Friday 4th December 2020



Penwortham Girls' High School

Important Dates:



9th December Parent Council Zoom Meeting

10th December Year 9 Monitoring Reports Home

21st December – 1st January CHRISTMAS CLOSURE 18th December -KS4 – <u>Early close 1pm</u> KS3 <u>Early close 1.15pm</u>

> 4th January INSET DAY

5th January School Re-opens





lational College for eaching & Leadership



designated by National College for Teaching & Leadership



Advent at PGHS

Advent starts on the 1st December and is the special time in the run up to Christmas. This year, a Christian charity called 'MAF' (Mission Aviation Fellowship) has inspired the RE department to focus our advent assembly on helping others.

Who is MAF?

MAF is a Christian charity who want to use advent to raise awareness of the work they do. MAF began in 1945 after World War II by Christian aircraft engineer, Stuart King and other fellow pilots, who believed that God loves all people around the world and that everyone deserves help when they need it. After the war, they wanted planes to be used to help people rather than hurting them so the men raised money to buy a plane. They flew to one country in Africa and started helping people. Today, MAF work with over 2000 other charities to fly small planes to help people in 26 isolated countries by bringing those in need medicine, food and shelter.



How it has inspired us?

This advent, we are going to support the local community by providing food and essentials to those who need it most. We have paired up with the food bank at the Booths store in Penwortham. Each year group will help by bringing in foods and products so we can help those in need in our local area. The number of people needing the help of foodbanks has increased dramatically and the North West has the second highest number of people using foodbanks in the UK. **What could you donate?**

Year 7 and 8: tinned goods and drinks Year 9: packets e.g. cereal, instant noodles, cereal bars etc. Year 10 and 11: toiletries and baby products We are very grateful for any donations made. To donate please bring items into form and pass them to form tutors. Thank you!

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KS3 Competition

MAF have created a range of creative advent/winter crafts. From baking to making things, from something Christian to a good, hot chocolate recipe, there is something for everyone! The crafts booklet has been put on all KS3 forms Class Charts.

Please have a go at one/some/all of those activities, then either bring in your craft or take a picture of you/your family enjoying it at home. The three best crafts completed in each year group will win prizes! Entries can be submitted to Miss Hollier or Miss Brooks by **17th December**.



JAM JAR LANTERNS



MARSHMALLOW SNOWMAN



STAR OF WONDER MINCE PIES

Penwortham Girls' High School

School Christmas Trees



Thank you to Claudia B, Dayana E and Jenna K in Year 7 who did a wonderful job decorating our Christmas tree in our reception area.

Also, special thanks to a small group of elves who helped to put up the Christmas trees in each year group this week. They look great!



Virtual Interform Competition

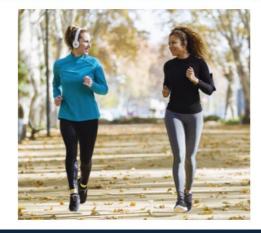
This half term the Performance, Sport and Health faculty have launched our very first 'Virtual Interform Competition'.

Students have been given 6 challenges to take part in over the half term. It has been fantastic to see so many of you being active throughout lockdown 2 and completing some of the virtual interform challenges. We have had some fantastic performances and I know lots of the forms are becoming very competitive to win the exclusive Christmas hamper prize. Don't forget, you must ensure your score/time is given to your form's sports captain who will keep a record. There will be prizes for the winner of each challenge in every year group and there will also be a form prize. The form in each year group that participates in the most challenges as a collective, will win a Christmas hamper to enjoy on the last day of term.

The challenges are:

Challenge 1:

How quickly can you walk/run a 5k?





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Challenge 2:

How long can you hold a plank position for?



Challenge 3:

How many sit up s can you complete consecutively?



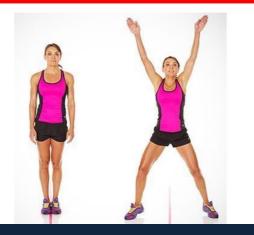
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Challenge 4:

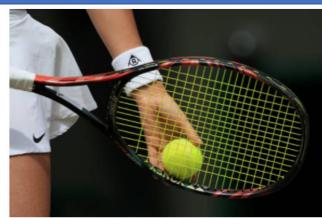
How many star jumps can you complete in 1 minute?





Challenge 5:

How many times can you bat a tennis ball into the air using a tennis racket without it falling to the ground?



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Challenge 6:

How many jump squats can you complete consecutively?



The deadline to complete the challenges is next Friday, the 11th of December. Don't forget, you can repeat challenges as many times as you want to get a better score! Good luck! I will look forward to announcing the winners in our final newsletter of 2020!



Mrs Naylor Curriculum Leader for the Performance, Sport and Health Faculty

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CHRISTMAS PRESENT

APPEAL

2020 has changed everything. As families unexpectedly face poverty, more and more children could be waking up on Christmas Day without anything under the tree.

There are 1 in 3 local children living in severe poverty in Lancashire.

Cash for Kids aim is to make Christmas a magical time for as many of those children as possible.

If you could buy and donate ONE extra present this year and drop it off at school we can help spread the Christmas Cheer across Lancashire.

Present ideas:

Toiletries! (Older girls and boys)

Items for babies such as nappies, clothing, bottles, wash

products etc!

Clothing, shoes, socks, underwear, pyjamas for all ages! Books, games, general toys and entertainment for all ages!

Please see Mrs Davda if you have any questions about your presents. Please drop all unwrapped presents off at Reception.

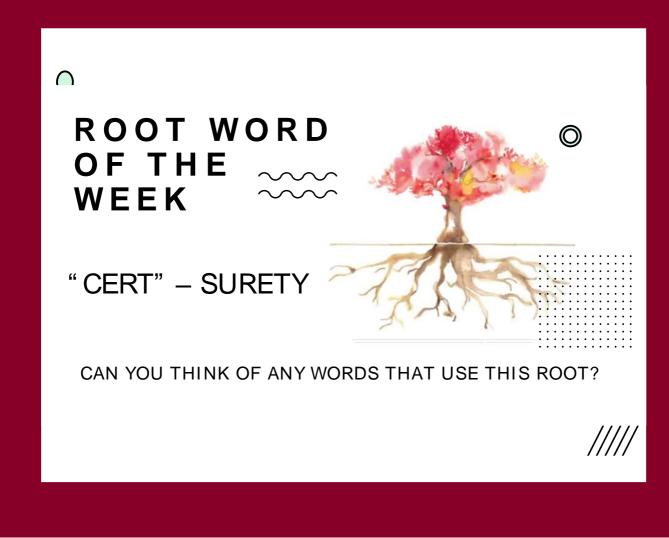


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Root Word of the Week



Dear Parents/Carers

Just to make parents/carers aware that the footpath is temporarily closed outside the new Tesco site and the bus stops have temporarily moved further down Cop Lane.

Please drop off/collect further down Cop Lane to avoid the disruption and to make it safer for pupils to walk on the pavements. Please ask your daughters to take care if walking this way to/from school.

Thank you for your ongoing support.

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Penwortham Girls' High School

Lunch Menu – Week commencing 7th December

There is now a 'hot meal' option available every day. This will include a vegetarian option.

Week 2

<u>Monday</u>

Cheese and ham/cheese quiche served with new potatoes and sweetcorn

<u>Tuesday</u>

Beef/Quorn Chilli served with rice and nachos

Wednesday

Chicken hot pot/root vegetable hot pot served with broccoli and pickled beetroot

Thursday

Pasta bolognaise/macaroni cheese served with salad and garlic bread

Friday

Fish/pizza served with chips, peas or beans

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Head's Commendations



Lucy F, Alesha-M R, Jasmaine S, Abigail K, Lydia W, Saskia H, and Tilly C (Year 7) Fantastic fantasy treasure maps! (Geography)

Amy M and Vidhya P (Year 7)

Outstanding piece of work on COVID-19 and the spread of the virus. (Science)

<u>Isla S (Year 9)</u>

Commitment to preparing for the English assessment and as a result, produced a well organised and well-articulated poetry comparison.

Jessica L and Issy H (Year 9)

Outstanding achievement in the English assessment. Detailed, thoughtful and well-executed poetry comparison.

Alice W and Libby W (Year 8) Outstanding RE summative assessment.

<u>Olivia S (Year 8)</u> Outstanding 'Ultimate Questions' summative assessment. (RE)

Bella T (Year 7) Fantastic effort making biscuits at home! Well done. (Technology)

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Penwortham Girls' High School

Covid Response



If your child has: a high temperature a new, continuous cough, or a loss of, or change in, sense of smell or taste

> This could be a sign of coronavirus

> > Book a test

If your child has: a runny nose, is sneezing or feeling unwell But they don't have: a high temperature a new, continuous cough, or a loss of, or change in, sense of smell or taste

These are

not normally symptoms of coronavirus

Seek advice from a pharmacy, dial 111 or see your GP

Please visit our Attendance Policy Appendix on our school **'Covid Response'** webpage for Attendance information.

How to contact school when closed regarding COVID19.

Dear Parents/Carers,

Please use the email, **covidquestions@penworthamgirls.lancs.sch.uk** (out of school hours), if you need to inform us that your daughter has received a positive COVID test result. Please also include the following information:

- 1) Your daughter's name, form, date of birth, if there are siblings at the school
- 2) When they were last in school
- 3) Names of friends/close contacts
- 4) How they travel to/from school
- 5) Details of the symptoms
- 6) The dates their symptoms started
- 7) The date of the test
- 8) The date the positive test result was given.

Please also use the above email if you need to notify us that a household member has tested positive/displaying symptoms and your daughter is now self-isolating.

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JOIN ATA ON

TUESDAY 8TH

DECEMBER

WATCH ONE OF TWO ACTING CLASSES, ONE FOCUSING ON THE VOICE OF AN ACTOR AND ONE ON TRAINING IN CHARACTER MOVEMENT! ALSO, TAKE THE OPPORTUNITY TO VIDEO CHAT WITH ONE OF OUR TUTORS.

Penwortham Girls' High School

ACTOR TRAINING ACADE

All live zoom classes will take place from 5pm - 6pm or 6pm - 7pm. Drop in at anytime, there is no need to stay for the full hour.

To book your place please email: delliott@preston.ac.uk

PRESTON'S

Friday 4th December 2020



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Penwortham Girls' High School



Attend our open events and learn more about the fantastic opportunities available to you at Preston's College.

Speak to our tutors, take a tour of our campus and explore our industry standard facilities.

www.preston.ac.uk

f lo prestoncollege

VIRTUAL TASTER PLATFORM

Use our Virtual Taster Platform to get an introduction to your chosen course, the teaching staff and some of the course content you will be studying.

Get a taste of Preston's College! www.preston.ac.uk/virtualtasters

CAREER COACH

THE BEST

PERFORMING COLLEGE IN CENTRAL COLLEGE LANCASHIRI

We have recently launched Career Coach, a new platform to further help you with finding a career path that suits you.

- Search careers, wages and local jobs
- Search up to date and thorough labour market info
- Use our CV builder to create an impressive CV
- Take our Career Coach assessment if you are unsure on what career path or college course to take

Give it a go now! https://preston.emsicc.com

APPLY NOW

STEP 1 APPLY

Complete an application form online at preston.ac.uk/apply by Friday 26th March 2021

STEP 2 INTERVIEW

After submitting your application, we will get in touch with you to arrange an interview with one of our careers advisors.

At your interview you can discuss your course choice, career options and ask any questions you have about the college and your chosen course.

STEP3 ENROL

Before you get your GCSE results in August we will send you details of how to enrol online.

After you enrol, you'll get your timetable and we'll see you on your first day of college.

www.preston.ac.uk

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Penwortham Girls' **High School**



Applications Now Open



With a 500-year history of high academic standards, QEGS Blackburn is now a free co-educational school welcoming applicants from across Lancashire.

If you are in Year 11, we invite you to apply to our Sixth Form, which offers a comprehensive range of A levels, small class sizes and outstanding personal development opportunities.

To view our video tours and apply for September 2021, visit our website.





