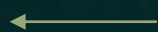
The background of the entire image is a dark teal color. In the foreground, there is a stack of several open books. The pages are a light cream or off-white color, and the spines of the books are visible, some showing a purple or pinkish hue. The books are arranged in a way that they appear to be fanned out or stacked on top of each other, creating a sense of depth and texture. A white, hand-drawn style rectangular border frames the central text area.

# SUPPORTING READING

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A guide for parents



Click this symbol for a short commentary and explanation.

---

A guide for parents

# READING MATTERS



- Reading increases vocabulary and helps to improve communication skills
- Reading makes us better spellers and writers
- Reading improves focus and concentration
- Reading improves imagination
- Reading reduces stress
- Reading improves memory
- Reading leads to academic success
- Reading increases capacity for empathy
- Reading is entertaining



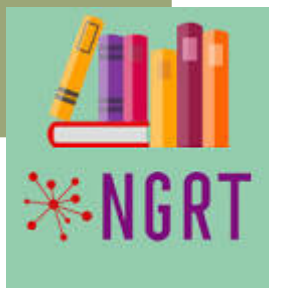
# NGRT



Over 300,000 children tested each year – the findings are statistically reliable

Your daughter's reading age will be sent home – the highest possible score is 17+

Average reading age of GCSE papers is 15.9 – some papers are as high as 17, the source material in History can be even higher.



# ALL BOOKS ARE GOOD!



- 
- Our advice would be to encourage your daughter to read - anything! We provide a number of magazines in school for students covering a wide range of interests.
  - One area which is a little neglected is the news and current affairs – many newspapers are available online with either full access or some free content.





# CHOOSING A BOOK



- 
- One great way to choose a book is by viewing book trailers – just like film trailers, they provide just enough information to hook your interest (or not!)
  - <https://www.youtube.com/watch?v=Xd6UGFU80ow>



# TALK ABOUT WHAT YOUR DAUGHTER'S READING

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- This doesn't need to be a lengthy conversation!
- 1 sentence summaries are a great way to develop comprehension



# SUPPORTING READING HOMEWORK

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Homework often involves reading unfamiliar material. A quick way to support is to ask questions:

Before reading - what do you already know about this topic? What do you think it will be about? Can you make any predictions?

During reading - are there any words you don't understand? Is this what you expected?

After reading - can you sum up what this is about?



# SUPPORTING READING



- Who?
- What?
- When?
- Where?
- Why?
- How?



# HOW CAN I HELP?



- 
- Join the local library. Kingsfold Library is still open during the national lockdown, although it is operating reduced hours:
  - <https://www.lancashire.gov.uk/libraries-and-archives/libraries/find-a-library/kingsfold-library/>
  - Join the virtual library <https://www.borrowbox.com/>
  - This app allows the download of ebooks completely free.
  - Encourage your daughter to use the form libraries in school. If she can't find what she wants, our form librarians will take suggestions and ensure these are ordered.
  - Many newspapers and magazines are available free online and don't require a subscription.
  - Many authors run their own websites with extra chapters and character biographies. These are a really engaging way into reading. The most famous is [www.Pottermore.co.uk](http://www.Pottermore.co.uk) but there are many others.

# HOW CAN I HELP?

1



2



- 
- Make sure that your home contains books that will interest your teenager.
  - Encourage your teenager to read magazines, newspapers or the sports guide. Leave them around your home. It doesn't really matter what your child reads as long as they read!
  - Share articles you've read from the newspaper or a magazine, especially if it's something your teenager is interested in. Sunday supplements are particularly good.
  - Play audio books in the car. This will encourage reading for enjoyment. Recommend adult-themed books that would be appropriate.
  - Introduce books which are part of a series, and biographies.
  - Ask teenagers to recommend books for younger readers in the family.
  - Many charity shops have a range of books that have been donated and are both in excellent condition and extremely cheap. St Catherine's Hospice runs a bookshop on Wellington Road which is a great place to browse - you can stock a home library in an inexpensive way and support the local community.

# HOW CAN I HELP?



- 
- As Christmas is fast approaching, you could consider a subscription to a magazine that your teenager has an interest in as a present; subscriptions often represent a discount compared to buying the magazine weekly or monthly.
  - Create a "book nook" in your home to encourage reading. There are loads of fantastic ideas on sites such as Pinterest and this could provide a place that is a welcome escape during lockdown.
  - Invest in a kindle or e-book. E-books are often significantly cheaper than physical books and research has proven that kindles are more effective in encouraging reluctant readers in particular.

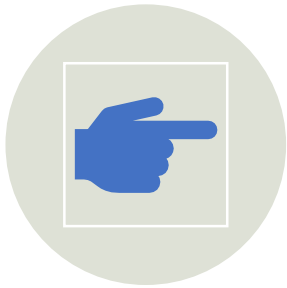
# SUPPORTING ONLINE READING



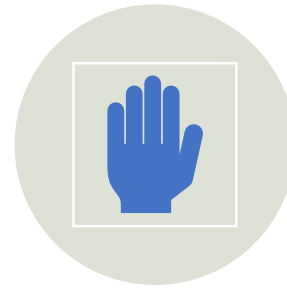
A process that started in earnest in lockdown and is likely to continue...



Scroll and search



Click and collect



Stop and summarise

# PODCASTS



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Who can forget the magic of a bedtime story?

- <https://www.penguin.co.uk/podcasts.html>
- <https://www.bbc.co.uk/sounds>
- <https://www.spotify.com/uk/> (currently running a 3 month free trial)





# THANK YOU FOR LISTENING



- 
- Your daughter's English teacher will always be happy to provide further support.
  - Bedrock! We have found this to be a very powerful way of supporting reading and developing vocabulary.
  - Remember, all reading is good, but the best is to read what you enjoy.

