

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School



## Live Holocaust Survivor Webcast



As part of the Holocaust Memorial Day commemorations, all Year 9, 10 and 11 students were given access to a live webcast of survivor, Eve Kugler BEM, organised by the Holocaust Educational Trust. Students watched live as Mrs Kugler shared details of her incredible life, from her upbringing in Nazi Germany, to persecution in France and her eventual escape to America.



Year 10 student, Charley Lygo has written a very thoughtful review of this memorable experience:

*At 10 o'clock this morning, our school and 800 others, were invited to watch the Holocaust survivor webcast. Eve Kugler answered questions from a broadcaster, such as "When did you first lose your parents?" She answered clearly and honestly, "I was ten years old when my father first was taken to the concentration camps, and my mother to work camps." These questions were interesting and provoked deep emotion for all viewers. I cannot imagine going through what she endured in the 1940s. The call lasted an hour, each minute filled with heart-breaking and emotional stories of how they survived. We were told of the story of when Eve and her parents reunited. It was not emotional, but numb. They were all too traumatised to feel any excitement. Eve also told stories of Kristallnacht and how she was sheltered from the distress of all the destruction by guards, who shoved her and her sisters back into their house. The camps she spoke of froze, starved and overworked her and her family, so much so, that we can only imagine the pain they went through all those years ago. This may be one of the last times a survivor is broadcasted, so I recommend anybody who is able to, to find the stream and watch it through.*

Despite experiencing such trauma as a young girl, Mrs Kugler showed incredible resilience to go on to earn a degree from the University of Pennsylvania, before becoming a well-respected journalist. I am confident that all students and staff in attendance found Mrs Kugler's live testimony informative and inspiring.

*Mr Herbert, Curriculum Leader for History*



Artsmark  
Gold Award  
Awarded by Arts  
Council England

# Newsletter

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Year 7 History class work – England vs Scotland

Year 7 students have recently been studying how English medieval kings tried to conquer neighbouring countries. Two students in Mr Bretherton's class, Saskia and Juliette, have submitted some superb work on Edward I's attempt to conquer Scotland in the 14<sup>th</sup> Century. Juliette has also made an accompanying video for her storyboard which I'm reliably informed is as epic as the film, 'Braveheart' - a great effort!



## Virtual Museum Visits!

Although the current restrictions mean we are unable to visit historic sites and museums in person, it is still possible to virtually visit some of the world's most prestigious and fascinating museums and art galleries. From the comfort of your sofa you can visit...



### **London – The National Portrait Gallery**

This incredible gallery is home to some of our country's masterpieces. My favourite is Hans Holbein's portrait of Henry VIII – can you find it?

<https://www.nationalgallery.org.uk/visiting/virtual-tours/google-virtual-tour>



### **Athens, Greece - The Benaki Museum**

Take a virtual tour of the Museum of Greek Culture, which includes an audio guide of each artefact! [https://www.benaki.org/virtual/kentriko/ground\\_floor/index\\_en.html](https://www.benaki.org/virtual/kentriko/ground_floor/index_en.html)



### **Florence, Italy – The Uffizi**

The Uffizi contains the most incredible paintings and sculptures from the Italian Renaissance. Click on the link to enjoy the masterpieces of Da Vinci and Michelangelo! <https://www.virtualuffizi.com/map-%26-virtual-tour.html>



### **London – The British Museum.**

One of the world's greatest museums. The British Museum contains some of the world's most precious artefacts. I particularly like to explore the ancient worlds of Egypt, Greece and Rome. <https://tinyurl.com/y5c9cce4>



### **Paris – The Louvre**

France's most famous museum. There is a lot to discover!  
<https://www.louvre.fr/en/visites-en-ligne>

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

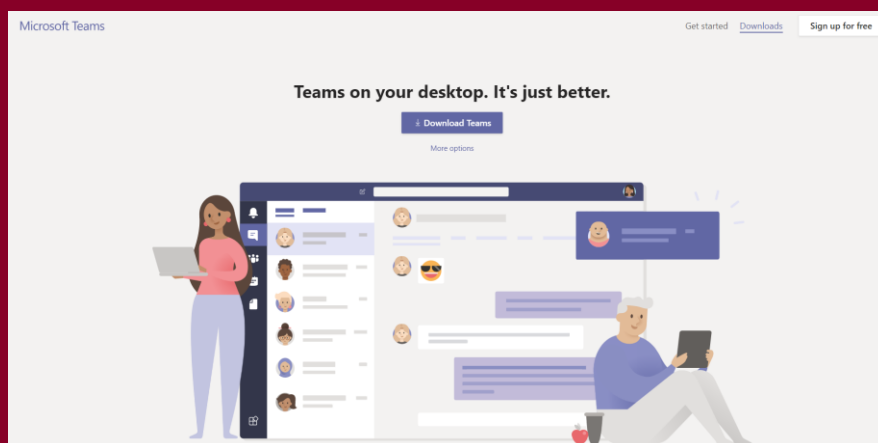


## Using Microsoft Teams for Live Lessons

In your live lessons and particularly in Maths, teachers have been using Microsoft Teams to deliver their lessons. I would like to give you a few tips on how to get the most out of this and to use the features to communicate with your teachers.

First of all, have you ever not been able to see the chat for your lesson? This can be a problem if you want to ask a question or if your teacher is sharing a link which you need as part of the lesson. It helps if you download the Teams app to your computer. You can use this link to take you to the download:

<https://teams.microsoft.com/uswe-01/downloads>



This will mean that you will now have an icon on your desktop which takes you straight to all your Teams calls:



When you open the Teams app, on the left, there is a list of choices. You can use these to switch between different 'teams' which your teachers will have set up for each of your classes:

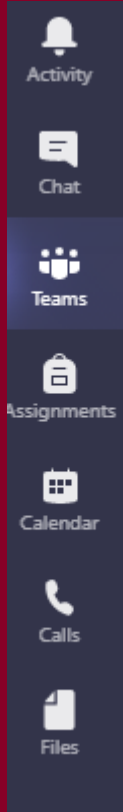


# Newsletter

Friday 29<sup>th</sup> January  
2021

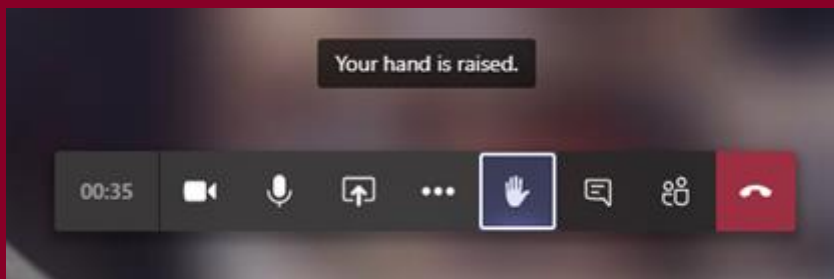


Penwortham Girls'  
High School



If you select the 'calendar' option, you can get an overview of your upcoming calls so you can organise when you need to be online. You can also use the calendar to take you straight to a call. After a meeting has finished, you can use the app to go back and see the chat. This might be helpful to see a document or use a link which has been uploaded.

To communicate during a Teams call, your teacher might ask you to 'raise your hand' when you have finished completing a task. To do this, click on the hand on the toolbar at the bottom of the screen:

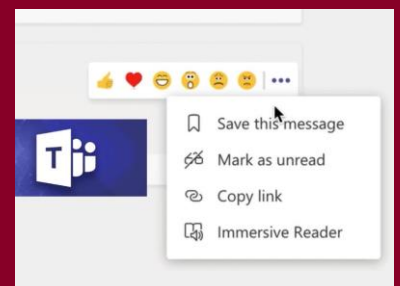


This will raise a virtual hand so that your teacher will know when to move on.

You can use the chat feature to communicate with other students in your class using the reactions. You can show your appreciation for a question, or a really good answer, or acknowledge that you have seen a message sent from someone else:

Next time you're in a live lesson, why not try giving some of these features a go?

*Mrs Sweeney, Curriculum Leader for Maths*



## Welcome back Mr Cafferkey!

After two and a half years away, it is with great pleasure to return to Penwortham Girls' High School (even in these strange and uncertain times). The challenges of remote learning affect us all, but I aim to make my lessons as enjoyable and fulfilling, as if they were presented in the classroom. I consistently allow everyone to progress from each lesson using mastery techniques and relating the learning to real life scenarios. I love teaching here at PGHS because the girls are always ready to tackle any problem that they come across, using their grit and determination. My favourite area of maths is algebra because you can use it to generalise a problem and use it again for problems that are similar. Outside of school, I enjoy spending time with my family, playing football and developing my understanding of web development.



Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Using MathsWatch Videos During Home Learning



Mathswatch has been in use in the Mathematics department for many years now, and all students have regularly used it during lessons to support their learning. As well as being able to set work and exercises for the students to complete, it also has an exhaustive collection of short videos that provide examples of every mathematical topic that is covered at the school. During home learning it remains an important tool for students to support their learning in Mathematics.

### The Mathematics department guide to successfully using MathsWatch videos during home learning:

- 1) Video clips on all topics are available at any time when needed, not just during lessons. Most videos are only 5 minutes long and many have a quicker 1-minute version when a reminder is needed.

Clip	Title
A1a	Coordinates - 1st Quadrant
A1b	Coordinates - All 4 Quadrants
A2	Algebraic Vocabulary
A3	Formulae Expressed in Words
A4	Algebraic Notation
A5	Horizontal and Vertical Lines
A6	Collecting Like Terms
A7a	Algebraic Simplification - Multiplication
A7b	Algebraic Simplification - Division

# Newsletter

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

- 2) When assignments are set on MathsWatch, the videos are automatically attached. Watch the attached videos before attempting to complete the assignment.

- 3) The video links are available on each question of your assigned tasks if you need to watch again.



- 4) If you require any additional support, then use the “question feedback” box which is available for each individual question. You can instantly send a message to your Maths teacher via this box which your teacher can then reply individually to you.

*Mr S Cheal, Assistant Head of Mathematics*

Friday 29<sup>th</sup> January  
2021



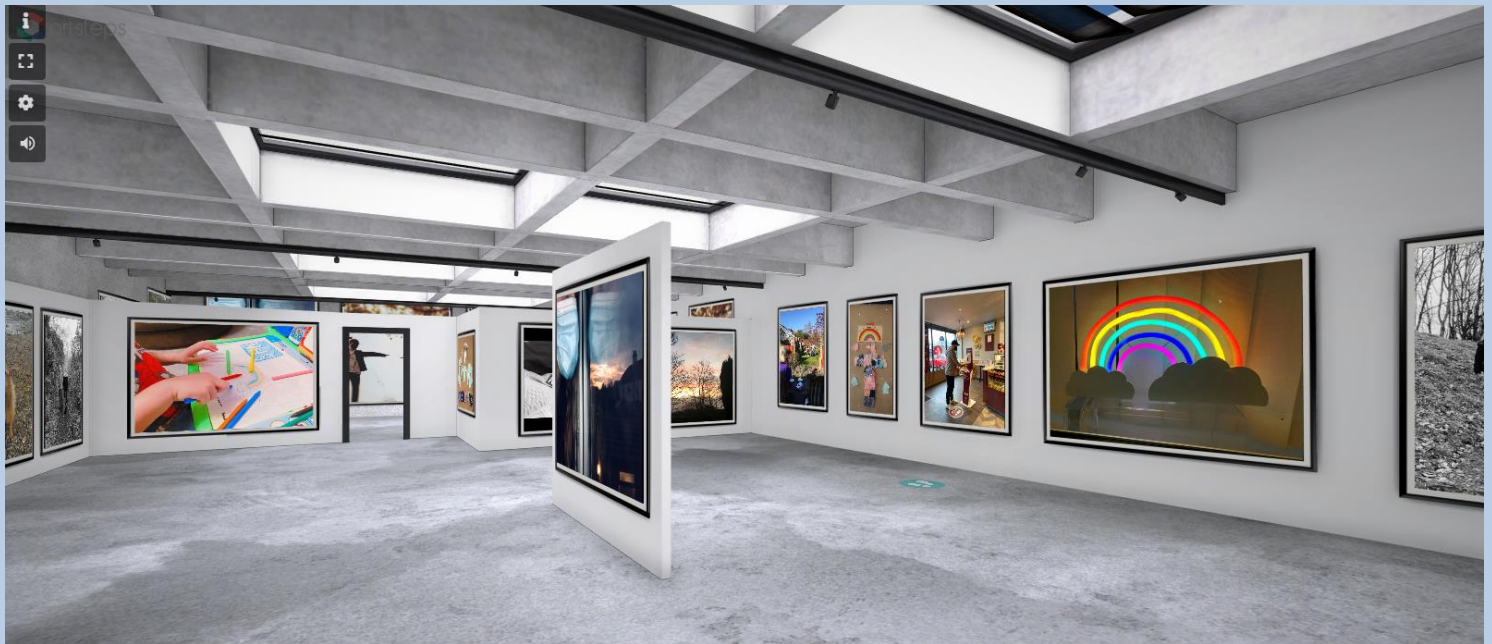
Penwortham Girls'  
High School

## Virtual Photography Exhibition

Here is the PGHS Virtual Photography Exhibition 2020-2021. We called on all visual storytellers to capture the untold consequences of COVID-19 on people's lives and livelihoods. Well done to all who entered and congratulations to this year's winners. To see all the entrants, click on our Virtual Exhibition: <https://www.artsteps.com/embed/600eb3a813b27d59f3b6fb03/560/315>

*Miss Morris*

*Lead Teacher for Art & Photography*





# Newsletter

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Excellent Examples of Work and 'Shout Outs' During Lockdown

### English

Here are some excellent examples of work from Year 9 English. They have been studying the play 'The Taming of the Shrew' and produced these collages to represent the characters.



By Enya H



By Ella E



By Megan M



By Stevie M





# Newsletter

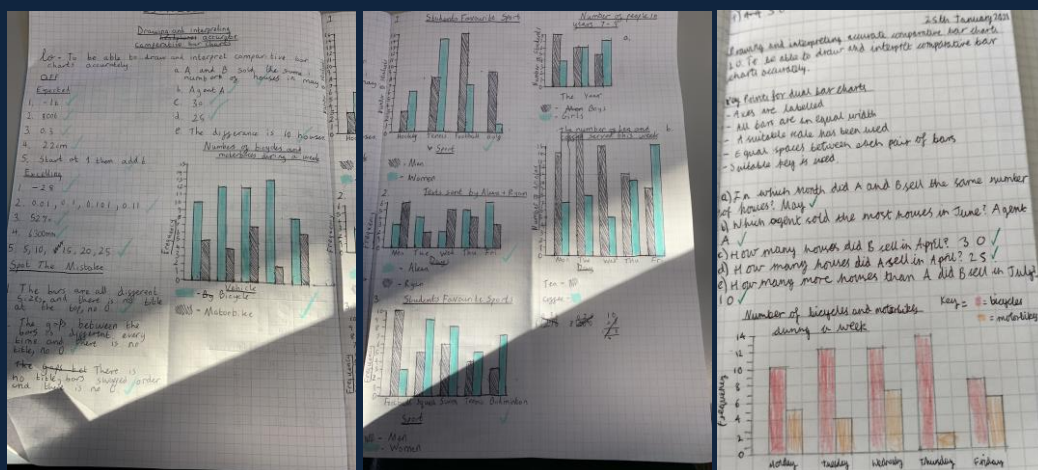
Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

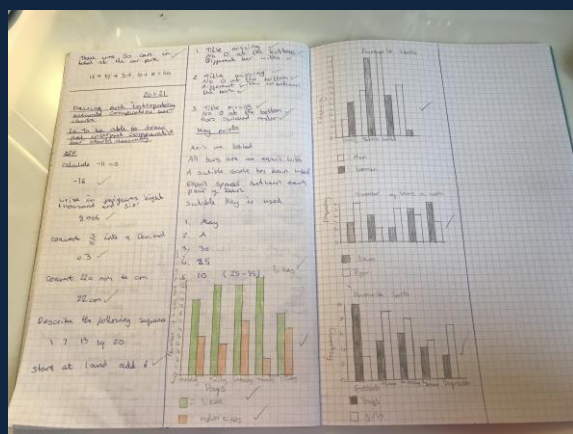
## Maths

Excellent examples of work in Maths:



By Eden F (Year 7)

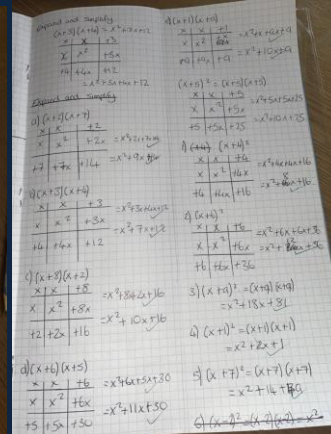
By Holly W (Year 7)



Lydia W (Year 7)



By Tilly C (Year 7)



By Lucy R (Year 8)



By Rhea S (Year 9)



# Newsletter

Friday 29<sup>th</sup> January  
2021



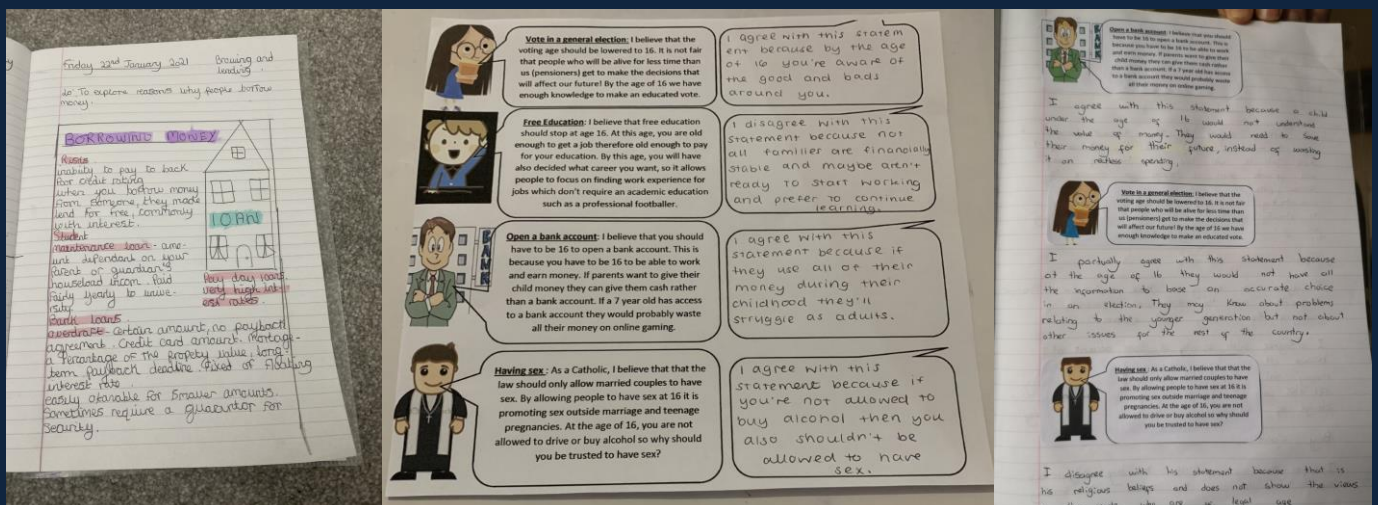
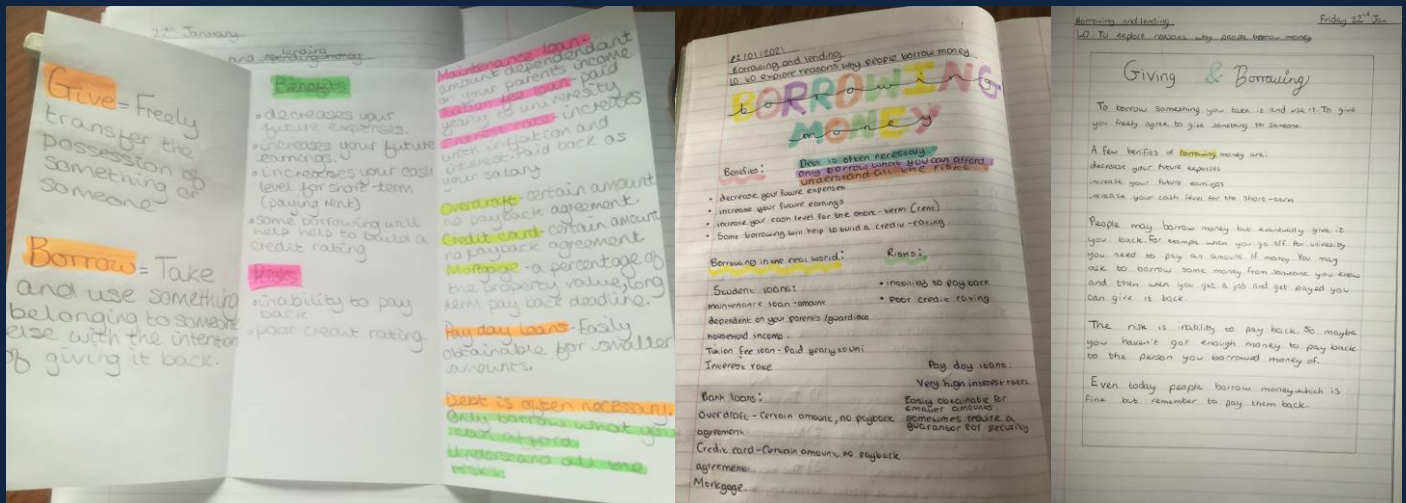
Penwortham Girls'  
High School

## Life Skills

Ms Shahi is impressed with the following girls who have been engaged with their Life Skills work and produced well-structured high-quality work in their lessons online:

Jess S- 8J, Lili-Faith R- 9G, Jessica R- 9G, Evie C- 9G, Lexie P- 7J, Bridget C- 9P, Dionne D- 9P, Maarya B- 9P and Mia S- 9P.

Miss Brooks set an imaginary debate online. Shout outs to Sarah P and Mariyam W 8S for their responses. Miss Hollier explored the benefits and risks of borrowing money with 7P. Shout outs to Sara A, Safa A, Elizabeth B, Hannah D.



Mrs Cahill, Life Skills Co-ordinator



Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Modern Foreign Languages

### **Hardworkers in German this week:**

7H - Natalie K, Amy M  
7P – Angel A, Florence B, Imogen F  
7J – Abigail S  
8J – Khitham A, Mia H  
8S - Caitlin J  
8P - Katie W  
9G - Issy H, Maariyah P  
9P – Steph M, Grace B, Abigail B  
9H - Isabel C, Katie K  
10B/Ge2 - Fareesha K, Mia C, Khamilla C  
11A/Ge1 - Aimee C, Aamina B, Eleanor P, Evie S  
11A/Ge2 – Tasneem D, Evie C, Natalie B, Victoria MW, Katie M  
11C/Ge1 - Ellie B, Jess B, Abbie J

### **Hardworkers in French this week:**

8S French. Great contribution during Teams lesson:  
India A, Molly T

8P French. Great contribution during Teams lesson:  
Heather P, Neve G

9H French. Great contribution during Teams lesson:  
Sian H, Olivia S, Lola U and Megan H.

9J French. Great contribution during Teams lesson:  
Tilly P, Saniya P, Louise P-R

Y10 French. A fantastic effort with all work set:  
Abby L, Katie H, Antonia S and Zaynab B.

Y11 French. Working with great determination:  
Zahra A, Khadijah A, Lottie G, Lucy W, Erin N and Jess B



### Languagenutters:

Penwortham Girl's High School is currently in position 55 in the world. Well done, girls!

### Top 'languagenutters' in the whole school:

1. Eloisa-Mai F
2. Purdey A
3. Abifail S
4. Chloe W
5. Grace B

### Year 11:

Isabelle W  
Ella W  
Ruby B  
Tasneem D  
Eve M  
Sana M

### Year 10:

Freya A  
Aaliyah E  
Zahraa K  
Jessica P  
Grace R  
Kit W-E

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Performance, Sport and Health Faculty

Katherine W - Excellent dance work

India A - Excellent dance work

Both girls submitted fantastic dance videos for their dance lessons last week.

These girls have been engaged with their PE tasks/ home learning and produced high-quality work. Well done and keep up the excellent work!

Isla W- 9P, Amelia W - 8J, Ayesha A - 8J, Jessica W- 8J, Hanya A- 8J, Lucy R- 8H, Lily S- 8H, Caitlin J- 8S. Gemma H- 8H, Freya I- 8H, Ella H- 8H, Eva M -8H, Mariya A- 8H, Mariyah M- 8S, Mariya A- 8S, Florence B- 7S, Kaithlyn C- 7S, Ruby R- 7S and Darcey P- 7S.

## Health and Social Care

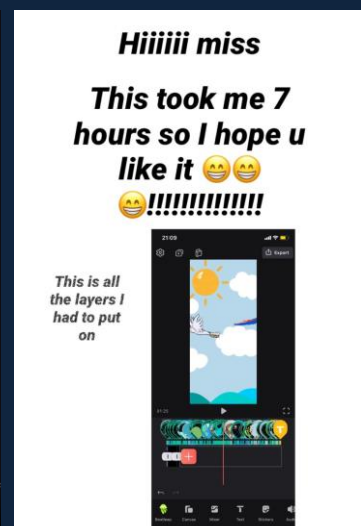
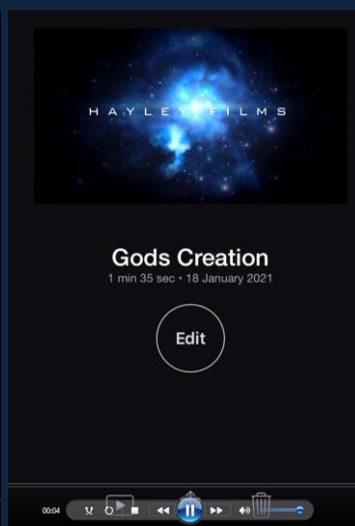
Year 11: The following girls have worked very hard to complete some of their assignments throughout this week and submitted them on time. Well done!

Ella W, Ruth B, Katie B, Emily N, Courtney W, Scarlett C

Year 10: A superb effort and enthusiasm demonstrated on live lessons! Well done, girls! I am so proud you all! Alima H. Diljeet K, Jess M, Olivia N, Zahraah K, Yusairah Y, Safurah H and Hannah B.

## Religious Studies

So many year 7s went above and beyond in their re-telling of the creation story. Here is a small showcase of some of their fantastic work.



# Newsletter

Friday 29<sup>th</sup> January  
2021



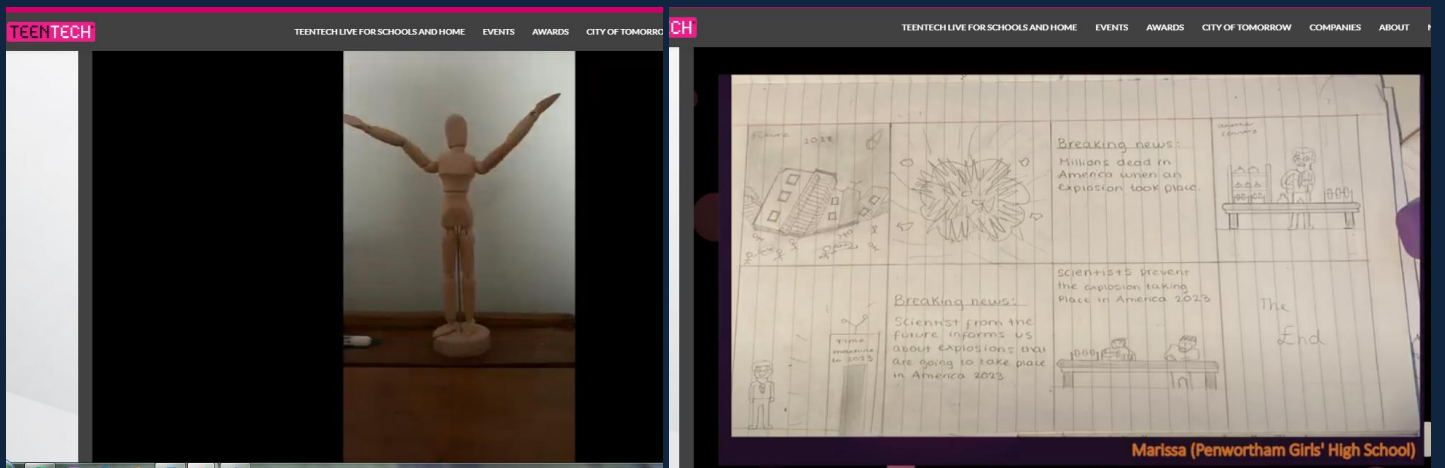
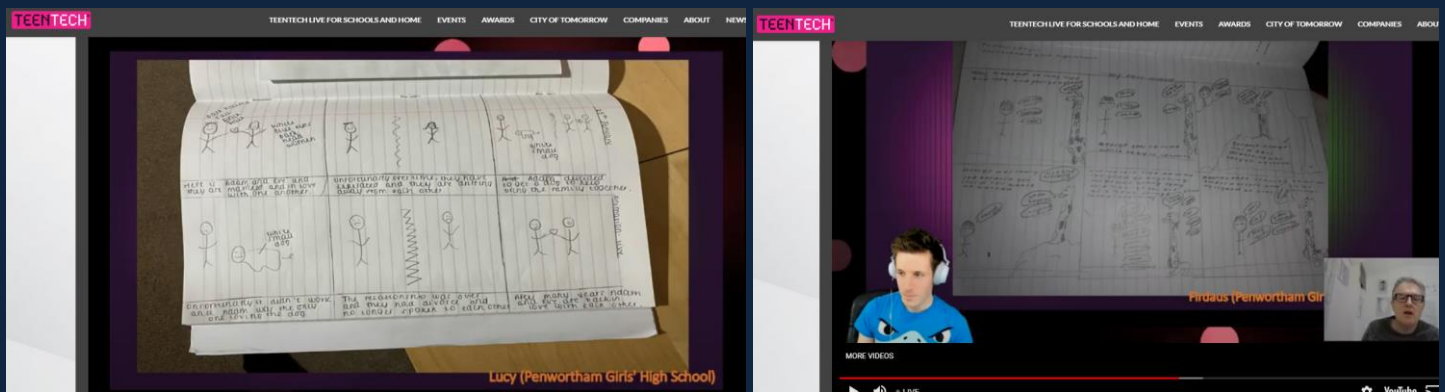
Penwortham Girls'  
High School

## C.A.T. Faculty

### Creative Media:

Our year 10 students watched a live event on animation this week hosted by TeenTech. They were then only given approximately 1 hour to create a storyboard or short animation, which was then included in the following feedback session today. It is fantastic to see that our students have been given live feedback from a university lecturer and animator.

Well done to Lucy, Firdaus and Marissa, who had their quick storyboard work shown and to Ruby for creating her short animation!





Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Head's Commendations



### Sarah P and India A (Year 8)

Created an outstanding storyboard which told the story of how the Khalsa was formed. (RE)

### Abigail K and Tilly C (Year 7)

Outstanding video animation retelling the creation story. (RE)

### Isla S (Year 9)

An exceptional piece of work on the 'Taming of the Shrew' storyboard. (English)

### Sophie S (Year 10)

For persevering, acting on feedback and using it to improve her work. Sophie has produced super work – keep it up, Sophie! (English)

### Nicole J and Dhriti S (Year 7)

Superb storm chaser vehicle. Your vehicle was well designed and included detailed annotations explaining the main features. (Geography)

### Evie S (Year 10)

An excellent knowledge organiser completed on energy in Physics. (Science)

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## South Ribble Community Hub Covid-19 Support

For financial advice, physical and mental health support, accessing vital services, food, medicines and childcare support.

Monday – Friday 9am- 5pm

<https://www.southribble.gov.uk/southribbletogether>

01772 625 625

[Covid19support@southribble.gov.uk](mailto:Covid19support@southribble.gov.uk)



## Mental Health and Wellbeing

As a school we are always keen for students to look after their mental health. Having good mental health helps us relax more, achieve more and enjoy our lives more. Please visit the following website for expert advice and practical tips to help you look after your mental health and wellbeing.

<https://www.nhs.uk/oneyou/every-mind-matters/>

Home **every mind matters** For Your Mind | For Your Body | Apps | About

Your Mind Plan quiz | Coronavirus | Anxiety | Low mood | Stress | Sleep | Parents | Youth | Urgent support | Possible causes

### Every Mind Matters

**Looking after your mental health**  
Having good mental health helps us relax more, achieve more and enjoy our lives more. We have expert advice and practical tips to help you look after your mental health and wellbeing.

**Do something now...**

**Get Your Mind Plan**  
Answer 5 quick questions to get your free plan with tips to help you deal with stress and anxiety, improve your sleep, boost your mood and feel more in control.  
[Try the quiz >](#)

**Coronavirus and wellbeing**

- [Coping with loneliness >](#)
- [10 tips to deal with change >](#)
- [Coping with money worries and job uncertainty >](#)
- [Mental wellbeing while staying at home >](#)
- [See all coronavirus articles >](#)

**Children and young people's mental health**

# Newsletter

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

**TRAINING 2000** Traineeships Apprenticeships

**BE IN CONTROL...**  
of your future

**VIRTUAL OPEN EVENING**  
Wed 10th & Thurs 11th February  
from 5pm - 8pm  
visit [www.training2000.co.uk/virtual](http://www.training2000.co.uk/virtual)  
to register for our open evening

We have Traineeships and Apprenticeships in a wide range of subject areas, so there is something to suit everyone. Plus as we are part of the University of Central Lancashire, our apprentices will have direct progression routes to Degree Level Apprenticeships. Earn, learn and study without the debt of going to university.

Automotive Technologies   Dental & Health care   Business & Accountancy   Engineering & Manufacturing   Information Technology   Scaffolding

[www.training2000.co.uk](http://www.training2000.co.uk)      PART OF THE UNIVERSITY OF CENTRAL LANCASHIRE

 **Myerscough College**  
**Online Course Advice Morning**  
10.00am-12.30pm

**Saturday 6th February**

The North West centre for land-based & sports education

[www.myerscough.ac.uk](http://www.myerscough.ac.uk)  @myerscoughcoll  MyerscoughColl



# Newsletter

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## APPRENTICESHIP VIRTUAL OPEN EVENT

MONDAY 8TH FEBRUARY  
4-7PM

PRESTON'S COLLEGE  

Register now:  
[preston.ac.uk/  
appevent](https://preston.ac.uk/appevent)



European Union  
European  
Social Fund



Part funded by the European Social fund

## APPRENTICESHIP VIRTUAL OPEN EVENT

On the night you can...

- › Learn about what an apprenticeship is
- › See our campus
- › Meet and speak to the Apprenticeship Team
- › Hear from our employer partners and apprentices
- › Speak to our Industry Professionals
- › View our live apprenticeship vacancies
- › Find out how to write a CV ready for an employer

Plus much much more....

Register for free at  
[preston.ac.uk/appevent](https://preston.ac.uk/appevent)

E: [appsinfo@preston.ac.uk](mailto:appsinfo@preston.ac.uk)  
T: 01772 225522  
   @prestoncollege

- › AAT Accounting
- › Automotive Technologies
- › Construction and the Built Environment
- › Digital & IT
- › Dental
- › Electrical Installation ^
- › Engineering
- › Hair & Beauty
- › Health & Social Care
- › Leadership & Management
- › Marketing
- › Painting & Decorating
- › Pharmacy
- › Plumbing & Dry Lining
- › Plumbing & Gas ^
- › Science (Lab Tech)
- › Wall & Floor Tiling

^ training in partnership with JTL

\*please see the college website for our full list of apprenticeship programmes and levels of study for each industry sector

[www.preston.ac.uk](https://www.preston.ac.uk)

Friday 29<sup>th</sup> January  
2021



Penwortham Girls'  
High School

## Online Safety

As the lockdown continues and more learning is accessed online, as a school we wanted to take the opportunity to repeat some key information relating to online safety. Research has shown an increase in offenders trying to make contact with children via social media since the outbreak of COVID and it is more important than ever to be aware of how to keep children safe online. Children are facing many online risks including online abuse, cyberbullying, sexual exploitation, sexting, grooming, and radicalisation (NSPCC).

### Parent Controls

Recently, several parents and carers have contacted the school to ask for further details about parental controls. Parental controls help you to block or filter upsetting or inappropriate content and control purchases within apps. You can install parental control software on your child's and family's phones or tablets, games consoles, laptops, and your home internet. Below is a link to Internet Matters where you will find further information about how to alter these settings to ensure your daughter cannot access inappropriate materials.

<https://www.internetmatters.org/parental-controls/>

### Online teen speak

Many teenagers will also use internet acronyms to hide what they are trying to say from their parents. How many of these do you recognise?

420 - Marijuana

ASL – Age, Sex, Location

CD9 – Parents are around

FTFY – Fixed That For You

IRL – In Real Life



For more information follow the link below:

<https://parentinfo.org/article/online-teen-speak-updated>

There are many websites and apps designed to inform parents about how to protect their children from risks online. You can find further information and regular updates by visiting the school website.

<http://www.penworthamgirls.lancs.sch.uk/online-safety/6953775.html>

If you would like further information and support about online safety please drop an email to the address below:

[s.hall@penworthamgirls.lancs.sch.uk](mailto:s.hall@penworthamgirls.lancs.sch.uk)

*Mrs S Hall*  
*Deputy Headteacher*