

Friday 16th October
2020



Penwortham Girls'
High School

Important Dates:



21st October
Parent Council Zoom
Meeting

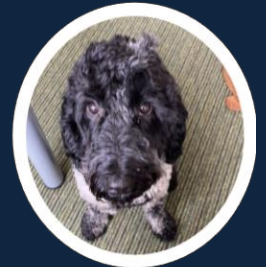
26th – 30th October
HALF TERM

19th November
Year 11 Parents Evening

9th December
Parent Council Zoom
Meeting

10th December
Year 9 Parent Evening

Archie the Therapy Dog in 'My Day at PGHS'



I knew today was going to be different. I sensed adventure lay ahead. We got up extra-early on Friday 9th October and I'd hardly finished my breakfast before my owner was packing up my toys, snacks and poo bags ready to go to 'Penwortham Girls'. I leapt into the car with eager anticipation; where and what is this place called Penwortham Girls'? Why am I going there today? Most importantly, will I get lots of love and treats?

We turned into Penwortham Girls' High School and suddenly it all made sense; I'm needed elsewhere. My special healing powers have finally gained the wider recognition they deserve and I'm going to be helping to make people happier. I first met someone called Mr Ramsdale. He looked a bit nervous as my owner left. He took me down to a little room and said, 'have a lie down'. No problem, I thought. Mr Ramsdale seemed to relax a bit, so immediately I was working my special magic!



I'd hardly been asleep five minutes when there was a knock at the door and Mrs Pomeroy came in to say hello. She seemed nice and friendly. Soon afterwards, other teachers popped in to see me. They were all lovely and Miss Garlick even brought me snacks, so I really liked her.

After my nap I went off for my first therapy session. A lady called Miss Wignall took me for a walk around a big, muddy field with a couple of students. They threw a ball for me and let me sniff around. I don't know how I did it, but they were definitely happier afterwards.



Artsmark
Gold Award
Awarded by Arts
Council England



National Teaching School
designated by
National College for
Teaching & Leadership



National Support School
designated by
National College for
Teaching & Leadership



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At lunchtime, Mrs Pomeroy took me out into a big yard full of girls and I really felt like a celebrity now. Everyone was smiling and making high pitched cooing noises at me. Whilst out there, I managed to snaffle a few scraps of sandwich, some pasta and a bit of apple from the floor. This was turning into a great day!

I must admit to feeling a little bit tired so I had another nap and then went out for some more therapy sessions in the afternoon. I struggle to count but I reckon I must have helped at least 10 girls.



At the end of the day, Mr Ramsdale asked me to pose for a photo. I think he wants everyone to remember me (as if anyone would forget) and perhaps continue to be healed when they see my adorably cute face. I've been told that I'm very photogenic; what do you think?



Woof!
Archie

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KS3 PE Lessons:

Starting back to PE lessons in September was very different to our 'normal' PE lessons. Although many of our girls can't wait to experience the wide range of sports we usually cover, our students have responded fantastically to the new changes. Positive, motivated and enthusiastic are just some of the words that spring to mind when I consider the attitudes of PGHS students as I reflect upon this half term's PE lessons.

However, as the weather has started to deteriorate, this is causing issues for students participating in PE lessons in their school uniform. As a result, students will be able to bring the PGHS tracksuit bottoms that can be purchased as part of our PE kit, as well as their trainers and PGHS PE hoodie to future lessons. However, any pair of dark coloured (blue or black) tracksuit bottoms are suitable if the PGHS tracksuit bottoms have not been purchased. Your daughter will change within their designated classrooms ready for their lesson.

During these unprecedented times, we really value your continued support in ensuring your daughter still participates in physical activity on a weekly basis but in a safe way. We pride ourselves in developing resilient, passionate and curious learners in PE and I am confident this will continue throughout these uncertain times. If you have any queries, please do not hesitate to contact me by telephone, 01772 743399 or via email, s.naylor@penworthamgirls.lancs.sch.uk.

Virtual Interform competition:

After half term, the Performance, Sport and Health Faculty are launching our very first 'Virtual Interform Competition'.

You will all be given 6 challenges to take part in over the half term. You can complete these at home but you may complete some in form time or your PE lessons. You must ensure your score/time is given to your form's sports captain who will keep a record. There will be prizes for the winner of each challenge in every year group but there will also be a form prize. The form in each year group that participates in the most challenges as a collective, will win a Christmas hamper to enjoy on the last day of term.

The challenges are:

Challenge 1:

How quickly can you walk/run a 5k?



Challenge 2:

How long can you hold a plank position for?



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Challenge 3:

How many sit up's can you complete consecutively?



Challenge 4:

How many star jumps can you complete in 1 minute?



Challenge 5:

How many times can you bat a tennis ball into the air using a tennis racket without it falling to the ground?



Challenge 6:

How many jump squats can you complete consecutively?



The start of the Virtual Interform Competition is on Monday 2nd November and the deadline to complete the challenges is Friday 11th of December. Don't forget, you can repeat challenges as many times as you want to get a better score! Get practising and good luck!

Mrs Naylor
Curriculum Leader for Performance, Sport and Health

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As I'm sure you're already aware, within KS3 we are not teaching in the Music classroom and therefore we have needed to adapt our curriculum to suit our current facilities. Nevertheless, our students have embraced the new way of working and have created some fantastic work!

In Year 7, students have been developing their understanding of rhythm and are now beginning to read, write and perform rhythm patterns using music notation. We have also been using the 'GroovePizza' app to support our performances. Mrs Little and I were incredibly impressed by many of the recycled instruments the girls created as part of their 'Moving On Up Booklet' work - there were numerous tissue box guitars, panpipes made from drinking straws, not to mention shakers and a glockenspiel from copper piping! Fantastic effort, girls.

Year 8 students have been developing their understanding of rhythm and have been learning to differentiate between simple and compound rhythm patterns. The girls will then build on this knowledge, learn how to compose a 'good' melody and combine all the knowledge learnt this term to write a melody in the style of an Irish jig.

Year 9 students have been learning all about Samba music. We have created our own classroom Samba bands using the equipment we have available (water bottles, pencil cases and the like!) and have learnt about the instruments used in these ensembles and their roles. There have been some fantastic performances and we have really enjoyed these activities. Super effort, girls. Well done!



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Music Tuition

We are thrilled that so many students have taken up the opportunity to continue with Music tuition in these difficult times. I know the peripatetic staff have been delighted to see the girls back having lessons again. The girls will be allocated a static time for each half term, which we will try to rotate so that girls do not miss the same part of a lesson each half term. If you would like your daughter to have Music tuition, please email a.cattanach@penworthamgirls.lancs.sch.uk and she will forward a link to an electronic form for you to complete.

Musical Opportunities

National Youth Jazz Orchestra Virtual Academy

Calling all young musicians interested in jazz and improvised music – we're still managing to deliver our fantastic sessions in partnership with the National Youth Jazz Orchestra (NYJO) online and new members are very welcome. For more information: <https://www.lancshiremusichub.co.uk/site/events/nyjo-virtual-academy/>

Lancashire County Ensembles

If your daughter is able to perform at approximately Grade 2 standard, then she could be performing in the Lancashire County Ensembles. Click on the link below to find out more:

<https://www.lancshiremusichub.co.uk/site/news/news-time-try-county-ensembles/>

Classic FM are promoting a number of virtual concert experiences which are available in the weeks ahead.

<https://www.classicfm.com/music-news/live-streamed-classical-music-concerts-coronavirus/>

TEMPEST PHOTOS.

Please could all money and orders for Year 7 photos be returned to school by
Wednesday 21st October.

Parents/Carers can still order photos after this date but will have to order direct
with Tempest, where there will be an added postage charge.

Thank you.

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Head's Commendations

Mya J , Carla D, Aisha W and Ellie R (Year 10)

Excellent German translation skills in translating a 140-word article about school from German to English word perfect! Well done!

Stephanie M (Year 9)

Absolutely fantastic effort in English this term, especially with your 'Murder Mystery Story'. Superb effort, Steph! (English)

Charlotte R and Evellyn I (Year 8)

Consistently excellent progress in German. You always volunteer answers, can understand two tenses clearly in German and consistently aim to be your best and model answers for the class. Well done!

Isabelle L, Emily B and Amy M (Year 7)

A creative and beautifully presented water cycle formative. (Science)

Hattie C (Year 7)

A creative and beautifully presented water cycle formative. (Science)

Esme M-K (Year 10)

An outstanding Formative Assessment Task. (Science)

Madisyn P (Year 7)

For an outstanding piece of homework. She went above and beyond to create a real message in a bottle as part of an extended writing piece of work. (RE)

Tegan L, Emily M, Livv T-W, Anna P, Aimee C, Millie S-L, Sophie C. (Year 11)

Excellent work, dedication and effort in Art & Design over the past 6 weeks.

Eleanor H (Year 8)

Brilliant photography collage submitted for Art & Design. Well done!

Lily-A-J (Year 9)

Excellent art work for 7 elements

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Head's Commendations

Amber R (Year 9)

Excellent photography work for homework. Well done!

Anna K (Year 9)

Excellent homework for art. Amazing!

Martha W and Annabelle G (Year 8)

Outstanding waterfall leaflet (formative assessment). (Geography)

Eloisa-M F (Year 7)

SumDog Lancashire Maths Challenge Leader! The first student to achieve 1000 points in the contest! Well done, Eloisa! (Maths)

Donalia M (Year 10)

Outstanding Formative Assessment Task. (Science)

Naomi T (Year 7)

Excellent water cycle formative assessment.

All the stages were identified and it was very creative! Great work! (Science)

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Covid Response



If your child has:
a high temperature
a new, continuous cough, or
a loss of, or change in, sense of
smell or taste

This could be a sign of
coronavirus

Book a test

If your child has:
a runny nose, is sneezing or
feeling unwell
But they don't have:
a high temperature
a new, continuous cough, or
a loss of, or change in,
sense of smell or taste

These are
not normally symptoms of
coronavirus

Seek advice from a pharmacy, dial
111 or see your GP

Please visit our Attendance Policy Appendix on our school '**Covid Response**' webpage for Attendance information.

<http://www.penworthamgirls.lancs.sch.uk/september-2020-opening/6093207.html>

Polite Notice

Car Parking



Please be considerate to resident's properties if parking on Hill Road when collecting/dropping off students. Many thanks.

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**SCHOOL
ADMISSIONS
SECONDARY**

SOUTH

Do you have a child starting secondary school
in September 2021 and living in Lancashire?

APPLY NOW!

WWW.LANCASHIRE.GOV.UK/SCHOOLS

or give us a call on 01772 532109

CLOSING DATE: 31 OCTOBER 2020

You must apply even if an older brother or sister is already at the school.

HAVE YOUR SAY

Between 1 October and 31 January schools are consulting with you to make sure admission arrangements meet future needs. To find out more please visit www.lancashire.gov.uk and search 'School Admission Policies'.

www.lancashire.gov.uk/schools



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PRESTON'S
COLLEGE

**THE BEST
PERFORMING
COLLEGE** IN CENTRAL
LANCASHIRE

OPEN EVENTS

DATES & TIMES

Wednesday 7th October 2020 (Virtual)
4.00pm – 7.00pm



Thursday 8th October 2020 (Virtual)
4.00pm – 7.00pm

Saturday 7th November 2020
10.00am – 2.00pm

Thursday 28th January 2021
4.00pm – 7.00pm

Wednesday 24th March 2021
4.00pm – 7.00pm

APPLY NOW
preston.ac.uk/apply

  [prestoncollege](https://www.instagram.com/prestoncollege)

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RUNSHAW COLLEGE

You are invited to our **Autumn Open Events:**

Thursday 8 October, 3.30-7.30pm

Tuesday 17 November, 3.30-7.30pm

- You** will benefit from our Ofsted Outstanding teachers, facilities & additional opportunities
- You** will enjoy a beautiful & safe campus
- You** will have your very own Progress Mentor to inspire you and look after your wellbeing
- You** will have a heavily subsidised college bus service
- You** will have the time of your life

So, don't settle for anything less than Outstanding!

All that's missing, is **You!**

Ofsted
Outstanding
Provider

England's
Number ONE
College

Please note that places are limited & these are **Registration Only Events:**

www.runshaw.ac.uk/openevent

Twitter, Facebook, YouTube, Instagram icons

Cardinal Newman College also have Virtual Open Events. Please visit the website
<https://www.cardinalnewman.ac.uk/about-us/college-open-events/>

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Myerscough
College

Online Course Advice Evening


7.00pm-8.00pm


Tuesday
20th October



The North West centre for land-based & sports education

www.myerscough.ac.uk

 @myerscoughcoll

 MyerscoughColl

VIRTUAL OPEN EVENT SATURDAY 14TH NOVEMBER 2020

REGISTER ONLINE AT CARDINALNEWMAN.AC.UK



10AM - 1PM