Friday 28th May 2021



Penwortham Girls' High School

Important Dates:



31st May – 4th June Half Term

7th June **Students Return**

21st June to 9th July Festival of Performance and the Arts

> 1st July **Sports Day**

13th July Year 11 Valedictory Dinner

16th July Closure for Summer Break

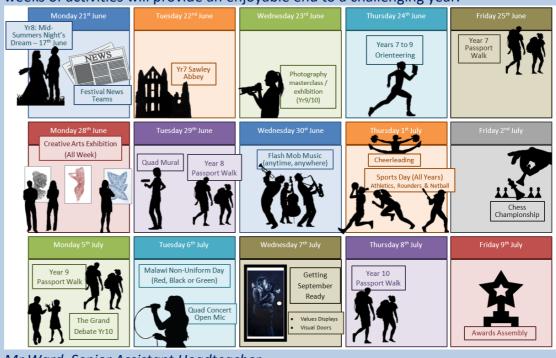
19th and 20th July INSET DAYS

Festival of Performance and the Arts

Following the cancellation of P&A20, we're pleased and excited to announce our plans for this year's festival of 'Performance and the Arts' - a celebration of ambition, curiosity and resilience.

Mindful of the need to continue to socially distance, we have modified and revised some of our plans to ensure a fun but safe PSA21. A diverse programme of activities is planned, from theatre group visits and interform chess, to blue-ribbon events including our annual Passport Walks and Sports Day.

We hope P&A21 will provide your daughter with the opportunity to explore her creativity and participate in competitive sport. Most of all, we hope that these three weeks of activities will provide an enjoyable end to a challenging year.



Mr Ward, Senior Assistant Headteacher















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Penwortham Girls' High School

British Council International Schools Award – Introducing Internationalism

This year, as a school, we felt it is important to foster curiosity about the wider world, which we felt was especially important due to the considerable amount of time spent in lockdown. Specifically, we wanted students to appreciate what unites us globally as citizens and link this to the school's core values.

This academic year, we have undertaken several projects with schools in France, Germany and Pakistan. The links with schools in France and Germany involved exchanging seasonal greeting cards with our partner schools. These cards included details of different cultural traditions and recipes around Christmas and Easter. Mrs Raine said, "The girls have embraced the letter exchanges with France and Germany and it has sparked their enthusiasm for learning languages. There is a real buzz in the classroom when letters or cards arrive. It has been a great way to use our language skills for a real purpose. Along with developing their cultural awareness, reading letters in English has also given our students an insight into what it is like for others to learn English as a foreign language. We hope to continue our links with the different schools and involve more students in the future."





Additionally, we have worked with the Garrison Academy Girls' school in Pakistan and exchanged assemblies and pupil work linked to our shared core values. We have focused on being curious, showing compassion and fostering social responsibility. We used both Empathy week and International Women's Day as vehicles to drive this work. This has highlighted the experiences and challenges for young women in the UK and Pakistan and enhanced cultural understanding. Miss Wignall and the Geography department answered some questions sent by the school about the local areas and customs and in return, Garrison Academy helped us learn more about their country.

Mrs Sharon Hall Deputy Headteacher commented, "By working on the International Schools Award, we have taken the first step on a journey to enhance our students' understanding of global citizenship. It has enhanced awareness of contrasting customs, promoted curiosity for other cultures and has shown the importance of tolerance and mutual respect. Girls have had the opportunity to make links with four schools across two different continents, gaining a fascinating insight into the wider world in the process."

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'Moving on to High School' Art Session

On Friday 14th May, I took part in an art session over zoom with Mrs Lucas and we delivered it to a local primary school.

The activity was to design and make a book mark of their choice, for example, a unicorn, cake, monster or football.

Before the session, we did example book marks to show the girls different ideas. Mrs Lucas had already provided some craft supplies, such as pom poms, googly eyes, tissue paper, gems, pipe cleaners and buttons. We also cut out blank book marks and cards so the primary school didn't need to cut them out.

On the day, we did the session over Zoom which went well. The girls were in their school hall with all their art supplies so they were ready to go. We didn't have any technological problems which was good and we could see the girls making their book marks. Some girls asked Mrs Lucas and I some questions about high school life.

Overall the session went well and the girls seemed to enjoy making the book marks. This helped to show the girls that high school is not that scary and the girls made amazing book marks!

I enjoyed doing this because it showed the girls that it can be scary to come to high school for the first time but you will really enjoy it and have the best experience coming to Penwortham Girls' High School.

Sienna, Year 10





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Penwortham Girls' High School

RE Department News

A message from Miss Brooks to her year 11 RE Stars. How many of you can define the RE words?

Have faith in yourself, believe that you can achieve your dreams and worship every day as a blessing.

Thank you so much for all your hard work and dedication. You have all grown into caring, responsible, mature (well most of you 60) young women. I wish you all the luck in the world as you begin the next stage of your journey in life.

Best Wishes, Miss Brooks Ø

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Penwortham Girls'

The SMSJ Essay Writing Competition

A huge thank you to everybody who took part in the SMSJ competition. The essays were incredibly moving and inspiring. It was so difficult to choose the final 10.

Certificates to the 10 finalists who have been passed through to the national competition go to:

Keira W

Maariya A

Naadiya A

Maddy L

Antonia S

Safurah H

Bethany W

Maisie W

Molly B

Jennah K

Please don't be disheartened if you weren't in the final 10 this time! We hope to read all of your entries again next year and hopefully read the work of lots of new philosophers too!

The SMSJ Essay Writing Competition: 'Best Bits'

Moreover mistakes are an essential part of life because we as humans grow from them and become better

Savo A YR8

Majority of people dream and fantasise about a world where it is safe for women to walk alone at night, where people are no longer discriminated for the colour of their skin and where a generational divide no longer separates families and so for the sake of our future generations I truly believe that the purpose of life is peace Molly B YR11

Ultimately does it
matter why people are
good as long as they
are? Or is your intent
behind the good deed
more important than
the act itself?
Beth Wright YR8

If we are ever to have a peaceful and equal society, we all need to accept our differences, and learn to truly treat others as we would treat ourselves

Libby W YR8

If you spend your life wanting and waiting for something extraordinary to happen, you will never fully be satisfied.

Millie-Sue YR11

Suffering is part of the human condition, yet it's the doorway to your personal growth and expansion. It's an inevitable part of life.

Keira W YR10

However, it is strange that the only thing we are ever certain about is that we will never know everything? Maariya Ahmed YR11 The presence of life itself points towards intelligent design. Scientists have estimated that the time it would take for a single human protein to be created purely by chance, is around 634 million billion years, far older than life on earth Jennah K Yr8

My final statement is this:
goodness is like domino's
falling one after the other, it is
able to ricochet and come back
to you, so give someone a smile
and spread your goodness, you
never know who needs it
Maisie YR8

It is a place which is so unique that no music piece or artwork will every be able to describe its beauty.

Fatima-Zahra P YR8

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The SMSJ Essay Writing Competition: 'Best Bits'

Fate is an idea for people who wish to believe and find comfort in the thought of having things given or decided for them and that certain people or chances will be put before them. Consequently, I believe that this may hold people back from accomplishing things themselves as they have not had a 'sign' from the universe and 'it wasn't meant to be Alice W - YR8

Albert Einstein once said that "Coincidence is God's way of remaining anonymous.". He also said: "There are only two ways to live your life. One is as though nothing is a miracle.

The other is as though everything is a miracle.". Considering the fact that Einstein was a brilliant scientist, but whom spoke of 'magic' and higher powers, maybe the idea of fate and destiny isn't so crazy. -Antonia 5 YR10

By studying religion, people will come together in unity, regardless of what religious background they come from, and they can help one another to have good morals such as honesty, respect, equality and dignity

Safurah Yr10

So Why do we have sin and suffering? To illustrate, A Teacher is teaching his class, until one student disagrees with his Method. So, the teacher asks the Student to teach his Method to the class, the student stands up and begins to write. The Teacher, waits and watches patiently but the student is unsuccessful. So, who is the qualified one to teach? Clearly, the Teacher. Similarly, In the beginning a disobedient angel (Satan) disagreed with God's way of ruling and became jealous. Therefore, Satan sent down a serpent to trick Adam and Eve. He lied to them saying "For you will not die, you will be like God, Knowing good from bad". Like the teacher, God allowed Satan to show his way of ruling, God knew he would be unsuccessful and thus gave him a limited time. Once his time is up, God will take over and cast Satan away. Consequently, Satan is today's ruler not God, meaning we have suffering.

Maddy Yr 10

Congratulations to Keira W who is our PGHS winner!

When asked why Keira decided to take part in the essay, she replied that she wanted to use lockdown to explore new hobbies and expand her essay writing skills. Keira expressed an interest in philosophy and wishes to take it as an A-level for college. Keira recognised that this was a great opportunity to start exploring topics and debates that are of a philosophical nature.

You can read Keira's fantastic essay below.

Name: Keira W

School: Penwortham Girls' High School YR10

Essay Title: Is suffering a necessary part of the human condition?

Human suffering happens every day, everywhere around the world, through various ways and different degrees. It is all around us, yet we do not always see it. Just because we don't see it, it does not mean that it doesn't exist.

On the occasions we do recognise the suffering, a common question we tend to ask ourselves is, "why do we suffer? What is the meaning behind it?". There are no easy answers to these questions because there will always be a different meaning or perception to a singular person suffering or feeling pain.

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The definition of suffering itself is 'to undergo or feel pain'. People will decide whether they are suffering or not based on events in their life. For example, striving to be able to save enough money to purchase the newest phone only for a newer version to be released not long after. Another example is when you fall in love to then find out your love is not reciprocated.

These two situations are opposites, one is heart break while the other is a materialistic loss but result in suffering. When you have your first heartbreak, you are most likely going to be the lowest you have ever been, and it's going to feel like your entire world is crumbling all around you. However, feeling this pain will help you grow, and you will learn from it.

There is a meaning behind every emotion you ever feel; "the root to suffering is attachment" - Buddha. So, getting attached to that phone or attached to the one you love.

To suffer, you must feel pain, and to feel pain you must go through life. In life you're always going to have moments when you lack motivation to do anything, but this is just life. There will only ever be one person who can get you out of this state of mind, and that's yourself. Others can help or you can find methods to assist but ultimately you are the one responsible in controlling or stopping your own sufferings.

It is difficult for another to truly understand the full force and impact of your sufferings, they can empathise but never fully understand as we are each uniquely individual with varying pain thresholds and coping mechanisms.

Suffering is part of the human condition, yet it's the doorway to your personal growth and expansion. It's an inevitable part of life. Suffering is part of existence, and even the most picture-perfect life on the outside often has a deep core of pain in the past which you know nothing about as an outside observer.

Suffering is not "necessary" to the human condition, but it is "inevitable." We lose grandparents. Eventually parents pass away. We get jobs and lose jobs. We meet the perfect someone, then lose that someone. We become ill or live with some form of disability. Suffering is an inevitable part of life and will have a knock-on effect to others, such as if a child is born without sight, their suffering will cause additional suffering to the parents, siblings and spread out to other members of the family or close friends.

I see two different types of suffering; one is not necessary and could even be argued to be avoidable. The other is part of the physical experience and the awakening in spirit in which you grow and learn from. Life is hard to explain. "A fire burns down a forest, a new one grows in its place. Ten years later, that forest is healthier than the forest that did not burn down". So, suffering could be the path to growth as those that do not suffer do not grow in that way. Everything good in life is considered good because we compare it to the pain and suffering of the opposite. Without hate we wouldn't understand love. Without grief of death, new life or existence wouldn't be appreciated as much. Without sadness, we would not learn to embrace happiness and joy, like bringing a new home to your children or simple joy to be found in the smiles of a baby. Suffering is a given in life – you cannot avoid it.

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The human condition causes all human made suffering and natural suffering is made worse by the human condition. It is inherent to life in general.

It's not about necessity. Life is about ups and downs, it cannot be only ups or only downs, we have happy moments and sad moments where we suffer but, the most important thing is that in these sad moments you learn and empower yourself to better your resilience and coping mechanisms to handle your suffering more effectively.

I do not believe that we become successful or happy without suffering, you ask me why? I say that's life. You cannot escape suffering. There is not a human being who has never suffered; we all do. Therefore, human suffering is not a necessary part of the human condition, but rather is an inevitable part.



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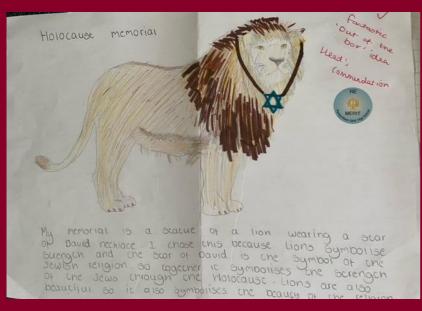
Year 8 Jewish Holocaust Memorials

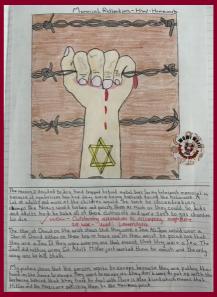
This half term, as part of the Jewish module, Year 8 have been studying Anti-Semitism. As an example of Anti-Semitism, we have spent three lessons looking at the suffering of the Jews during the Holocaust. We used the Windermere Children case study. As a focus, we explored how Jews became ashamed of their religion as a result of their experiences.

The year 8s were given the project of creating a Holocaust Memorial for Jewish people. They had to use their knowledge of the Jewish religion, combined with their knowledge of the Holocaust to make a suitable memorial which would help them feel proud of their religion. Their teachers were blown away with the careful thought and design which were put into their creations. We have some very talented, aspiring architects!







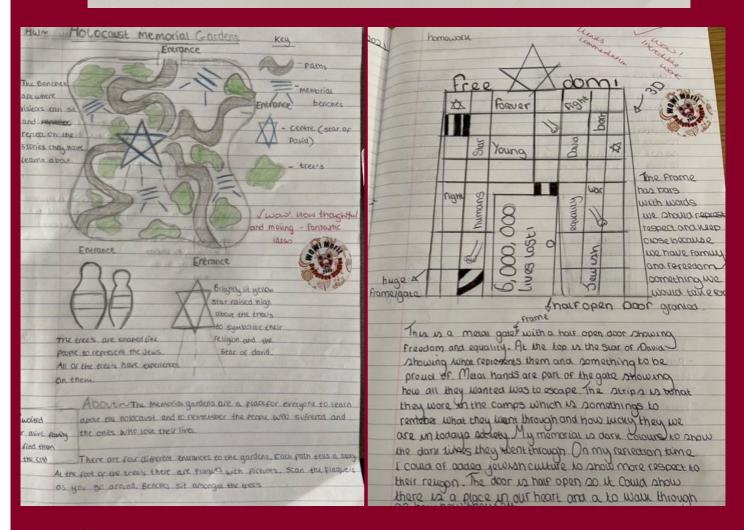


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Penwortham Girls' High School

If we held one minute silence for every victim off the Holocauto we'd be silent for ... eleven and a half years...



Miss Brooks RE Department

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Penwortham Girls' High School

Cake Sale

Well done to Year 7 students, Kelsie M, Angel A, Temperance M-B and Madisyn P who did a cake sale on Wednesday lunchtime to raise money for Cancer Research. They raised over £80! Well done, girls!

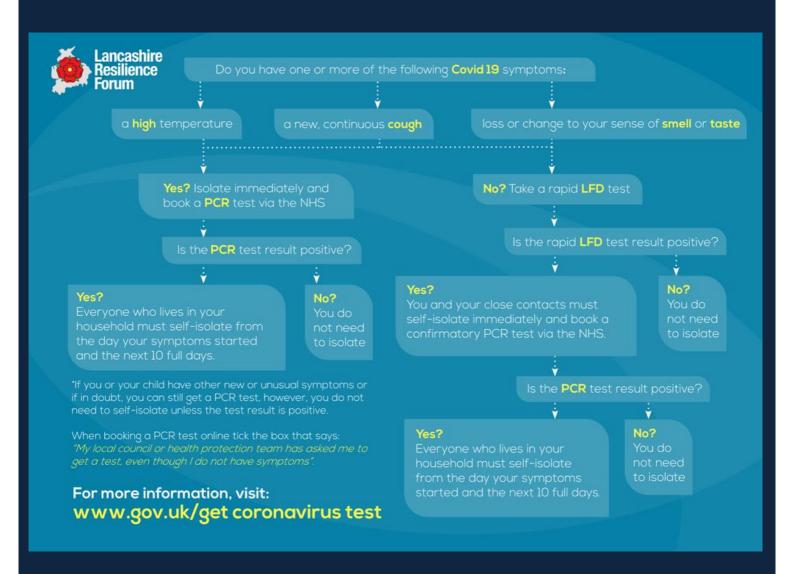


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Covid Testing Guidance



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MODERN FOREIGN LANGUAGES



The MFL department have been busy this half term covering lots of different topics based on grammar, vocabulary, quizlet learning and blooket playing. We have even found time to write letters to our French penfriends, create our own comic strips, create and play our board games and even fitted in some May Day baking.

May Day Baking

8G and 8H always enjoy a baking homework and this is a perfect way to use the German language for real purposes. During the beginning of this half term, our topic was food and baking. Pupils were given the opportunity to learn about traditional German foods and mealtimes in Germany. This included reading a German recipe and following it step by step.

We learnt all about the traditions in Germany. We read that in some parts of Germany, families make cheesecakes (Käsekuchen) to celebrate the 1st May. That was enough for us and we didn't need to be asked twice to work on perfecting our German cheesecake skills! We used a German recipe and baked many delicious cheesecakes. Some of the girls wanted to try something more elaborate. They found their own German recipes and baked chocolate cakes, square cakes, muffins and cookies. I think you will agree that the results look delicious! Lecker!!



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Penwortham Girls' High School

Year 8 French and German Penpals

Our links with French and German schools continues, despite the difficulties faced with some German schools not being in school at the moment. We are eagerly awaiting our letters from Germany. We have been informed that they are in the post so fingers crossed they arrive before half term.

Our French links continue and after having received our letters from France, our French classes designed school brochures to send over to France. We hope it will give our French penpals an insight into what life is like here at PGHS. We hope they enjoy them and look forward to getting replies next half term.



Au revoir, Year 11!

For their last French lesson, Madame Raine and Madame Williams tried to give Y11 a little taste of France. Firstly, the classes tried some "diabolo grenadine" to accompany goodies baked by Madame Williams. We then headed off to the field to enjoy a game of boules in the (rather elusive) sunshine whilst listening to French music. More practice may be needed before the girls can pass as locals but there was certainly a lot of laughter. Au revoir Y11! We hope you get to visit France soon and wish you all the best in the future!



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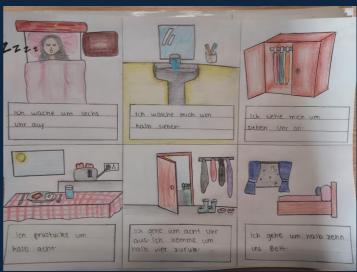


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Y8 German Comic Strips

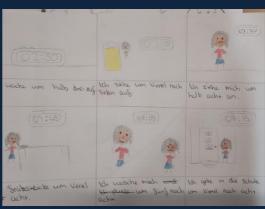
In year 8 German, we have been learning all about our daily routine and using the time to give a detailed account of our day. In 8P and 8S, we have created a daily routine comic strip to demonstrate this learning. The work created was amazing and included the accurate use of German grammar and reflexive verbs. It also showed off what fantastic creative and design skills we have! Here are some examples of their brilliant work:











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Penwortham Girls' High School

MFL Stars of the Week

Year 7 German	Year 8 German	Year 9 German	Year 10 German	Year 11 German
Eloisa-Mai 7p	Ellie-May T 8S	Brenda C 9H	Nur A	Ella H
Sasha H 7p	Fatima-Zahra P 8S	Olivia R 9H	Ellie M	Aaminah M
Emerson 7p	Fatima-Zahra K 8S	Elle H 9H	Jaspreet K	Victoria MW
Katie T 7p	Eleanor S 8S	Sana A 9H	Leah B	Evie C
Natalie 7p	Mariyam W 8P	Maryam M 9G	Grace S	Athena C
George 7p	Jennifer K 8P	Jessica B 9G	Zahraa K	Рорру Ј
	Sophie J 8P	Maddison T 9G	Sophia R	
	Sai K 8P	Isabel B 9G	Carla D	
	Sky C 8P	Isabel C 9J	Felicity A	
	Ellie W 8J	Grace K 9J		
	Ellie K 8J	Eleanor R 9J		
	Imogen K 8J	Leonie ON 9J		
	Elli-Ann S 8J			

Year 8 French	Year 9 French	Year 10 French	Year 11 French
Imogen C 8g	Olivia S	Khadija C	Elise H
India I 8g	Sandra H	Esmé McF	Rose L
Jennah K 8S	Rhea S	Lucy P	Emily M
Heather P 8S	Maia F	Sana R	Erin N
Maisie 8S	Aasiya H	Ruby B	Eden S
Alice W 8s	Megan H		Ash S
Libby W 8s	Evie H		Ella W
	Tilly P		

Mrs Gill Curriculum Leader for Modern Foreign Languages

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Head's Commendations

Mya G and India A (Year 8)

Well done to India and Mya who worked together to create a very thoughtful, real life Holocaust memorial. The effort and thought that went in to producing it was outstanding! (RE)

Ella H (Year 8)

Moving and thoughtful Jewish Holocaust memorial. (RE)

Erin D (Year 8)

Creating a very moving Jewish Holocaust memorial. (RE)

Lojaina A (Year 8)

Thoughtful memorial created to commemorate The Windermere Children. (RE)

Sophia H (Year 8)

Sophia created an outstanding and very thoughtful Jewish Holocaust memorial. It was clear that a lot of effort went into it. Well done, Sophia! (RE)

Hannah T (Year 8)

Hannah created an outstanding and thought-provoking Holocaust memorial and was able to explore the symbolism used in great detail. (RE)

Isabelle H (Year 8)

Issy created an outstanding Holocaust memorial. The piece of art was thought-provoking and her explanation was excellent. (RE)

Maisie W (Year 8)

Maisie created a very thoughtful and inspiring Holocaust memorial. The effort that went into producing it was truly outstanding! (RE)

Mariya M (Year 8)

Produced a fantastic, thought-provoking Holocaust memorial. (RE)

Agata K (Year 8)

Produced an outstanding and well thought out Holocaust memorial. (RE)

Patricia K and Safa A (Year 7)

Excellent speaking and writing preparation. The highest grade was awarded! Fantastisch! (MFL)



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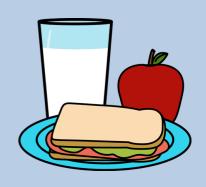


Penwortham Girls' High School

Lunch Menu



Week commencing 7th June



Monday

All day brunch – pork/vegetarian sausage, omelette, hash browns and beans

Tuesday

Chicken or Vegetable Tikka served with rice and naan bread

Wednesday

Beef or vegetarian lasagne served with salad and garlic bread

Thursday

Meat and potato pie/cheese pie served with broccoli and pickled beetroot

Friday

Fish/pizza served with chips, peas or beans

Freshly made sandwiches from £1.00
Hot Sandwich selection from £1.85
Cold drinks from 45p
Homemade cookies and cakes from 40p

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Penwortham Girls' High School

PGHS PE After-School Clubs

Starting W/B 12th April!

MondayTuesdayThursdayFridayYear 7Year 10 & 11Year 9Year 8

Year 7, 8 and 9 practices will start at 3:00pm and finish at 4:30pm. Y10 and 11 will start at 3:20pm and finish at 4:30pm.





Please bring trainers with you and you may also bring a pair of dark coloured plain tracksuit bottoms, this is optional. You will be given a choice of a wide range of different activities each week. The sports will be different every session so you can experience a variety of different activities.



PGHS PE After-School Clubs

The most popular sports from the list below will be available each week. Popularity will change from one week to the next to cater for all students.



If you have any questions or queries, please contact Mrs Naylor. s.naylor@penworthamgirls.lancs.sch.uk

Friday 28th May 2021



Penwortham Girls'



Independent Careers Adviser Shamim Khan

Available for 1:1 Careers Appointments & Drop In sessions in The Careers Room (Situated first floor next to the ICT Suite)

Drop In sessions Times:

Morning: 8.30am to 9.10am Lunchtime: 12.30pm to 1.20pm

Careers Adviser Dates:

	Wednesday 17th March 2021		
March 2021	Wednesday 24th March 2021		
	Tuesday 13th April 2021		
	Wednesday 14th April 2021		
April 2021	Wednesday 21st April 2021		
April 2021	Tuesday 27th April 2021		
	Wednesday 28th April 2021		
	Wednesday 5th May 2021		
	Wednesday 12th May 2021		
May 2021	Wednesday 19th May 2021		
	Wednesday 26th May 2021		
	Wednesday 9th June 2021		
	Wednesday 16th June 2021		
June 2021	Wednesday 23rd June 2021		
	Wednesday 30th June 2021		
	Wednesday 7th July 2021		
July 2021	Wednesday 14th July 2021		

If you would like a 1:1 appointment, please email:

careers@penworthamgirls.lancs.sch.uk

Registered Professional Careers Practitioner/Member

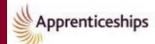




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Penwortham Girls' High School











Pathways to... Healthcare & Nursing Apprenticeships Virtual Event

An opportunity to help you reach your full potential Begin a fulfilling and attractive career in nursing

Wednesday 16th June 2021 Main Event: 4.00pm to 6.00pm Parent/Guardian Q&A: 6.00pm to 6.45pm

Would you like to ...

- learn more about pathways into Healthcare & Nursing Apprenticeships within Health & Social Care?
- hear from organisations offering Healthcare & Nursing Apprenticeship pathways and how to access them?
- interact with current and former Healthcare & Nursing Apprentices and learn from their experiences?

Please click on the Eventbrite link to register: