started their learning journey in French and are really enjoying learning about greeting people, numbers and talking about family members. They have made amazing progress in such a short space of time. Keep up the good work!

#### Plans for the year

We look forward to next half term when we will be learning all about the cultural events surrounding Christmas in France and Germany. There will be lots of activities to take part in to learn about how the festive period is celebrated in France and Germany.

#### Language and Literature Festival

Next week marks the start of our two-week language and literature festival and we have a huge amount of exciting activities planned for this fortnight in the languages department. Year 7s will get the chance to start our Year 7 Spelling Bee competition, which is a national competition that takes places during the year and aims to find the best German spelling bees in the country. We have some amazing linguists this year who I am sure will enjoy getting involved in our lunchtime club to practise ready for the regional competition and see how many German words they can spell in a minute. Could you be the next Spelling Bee Champion to take on our local high schools? We will also be launching our bake off within the MFL department for all year groups. Can you produce the best language-based cake for our competition? We will also begin the process of writing letters to our French and German partner schools which I am really looking forward to. How exciting to get to know our French and German students in our partner schools!

Our French and German film clubs have also launched this week and gives you the chance to come along and enjoy a German or French film in our language department. This week, we showed 'Ostwind' and 'Le Petit Nicolas'. They will show for the next two weeks. After half term we will have a new film before we start on our Christmas French and German films. Come along and enjoy our films eating popcorn with your friends!

Frau Gill

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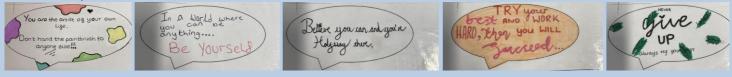


### Penwortham Girls' High School

### **Life Skills**

Life Skills has got off to an excellent start this academic year with students enjoying new resources and curriculum design.

All students have been asked to put a positive affirmation on the front of their books. Here are just some of the wonderful quotes.



Year 7 have started Life Skills at PGHS looking at the transition to secondary school, values and personality, identity and worries.

<u>**7GST**</u> recently had a meaningful whole class discussion about all of the worries that come with a new school. They shared their own feelings and emotions about it and gave some sound advice to each other. They also explored their thoughts and feelings on other things that would worry them and how best to deal with this.

### **Ask Erica**

Dear Erica

I don't like it when I have to give a speech to the rest of the class. Anthony

Erica says: It's natural to feel a bit anxious when there is pressure on you to do something you'd rather not do. But you'd be surprised to know that even the most experienced speakers get nervous before talking to an audience. Try to look calm and confident even though you don't feel it, and tell yourself that you can cope.

Dear Erica I get tongue-tied when I meet friends of my parents. Esure

Erica says: It can be difficult when you meet people you've never met before. Prepare some phrases that you can use like, 'Did you have a good journey?', 'Have you come far?' 'I'm very pleased to meet you.' Make 'small talk' to break the ice.

#### Personal wellbeing and mental health

Dear Erica I can't bear it when I make a mistake and everyone laughs at me.

Jared

Erica says: Don't worry! We all make mistakes, including the people who are laughing at you. Whatever you've done, try to see the funny side. If you can laugh at yourself, you can make the mistake less embarrassing.

#### Dear Erica

When I go into a room full of people I feel as if everyone is looking at me and judging me by how I look. Veronica

Erica says: You may briefly be the centre of attention, but the chances are that you think more people are looking at you than actually are. The people are probably involved in conversations and, although they may glance in your direction, it will only be briefly.

Dear Erica

I'm embarrassed when people say things like, 'Haven't you grown', and 'I remember you when you were a baby'. *Robyn* 

#### DISCUSS

Think about each of the people who have written to Erica. Discuss the questions below.

- 1. Can you understand why they feel anxious and self-conscious?
- 2. Do you think Erica gives good advice?
- 3. What further advice would you give them?

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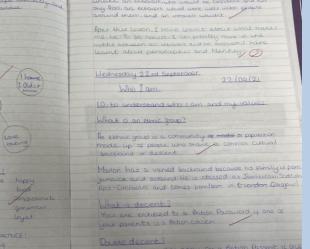
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**7RCH** recently explored factors that shape your personality and identity. They also looked at ethnic backgrounds and descent. Unaysah P has produced some excellent work on this.

Year 11 students have been looking at finances in order to prepare them for when they become financially dependent. They learnt about tax, national insurance and different types of employment contracts. They practised producing budgets using fixed and variable costs. They are now looking at consumer rights and the ethics of the fashion industry before moving on to advertising. There have been plenty of discussions and reflection. Here is an example of work covered in the budgeting lesson.

After half term, I will be looking to restart parental engagement and would like to set up a group with members past and present. Please look out for another parental survey and invite. I would also encourage you to look at the Life Skills section of the school website to see the content that will be covered this academic year. At various points, I will send out a Parentmail with topics that you may wish to discuss further at home with sources of guidance and support. This will be in advance of the topic being covered in class. Any questions, please email me at r.cahill@penworthamgirls.lancs.sch.uk





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Income	-2550 rent -265 gos & electric	brands
£1.500 per		· Walk to work
Salary.	- £27.50 water	
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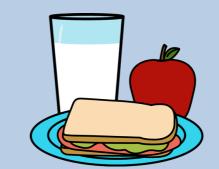
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Penwortham Girls' High School

### Lunch Menu Week Commencing 11<sup>th</sup> October (Week 2)





Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Choice Meal Deal	Pork Meatballs with Creamy Peppered Sauce Crispy Paprika Potatoes Fine Green Beans & Carrot Batons	Chunky Fish Fingers with Herby Potatoes Mixed Vegetable Medley & Lemon Mayonnaise	Roast of the Day with Traditional Trimmings Roast & Mashed Potatoes & Seasonal Vegetables	Ploughman's Pie with Creamy Mashed Potatoes Broccoli Florets & Carrot Batons	Crispy Battered Fillet of Fish with Chips & Mushy Peas
Global Choice Meal Deal	BBQ Chicken Flatbread with Crispy Paprika Potatoes Homemade Coleslaw & Mixed Salad	Beef Madras Curry with Turmeric Rice & Coriander Naan	Chicken & Leek Lasagne with Garlic Bread & Green Leaf Salad	Seafood Paella with Green Leaf Salad & Crusty Bread	Homemade Cheese & Tomato Calzone Pízza with Chips & Mixed Salad
Vegetarian Choice Meal Deal	Vegetarian Chilli Tortilla Basket with Mixed Rice	Cheddar Cheese Whirl with Herby Potatoes & Baked Beans	Vegetarian Sausages with Yorkshire Pudding Roast & Mashed Potatoes & Seasonal Vegetables	Tomato & Mascarpone Pasta with Roasted Vegetables & Garlic Dough Balls	Vegetable Korma Curry with Turmeric Rice & Coriander Naan
Meal Deal Sandwich or Baked Potato	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad	Choice of Hot or Cold filled Sandwich or Choice of filled Baked Jacket Potato with Mixed Salad
Desserts of the Day	Carrot & Orange Cake	Summer Fruit Crumble & Ice Cream	Jam & Coconut Sponge & Custard	Seasonal Berry Eton Mess	Chocolate Brownie & Chocolate Sauce
	Chocolate Cookie	Lemon Muffin	Ginger Cookie	Chocolate Muffin	Banana Flapjack
	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt	Fresh Fruit or Fruit Yoghurt

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### Penwortham Girls' High School







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Natasha's Law

#### **Changes to your Catering Service**

There may be some changes to the way that some food is packaged and served.



Some menu items will now have a label on them with the full ingredients list and **allergens** in bold. These are called 'prepacked for direct sale'.

Hot meal counter service will not include any pre-pack items for direct sale, therefore existing allergen and intolerance controls will remain in place

Please talk to your catering team if you have any questions or concerns about allergens and intolerances



Thank you.



www.lancahire.gov.uk/catering

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### Penwortham Girls' High School

### Head's Breakfast

Eleanor R (Year 10)

Eleanor has demonstrated real ambition in terms of her success in English. Following on from a lesson on structure, Eleanor took it upon herself to take her learning further and produced an outstanding piece of analysis on the structure of a text. (English)

### **Head's Commendations**

<u>Vritika S (Year 7)</u> Outstanding effort put into 'prayer flag' homework. (RE)

<u>Sian K (Year 7)</u> Outstanding effort put into 'prayer flag' homework. (RE)

<u>Martha F (7)</u> Outstanding effort put into 'prayer flag' homework. (RE)

<u>Amber R (Year 10)</u> A fantastic start to GCSE German, always working hard, committed to having a deeper understanding of the German grammar and consistently striving to do her best. (MFL)

<u>Grace T (Year 10)</u> A fantastic start to GCSE German, always working hard, committed to having a deeper understanding of the German grammar and consistently striving to do her best. (MFL)

<u>Hannah B (Year 9)</u> An awesome lesson on world biomes. Very well researched and written in a clear and detailed way. Well done, Hannah! (Geography)

<u>Jemima B (Year 9)</u> A fantastic research homework on the tundra biome. Well researched, detailed and well written. (Geography)



### Penwortham Girls' High School

### Sports, Clubs & Societies – Year 7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
	Geography society Rm 39 GBO Cooking society	Choir Rm 11 VLI Athletics	Science club Rm 47 GFO Soroptimists	Woodwind group Rm 15 ACA Badminton	Chess society Rm 39 BWA Orchestra
Lunch	Rm 23 SSC Computing society Rm 50 JBE Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO BEDROCK CLUB Library CWO & DSN	Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE club Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Rm 30 MBR Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Cheer Gym RSN Circle time * Rm 6 DEM BEDROCK CLUB Library CWO & DSN	Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Mfl spelling bee Rm 26 CGE	Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI Craft society Rm 1 DEM & RLU MINDFULNESS CLUB Rm 6 KMG
AFTER School	DRAMA SOCIETY Hall AGA & GST STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	DANCE CLUB Dance studio SNA HANDBALL Courts MSH BADMINTON Gym KFi	GYMNASTICS Gym MSH FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

\* INVITE ONLY



### Penwortham Girls' High School

### Sports, Clubs & Societies – Year 8

YEAR 8 SPORTS, CLUBS AND SOCIETIES							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday		
Morning	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room • Rm 7 AHA		
	Computing society Rm 50 JBE	athletics Gym KFI	Science club Rm 47 GFO	Woodwind group Rm 15 ACA	Chess society Rm 39 BWA		
	Table tennis Gym MSH	Cross country Courts MSH	Soroptimists Rm 30 MBR	Badminton Gym MSH	Orchestra Rm 15 ACA		
	BASKETBALL Courts KFI	Circle time * Rm 1 NBY	Keyboard/Ukulele club Rm 15 ACA	Ultimate frisbee Courts SNA	History society Rm 37 JBR		
LUNCH	Product design Rm 36 LGO	Brass Group Rm 15 ACA	French and German film society	Hw Club * Rm 35 LVE	Multi-sport Gym KFI		
	BEDROCK CLUB Library CWO & DSN	DEBATE CLUB Rm 1 CWO	Rm 26 KGI Cheer	Choir Rm 15 VLI	Craft society Rm 1 DEM & RLU		
		MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Gym RSN BEDROCK CLUB		BOOK CLUB Rm 4 DSN		
			Library CWO & DSN		MINDFULNESS CLUB* Rm 6 KMG		
	DRAMA SOCIETY Hall AGA & GST	DANCE CLUB Dance studio SNA	GYMNASTICS Gym MSH	HOCKEY Courts RWO			
AFTER School	STEM Rm 34 RFR/PDE/SCH	HANDBALL Courts MSH	FOOTBALL Courts KFI	CRICKET TBC			
	NETBALL Courts SNA, MSH & KFI	BADMINTON Gym KFI					

\* INVITE ONLY



Penwortham Girls' High School

### Sports, Clubs & Societies – Year 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Circle time * Rm 6 LDA Product design Rm 36 LGO BEDROCK CLUB Library CWO & DSN	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Soroptimists Rm 30 MBR Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA Badminton Gym MSH Ultimate frisbee Courts SNA Hw Club * Rm 35 LVE Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA History society Rm 37 JBR Multi-sport Gym KFI DANCE Dance Studio SNA BOOK CLUB Rm 4 DSN MINDFULNESS CLUB* Rm 6 KMG
AFTER School	DRAMA SOCIETY Hall AGA & GST STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH BADMINTON Gym KFI	GYMNASTICS Gym MSH Cooking society Rm 23 SSC TEAM CHEER Hall RSN FOOTBALL Courts KFI	HOCKEY Courts RWO CRICKET TBC	

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### Penwortham Girls' High School

### Sports, Clubs & Societies – Year 10

YEAR 10 SPORTS, CLUBS AND SOCIETIES						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday	
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA	
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO BEDROCK CLUB Library CWO & DSN Study room* Rm 11 SIB & LRI	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS Poet laureate Rm 5 GST	Soroptimists Rm 30 MBR Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI DANCE Dance Studio SNA Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG	
AFTER School	DRAMA SOCIETY Hall AGA & GST STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR Product design Rm 36 LGO	GYMNASTICS Gym MSH Ks4 Art society Rm 52 LGE TEAM CHEER Hall RSN FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY socie Rm 53 GMO	

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### Penwortham Girls' High School

### Sports, Clubs & Societies – Year 11

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room * Rm 7 AHA	Quiet room* Rm 7 KMG	Quiet room * Rm 7 AHA
LUNCH	Table tennis Gym MSH BASKETBALL Courts KFI Product design Rm 36 LGO BEDROCK CLUB Library CWO & DSN Study room* Rm 11 SIB & LRI	athletics Gym KFI Cross country Courts MSH Brass Group Rm 15 ACA DEBATE CLUB Rm 1 CWO MATHS HEGARTY Club Rm 50 RMV/RCA/SHS	Soroptimists Rm 30 MBR Keyboard/Ukulele club Rm 15 ACA French and German film society Rm 26 KGI Hw Club * Rm 35 SPK GCSE Dance Dance Studio SNA BEDROCK CLUB Library CWO & DSN	Woodwind group Rm 15 ACA Badminton Gym MSH Ultimate frisbee Courts SNA Choir Rm 15 VLI ANIME SOCIETY Rm 53 GMO	Chess society Rm 39 BWA Orchestra Rm 15 ACA Multi-sport Gym KFI Study room* Rm 11 SIB & LRI MINDFULNESS CLUB* Rm 6 KMG
AFTER School	DRAMA SOCIETY Hall AGA & GST STEM Rm 34 RFR/PDE/SCH NETBALL Courts SNA, MSH & KFI	HANDBALL Courts MSH BADMINTON Gym KFI TEXTILES Rm 34 RFR	GYMNASTICS Gym MSH Ks4 Art society Rm 52 GMO FOOTBALL Courts KFI	MUSIC STUDIO TIME Music studio MOW HOCKEY Courts RWO CRICKET TBC	Ks4 PHOTOGRAPHY socie Rm 53 GMO

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## PRESTON COLLEGE



VISIT OUR CAMPUS SPEAK TO TUTORS SEE THE FACILITIES

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Wednesday 6th October 4-7pm

Saturday 6th November 10am-2pm

Wednesday 9th March 4-7pm

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- > Apply online
- > Get college updates



educate

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Whatever your skills, qualifications or interests, there is a career for you with us. You could work directly with patients, in hospitals, within an Ambulance Service, or in the Community.

Log in to explore the many different opportunities available to you.



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Penwortham Girls' High School





Course Advice Dates 2021 Sat 2 Oct 10am - 12:30pm Tues 12 Oct (Virtual) 7pm - 8pm Sat 6 Nov 10am - 12:30pm Tues 16 Nov (Virtual) 7pm - 8pm Sat 4 Dec 10am - 12:30pm

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The North-West centre for land-based, sport, engineering and science education