

Year 10: Dance

Autumn First Half Term

Theory

Safe working practices
Mental skills and attributes during performance and the process
Safe working practices (Warm up and cool down)
Dance style and features of different styles
Physical skills and attributes

Practical

Physical skills and attributes

Autumn Second Half Term

Theory

Professional work 1

Artificial things

Features of production
Performance environment
Choreographic approaches, content and intent.
Technical skills

Practical

Set Phrases
Technical skills

Spring First Half Term

Theory

Professional work 2

A Linha Curva

Features of production
Performance environment
Choreographic approaches, content and intent.
Expressive and mental skills

Practical

Interim – professional 2 work 2 written test
Final – Set phrase solo

Spring Second Half Term

Theory

Professional work 3
Infra
Features of production
Performance environment
Choreographic approaches, content and intent.
Relationship content for duo and trio/ group performances

Practical

Group dance
Relationship content for duo and trio/ group performances

Summer First Half Term
Theory Professional work 4 Within her Eyes Features of production Performance environment Choreographic approaches, content and intent. Choreography Action content and dynamic content Practical Group dance Choreography Action content and dynamic content
Summer Second Half Term
Theory Choreographic approaches, content and intent. Choreographic process, structure and devices Spatial and relationship content Practical Group dance Choreography Action content and dynamic content

Year 11: Dance

Autumn First Half Term
Theory Professional work 5 Shadows Features of production Performance environment Choreographic approaches, content and intent Practical Choreography process
Autumn Second Half Term

Theory

Professional work 6

Emancipation of Expressionism

Features of production

Performance environment

Choreographic approaches, content and intent.

Practical

Choreography

Spring First Half Term**Theory**

Aural settings (and how they affect choreographic outcomes),

Communication of choreographic intent, including mood , meaning, idea, theme and style

Practical

Choreography

Revision of set phases

Spring Second Half Term**Theory**

Revision of all components

Practical

Revision of group dance

Summer First Half Term

Revision

Exam preparation